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## Cowley County 4-H News

February 2022

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# How do you know if you are making the best better?

I was a 4-H member from 1st grade until my Senior year. During that first year, my projects were flowers and arts and crafts. I also had really big hand writing. Do I remember these details? No, but I still have my 4-H record book and it has been useful for me, even as an adult.

When my daughter was in elementary school, she had an assignment to ask a parent what they remember about third grade. I reviewed my record book and 4-H story... it was the year we hosted a LABO exchange delegate who taught me origami. This was a fun fact to share since my daughter was also enjoying paper folding.

Completing a 4-H record book helps a youth member set goals and motivates them to practice citizenship and leadership skills. These skills help members when they are applying for jobs, college admissions and scholarships. Check out this webpage with video links about the new Z Books online record keeping system. Adults need to set it up and then let your youth do the rest!

Another benefit of 4-H membership is member achievement recognition pins. There are 9 achievement categories. The awards/pins may be awarded at the conclusion of the 4-H year. Each pin has required and optional tasks. Youth can receive a pin only once and may only receive one achievement pin in a 4-H year.

Cowley County 4-H members interested in achievement pins must complete and submit a Kansas Project Record that includes a personal page, Kansas Project Record form with reflection story and photos and permanent record for screening.

The process of completing 4-H record books and achievement pins does require the effort of at least one adult and the 4-H youth. Consider reviewing and noting project accomplishments before or after your monthly 4-H meeting. Review the 4-H Achievement pin application early in the 4-H year so you can identify which optional requirements make sense for your family. Check out the options here: 4-H member achievement pins.

You can make the best better and completing a 4-H project record will help you recognize your impact!

-Becky Reid



### **Extension Office Closed**

The Cowley County Extension
Office will be closed on Monday,
February 21st in observance of
Presidents Day

In this issue:
We're HIRING!
Livestock Dates
4-H Camp



### **Upcoming Meetings**

The Cowley County Extension Council Executive Board meets monthly and conducts business of the Extension Office. The February meeting will be held on Tuesday, February 1st at 5:30 p.m. in the Assembly Room of the Cowley County Courthouse, 311 E 9th Ave. Winfield. A zoom link is available upon request.



### **New Feature**

This month's Flash debuts a new feature - best practices for clubs and members. We want to help you Make the Best Better, so we're including tips and tricks to help you! Look for the lightbulb icon throughout this newsletter.

### **Membership**

In order to be a regular member of Cowley County 4-H, the member must be 7 before January 1, 2022. New members and returning members will need to complete enrollment online ( <u>v2.4honline.com</u> ).

### **Chamber Bucks**

**LAST CALL** to pick up your Chamber Bucks from the County Fair. If you have not picked it up by February 28, it will be deposited into the 4-H Council account.

### Flash Entries

If you have an entry you would like printed in the 4-H Flash, please email Cindy (<u>cstephens@ksu.edu</u>) no later than the 15th of the month.

### **Walk Kansas**

Walk Kansas will be March 27 through May 21. Teams of six people log minutes during the eight weeks to virtually walk paths in Kansas. Registration is \$10.00 per person and will be online at <a href="www.walkkansas.org">www.walkkansas.org</a>.

The first step is to join a team, select a challenge, and register. The captain of your team should initiate this process and register your team online. (The captain will need your email address.) When you receive the email invitation to join Walk Kansas as a member of a specific team, follow instructions for registration. If you don't have a team to join right now, register online and choose the "individual" option when it asks you to select a team registration or individual registration. You will be placed on a team that could use an additional member.

### **County-Wide Committees**

All 4-H families are needed to take an active committee role in 2022. Due to financial cutbacks and limited staffing, our office must have your help or extra activities will not be offered. Please sign up



To sign up for a

for a county committee and identify an area where you can assist at the Cowley County Fair. The first 20 youth/adults to sign up will receive a Sonic drink token.



### **IPM**

KSRE Integrated Pest Management & Pesticide Safety Education is hosting an insect-themed art contest for Kansas 4-Her's and art students

across the state. The artwork should depict the benefits of insects. The program encourages youth to get creative and create an entry before April 15, 2022. Click here for contest rules and entry forms.

# Buy Your Groceries and Support Cowley County 4-H



Cowley County 4-H has been accepted as a Dillons Community Rewards Member. 4-H supporters can enroll their Plus Shoppers Card into the program and Cowley County 4-H will get credit for every purchase its member makes using their registered Plus card. The more we shop with Dillons, the more opportunity Cowley County 4-H has to earn even bigger rewards. To enroll, go to the secure website <a href="https://www.dillons.com/account/enrollCommunityRewardsNow">https://www.dillons.com/account/enrollCommunityRewardsNow</a>. The NPO number you will need to enroll is 72632.

ALWAYS
require TWO
signatures on
every check
that is written
on a club
account.

### **Discovery Days**

Kansas 4-H Discovery Days is planning to be in-person on KSU campus.

When: June 1st-3rd, 2022

Who: Youth ages 13-18 before January 1, 2022 are

invited to register

Cost: TBA

**Registration**:Coming soon **General Schedule**: TBA

### Discovery Days objectives:

- Help youth learn new ideas, techniques, and skills they can use personally and in their 4-H clubs or groups and communities
- Give youth in-depth training through hands-on educational sessions from content and youth development experts
- Prepare youth to make informed decisions about their careers and college path
- Enhance personal growth by giving opportunities to develop responsibility, confidence, independence, accountability, problem-solving, decision-making, and time management skills
- Help youth meet new people and make new friends from different places and with different backgrounds from across the state
- Provide an opportunity for youth to experience the K-State campus and its wealth of resources
- Develop college and career readiness skills which prepare participants academically and socially for a successful transition to college and life as an adult

### Sign up for 4-H Camp Today!

4-H Camp at Rock Springs 4-H Center is changing! We will no longer be camping together in county groups, but families will have several camping date options for their 4-H members. Families from various counties may choose to send their 4-H'ers to camp at the same time. Campers may choose a three-night or six-night camping experience and may attend as campers (3rd-12th grades), Leaders in Training (11th grade) and Counselors in Training (12th grade). Skilled, trained camp staff will lead 4-H campers in a fun, hands-on camping experience that includes recreational activities, aquatics, horseback riding, ropes course, stream study, shooting sports and adventures with new 4-H friends from across the state. Register today as camps are filling up! Visit www.rockspringsranch4hcamp.org.

### 4-H Junior Leaders and older 4-H Youth

The USDA APHIS (Animal and Plant Health Inspection Service) would like to spread the word about a summer Outreach program they sponsor, that would be an incredible experience for young adults from Grades 7 to 11. 21 Universities work with USDA to offer middle or high school students a unique summer experience. Students get to spend 2 to 4 weeks at a University exploring the field of Agriculture. There is NO cost for Tuition, room and board, activities or meals! The only cost is for travel to and from the University campus.

Due to the Coronavirus crisis, some Universities are planning on hosting virtual events; therefore, there would be no cost for travel. Each University offers different opportunities and activities that correlate to Agriculture in that region of the United States.

Visit the website for more information including program dates, focus areas and eligible age groups: <a href="https://www.aphis.usda.gov/aphis/ourfocus/civilrights/agdiscovery/agdiscovery-program">https://www.aphis.usda.gov/aphis/ourfocus/civilrights/agdiscovery/agdiscovery-program</a>

Deadline for application is March 31, 2022.

An informative brochure is available at <a href="https://www.aphis.usda.gov/publications/aphis\_general/bro-agdiscovery.pdf">https://www.aphis.usda.gov/publications/aphis\_general/bro-agdiscovery.pdf</a>

Clubs/Groups and other Extension affiliated groups need to have at least two screened, non-related, and board-approved adult volunteers as signatories on 4-H Club accounts.

### **Get Financial Help Attending Events**

The Cowley County 4-H Development Fund is our local 4-H foundation created in 1995 to assist

Cowley County 4-H'ers take part in educational events and activities. Funding is provided by gifts from supporters. Each year, the 4-H Development Fund awards college scholarships to high school seniors and college freshmen. Beginning in 2015, the Development Fund introduced "Leadership Development Grants". Leadership Development Grants are available by application to local 4-H members who are registered for a state or national leadership event such as Discovery Days, National 4-H Congress, Kansas Youth Leadership Forum, Citizenship Washington Focus and more. Applications are available from the Cowley County Extension Office. Applicants must submit an essay, write a thank you note to a Development Fund donor and present a program about their experience to a 4-H club or county-wide group following attendance at the event. For more information, contact Becky at bkreid@ksu.edu or Sarah at slag11@ksu.edu or 620-221-5450.



### S.T.E.M.

### (Science Technology Engineering Math)

Cowley County 4-H will follow the same guidelines as the Kansas State Fair for lego exhibits. STEM/ Architectural Block Construction information can be found here

https://www.kansas4-h.org/projects/stem-sciencetechnology-engineering-and-math/architectural-blockconstruction/index.html

Kansas State Fair entry information can be found here: <a href="https://www.kansas4-h.org/events-activities/fairs/kansas-state-fair/index.html">https://www.kansas4-h.org/events-activities/fairs/kansas-state-fair/index.html</a>



### **Club Meeting**

Sunday, February 20th @ 4:30 pm at the New Hope Fellowship Church, Taco Dinner to follow.

### **Air Discipline Practice**

Sunday, February 6th @ 2:00 p.m. BB, 4:00 pm Air Rifle, 5:30 Air Pistol at the Winfield Fairgrounds.

### **Archery Practice**

Thursday, Feb 10th & 24th @ 6:30 p.m. at the Winfield Fairgrounds.

### **Shotgun Discipline**

Sunday, February 20th at 2:00 p.m. at the Meadow.

For more information, contact
Shooting Sports Coordinator, Austin
Waite at 620-222-1982 or
cowley4hshootingsports@gmail.com
Updates in between Flash
Newsletters can be found on the
Facebook page, Cowley 4-H
Shooting Sports.
For more practice information, go to
www.4hshootingsportscowleyks.com/
practice-calendar







### **YQCA training**

Youth for the Quality Care of Animals (YQCA) is a national, multi-species youth livestock quality assurance program that focuses on food safety, animal well-being, and character development, through age- appropriate educational curriculum for youth 8-21 years of age. This program is an annual certification that grows with a young person, so the learning modules are different every year. Curriculum materials were launched in October, and youth are welcome to begin completing the training at any time.

ALL exhibitors are required to be YQCA certified in order to participate in the 2022 Kansas State Fair Grand Drive and/or Kansas Junior Livestock Show (KJLS). This includes youth who will be showing market animals and breeding females. The YQCA certification covers a variety of species, so youth only need to complete one certification session to fulfill the requirement. Youth who are age 7 may participate in an instructor-led course and a parent or guardian will need to attend the training with them. The parent/guardian will not officially register, as this is a youth- only program. The parent/guardian will attend to serve as a guide for their child during the training, and because of the level of involvement first-year parents have in projects to help their child have a positive experience.

Youth ages 8-21 may obtain their YQCA certification using one of the following methods:

Online Course - \$12/child

Test-Out Option - only 12 & 15 year
olds eligible; online only; cost varies

Families must pay for the online class through the site at the time of registration. It will require a credit card number or coupon code.

In person options are hosted by Butler County.

Contact Sarah (slag11@ksu.edu) for more information.

Click on this link for directions on how to obtain certification:

https://www.asi.k-state.edu/research-and-extension/youth-programs/
GettingYourYQCAILTCertification20.pdf



All 4-H volunteers must enroll annually in the unit in which they serve and complete the following initial steps: 4-H Online profile, References, Criminal History, Interview, Orientation, and Approval. In concurrent years, all 4-H volunteers renew their volunteer commitments annually through the 4HOnline system in a similar process to annual youth enrollment. Volunteers are asked to confirm contact information, specify their volunteer role(s) for the year, update their information, and participate in on-going training as expected by the state, county, or district program.



### **Junior Producer Days**

K-State COVID-19 policies in effect at the time of these events will be followed.

### **Junior Beef Producer Day**

Date - Saturday, March 5 Registration Deadline - February 11



Cost - \$15/person by February 11 (\$20/person after February 11) \*Registration must be RECEIVED by February 11 to receive a t-shirt.

Online Registration - <a href="https://commerce.cashnet.com/KSUASIND">https://commerce.cashnet.com/KSUASIND</a>



### Junior Sheep Producer Day

Date - Saturday, March 19
Registration Deadline - February 25
Cost - \$15/person by February 25
(\$20/person after February 25)
\*Registration must be RECEIVED by
February 25 to receive a t-shirt.
Online Registration - https://
commerce.cashnet.com/KSUASIND

### **Spring Shows**

Members interested in showing livestock at spring shows may view fliers for other county shows in our Spring and Summer Shows binder in the Extension Office, or online at <a href="https://www.cowley.k-state.edu/4-h/livestockshows/index.html">https://www.cowley.k-state.edu/4-h/livestockshows/index.html</a> Show information will be added as it is released.

### **Cowley County Classic**

The Cowley County Classic Spring Beef Show will be held Saturday, April 16th at the Winfield Fairgrounds. If you are interested in helping with the show, please contact Kelsey or Sarah. (klnordyke@ksu.edu, slag11@ksu.edu or 620-221-5450)

### **South Central District Horse Show**

District Horse Shows are the qualifying event for the Kansas State Fair 4-H Horse Show. If a 4-H member would like to have the opportunity to compete at the state level in the Horse Project, they must receive a purple or blue ribbon at their district show.

All 4-H Horse Project members who are 9 years old

All 4-H Horse Project members who are 9 years old before January 1st, 2022 are eligible to compete at the South Central District Horse Show if they have completed the following:

- Horse Identification Certificate updated and on file with the local (Cowley County) Extension Office by May 1st, 2022
- Complete and pass Level 1 Horse Achievement Level Test prior to entry deadline for the district show
- Complete online entry and payment prior to date TBA.

The 2022 The South Central District Horse Show will be held (date TBA) on the Kansas State Fairgrounds in Hutchinson. Entries will be completed online and additional information will be released in March.





### 4-H Livestock Tagging Policy

(Adopted by the Cowley County Extension Council Executive Board 5/4/2021)

Beginning with the 2022 4-H program year, families that choose not to bring livestock to the scheduled tagging day have the option to schedule a time with the Extension Agent to bring livestock to the Extension Office during office hours (M-F 8am-11:30pm, 12:30pm-5pm) for tagging. A tagging fee of \$50 in addition to the cost of tags will be assessed. Families who elect to have an Extension Agent travel to their residence to tag livestock will be assessed a \$50 tagging fee, roundtrip mileage and cost of tags.



Have you tried ZBooks yet?

What are you waiting for??!

https://www.kansas4h.org/resources/awardsand-recognition/ ZBooks.html





### 2022 4-H Livestock Events, Deadlines and Schedule

Date	Event			
March 5	Junior Beef Producer Day, Weber Arena, Kansas State University	Educational opportunity for all Beef exhibitors		
March 6	Market Beef Weigh-In/Tagging Day, Commercial Heifer Tagging; Winfield Livestock Auction 1pm - 3pm	Mandatory for all who wish to exhibit <b>Market Steers/Market Heifers</b> at the Cowley County Fair.		
March 19	Junior Sheep Producer Day, Weber Hall. Kansas State University	Educational opportunity for all Sheep exhibitors		
April 16	Cowley County Classic Spring Beef Show, Winfield Fairgrounds	Educational show opportunity for beef exhibitors		
April 24	Tagging for bucket calves, sheep, swine and meat goats (weigh-in), Winfield Fairgrounds 1:30pm - 4pm	Mandatory for all members who wish to exhibit <b>Sheep, Swine, Meat Goats</b> at the Cowley County Fair.		
May 1	Market Beef nominations due (Kansas State Fair/Kansas Junior Livestock Show). Requires Agent signature.	Mandatory for all members who wish to exhibit Market Beef at the Kansas State Fair and/or Kansas Junior Livestock Show.		
May 1	Add/Drop Deadline for all 4-H projects. Must be completed online.	Mandatory for all local 4-H members.		
May 1	Horse ID's due. Requires Agent signature.	Mandatory for all 4-H'ers who wish to exhibit <b>Horses</b> at the County Fair, District Horse Show and/or State Horse Show.		
May 1	Ownership/leasing deadline for <b>all breeding livestock</b> and <b>Dairy Goats</b> . Commercial females must be tagged with a county-issued EID tag, registered females must have registration in exhibitor's name.	Mandatory for all youth who wish to exhibit a breeding female or Dairy Doe at the Cowley County Fair.		
May 21	Cowley Co. Sheep and Meat Goat Show, Winfield Fairgrounds	Educational show opportunity for youth livestock exhibitors.		
May 21	Celebrate Ag Day, Winfield Fairgrounds	Educational opportunity for all 4-Hers		
June, TBA	South Central District Horse Show entries due. Level testing must be completed before entering online.	Mandatory for all <b>Horse</b> members who wish to exhibit at the District Horse Show and/or qualify for the Kansas State Fair.		
June 15	4-H Grade and Dairy Cattle Leasing Identification Form due.	Mandatory for all 4-H <b>Dairy</b> exhibitors.		
June 15	Commercial heifer, market swine, sheep and meat goat nominations due (State Fair/KJLS). Requires Agent Signature.	Mandatory for all members who wish to exhibit <b>commercial heifers</b> , <b>market swine</b> , <b>sheep or meat goats</b> at the State Fair/KLJS.		
June, TBA	South Central District Horse Show, Hutchinson.	Mandatory for all <b>Horse</b> members who wish to qualify for the Kansas State Fair.		
July, TBA	Poultry Testing	Mandatory for all members who wish to exhibit <b>poultry</b> at the County Fair.		
July 6	Cowley County Fair Entries Due	Mandatory for all Cowley County 4-H/FFA members.		
July 25	Kansas State Fair Livestock Entries Due			
July 23	Cowley County Horse Show, Burden			
August 1	State Fair Horse Entries Due, KJLS Entries Due			
July 28-Aug 1	Cowley County Fair			

Cowley County Classic Beef Show
Cowley County Sheep and Goat Show
Cowley County Goat Project
Cowley County Sheep Project
Cowley County Swine Project
Cowley County Horse Project





### The Community Foundation of Southeast Kansas Scholarship Program

### **Bill House Hereford Foundation Scholarship**

### **Scholarship Overview:**

Mr. Swain William (Bill) House had a passion for agriculture and the cattle industry and wanted young people to have an opportunity to earn a career in agriculture. His legacy will continue through the **Bill House Hereford Foundation Scholarship Fund**, established to support students pursing an agricultural-related degree.

### **Scholarship Requirements:**

- 1. Applicants must be majoring in an agricultural field of study, including but not limited to, agribusiness, agricultural economics, agricultural education, animal sciences, conservation, feed science, veterinary medicine, or a similar major.
- 2. Preference will be given in the following **order of priority**:
  - A graduating senior from Cowley or Chautauqua County
  - Kansas or Oklahoma resident
  - Students attending a Kansas or Oklahoma college, university or vocational school
- 3. This is a one year scholarship with half the amount paid in the fall and half in the spring. New scholarships will be awarded each year. Former scholarship recipients my re-apply. Please note in your application if you have previously received the Bill House Hereford Scholarship, when, and any impact it provided.
- 4. Recipients are required to have earned a 2.5 or higher GPA at the time of application and for the first semester of college study to receive funds for the second semester.
- 5. Scholarship funds will be distributed through the Community Foundation of Southeast Kansas directly to the institution of enrollment for assistance with tuition and fees. The amount of the scholarship may vary each year. The amount of each scholarship shall be determined by the Advisory Committee of the Scholarship fund.
- 6. All applications should be submitted according to application instructions below. Incomplete applications will not be considered.
- 7. Any relative of the donor or of the Advisory selection committee is not eligible to apply due to IRS regulations.

### **Application Instructions:**

Submit application cover page with all required information in the order listed, typed, one sided, no staples in one combined document. Do not include links to documents in your application. Please return completed application by email to <a href="mailto:sherri.stephens@southeastkansas.org">sherri.stephens@southeastkansas.org</a> at the Community Foundation of Southeast Kansas. Applications must be received no later than March 15.

For more information, please contact the Extension Office 620-221-5450 (applications due by 3/15/22)

# February 2022

Saturday	4-H Day	11 12	18 19		25 26		KS Jr Beef Producer Day
Friday							MATS DE LA COMPANSION D
Thursday	m	10	17		24		PRESIDE AND A STATE OF THE STAT
Wednesday	Groundhog Day Happy Groundhog	6	16		23		Ash Wednesday
Tuesday	Lunar New Year	8 =6:30 PM Dog Practice	15 Telesh info to Cindy		22 6:30 PM Dog Practice		
Monday	7:00 PM 4–H Council Committee Night	-7:00 PM Floral 4-H Mtg -7:00 PM Dexter/Ott 4-H Mtg -7:00 PM Tisdale 4-H Mtg	Valentine's Day	-7:00 PM Cameron 4- H Mtg -7:00 PM Walnut Valley 4-H Mtg -7:00 PM New Horizon -7:00 PM Sunrise 4-H	Presidents' Day	Citizenship In Action 7:00 PM Junior Leaders	28
Sunday	30 Horse Panorama	6:30 PM Udall 4-H Mtg -7:00 PM Martha Washington 4-H Mtg	13 -2:00 PM Muddy	Creek 4-H Mtg =3:00 PM Rock Creek 4-H Mtg =3:30 PM Burden 4-H Mtg	20 -9:00 AM Citizenship	In Action  4:30 PM 4–H Shoot- ing Sports Project Club Mtg	27

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# **March 2022**

Saturday	KS Jr Beef Producer Day	12		KSJr Sheep Producer Da	2 9	Beginning of Ramadan
Friday	•	11	18	<del>I</del> O <del>P</del>	25	April Fools' Day
Thursday	m	10	17	St. Patrick's Day	24	31
Wednesday	Ash Wednesday	O)	16		23	30
Tuesday	п	=6:30 PM Dog Practice	15	Flash info to Cindy	-6:30 PM Dog Practice	59
Monday	7 20	-7:00 PM Floral 4-H Mtg -7:00 PM Dexter/Otto 4-H Mtg -7:00 PM Tisdale 4-H Mtg	14	- 7:00 PM Cameron 4- H Mtg - 7:00 PM Walnut Val- ley 4-H Mtg - 7:00 PM New Horizon 4-H Mtg - 7:00 PM Sunrise 4-H Mtg	21 = 7:00 PM 4-H Council = 7:45 PM Jr Leaders	58
Sunday	2.7	= 1:00 PM Beef Weigh In & Tagging = 6:30 PM Udall 4-H Mtg = 7:00 PM Martha Washington 4-H Mtg	13	Daylight Saving Time  2:00 PM Muddy Creek 4-H Mtg  3:00 PM Rock Creek 4-H Mtg  3:30 PM Burden 4-H Mtg	20 -4:30 PM 4-H Shoot- ing Sports Project Club Mtg	27

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As someone who contributes time, talent and/or treasure to the benefit of Cowley County Extension, you are invited to be part of the Friends of Cowley County Extension organization. The group will alternate between morning and evening meetings to plan fundraising and advocacy events to support K-State Research and Extension Cowley County. The annual meeting will be Thursday, February 3, 7:30-8:30 a.m. in the Assembly Room at the Extension Office.

\*Did you know? Tax deductible contributions can be made to the 4-H Development Fund (c/o PO Box 538, Winfield KS 67156) or to the Friends of Cowley County Extension Endowment (c/o Legacy Regional Community Foundation, 1216 Main Street, Winfield KS 67156)

I pledge...

My head to clearer thinking

My heart to greater loyalty

My hands to larger service and

My health to better living

for my club, my community,

my country and my world



K-State, County Extension Councils, Extension Districts, and U.S. Department of Agriculture Cooperating.

K-State Research and Extension is an equal opportunity provider and employer.

The Cowley County Extension team has posted two job openings - the 4-H/Youth Development agent and SNAP-Ed nutrition assistant. Applications for the 4-H agent position are due February 9. For more information, please visit <a href="ksre.ksu.edu/jobs">ksre.ksu.edu/jobs</a> and share this opportunity with others! We have a great team and amazing 4-H families - let's recruit the next great 4-H agent!





