THE 4-H MANY NEWSLETTER

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December 23/January 24

A note from Sarah....

Happy Holidays! This time of year is filled with reflecting and planning for the next year. I know in our office, we are working on planning activities for a wide range of project areas. When planning projects, it is a great idea to set goals for yourself. This will be a helpful guide to plan how you will accomplish these goals. What are your goals for 2024? Will it be attending local, regional, or state events, will it be teaching others, or will it be learning about a specific skill to better a technique? The possibilities are endless on how you can accomplish your goals. Another great way to keep you on track is to start looking at project record books to see where you might need to be focusing your time and energy. You can find those under "Youth Development/Forms" on our local Cowley County Extension webpage. This is also the perfect time of year to start recruiting and promoting 4-H within your local communities. It is a group effort to help grow our program and each and every family

can help! We have some great committees going currently and new events/programs/equipment hopefully coming this year. Be sure to keep an eye on your email, County Facebook pages and Newsletters, you will NOT want to miss the opportunities 2024 has in store.

We hope everyone has a great holiday season, eats lots of good food, and are able to spend time with family!

Contact us:

<u>cl@listserv.ksu.edu</u> (620) 221-5450 or (620) 441-4565 Sarah LaGrone, 4-H Youth Development, <u>slag11@ksu.edu</u> Becky Reid, Family & Consumer Sciences, <u>bkreid@ksu.edu</u> Cindy Stephens, Office Professional, <u>cstephens@ksu.edu</u>



Cowley County Extension Office will be closed from December 25, 2023 to January 1, 2024.

Community Leaders

December Check-Up

- Recognize those who submitted Record Books and Pin Applications
- Are your 4-H Club Officers running the club meeting?

Review

- Read the 4-H Newsletter and mark important dates on the calendar.
- * Review highlights from the 4-H Newsletter at your club meeting.
- * Have you checked out the <u>4-H Club Corner</u>?

<u>To-Do</u>

- Use your club roster from <u>4honline</u> to do roll call at your club meeting. Anyone not on it? Strongly encourage them to get enrolled.
- Remind parents to <u>send payment</u> for any 4-Hers with a "payment due" status.

Promote/Recruit

- * Cloverbud Workshop. December 12
- * Willie & The Beanstalk Contest
- * 4-H Day (February 10)
- * <u>Citizenship In Action</u>
- * 4-H Media Team
- * Sign-up for County Committees

Remember

- * Make it a fun and rewarding year!
- * Work with your co-leader.
- * Attend leader/club building opportunities when offered.



4-H Council



January 15, 2024 Meeting Location:

Tisdale Methodist Church Gym

17507 US 160 Hwy Winfield, KS 67156

If you were selected to represent your club at 4-H Council and find you cannot attend, please let your leader(s) know in advance and find another member to serve in your place.

4-H Junior Leaders

The purpose of the 4-H Junior Leaders club is to help members:

- 1) build self-confidence
- 2) relate to others
- 3) develop concern for the community and others in it 4) use knowledge, skills and values in making decisions
- develop an inquiring mind. These aims are to be implemented by encouraging members' participation in planning and involvement in meetings, individual or group projects, tours or field trips, camps and other community or county activities.

Our meetings are typically at the Cowley County Courthouse Extension Assembly Room and via zoom. Any youth 12 and older are invited to participate January 15, 2024 6:30 pm

Tisdale Methodist Church/Gym

17507 US 160 Hwy Winfield, KS 67156

Cowley County Extension Council

The Cowley County Extension Council Executive Board meets monthly and conducts the business of the Extension Office. The Extension Council Annual meeting will be held on Tuesday, December 5 2023 at 6:00 p.m. The Executive Board will meet at 5:30 p.m. for its regular meeting. The meetings will be held at the Winfield Public Library, 605 College St. Winfield, KS 67156.

The 4-H Newsletter December 23/January 24

Important Dates and Deadlines

<u>December</u>

- 12/5 Cowley County Extension Council board meeting, 5:30 p.m. Winfield Public Library
- Livestock dates published
- State 4-H Scholarship Information published
- Begin goal setting for projects
- Citizenship In Action information published
- <u>Club Day</u> planning (Talks, Demos, Musical presentation, Talant, Madel Masting, etc.)
- presentation, Talent, Model Meeting, etc.)
- 12/12 Cloverbud Workshop

<u>January</u>

- TBD Cowley Co. Extension Council Board Mtg. 5:30 p.m.1/16 4-H Council Meeting
- 1/15 4-H Council Mtg
- 1/15 4-H Junior Leaders Mtg
- 1/27 <u>Horse Panorama</u>- Registration due Jan.
 2, 2024

February

- 2/5 Cowley Co. registration deadline for Willie & the Beanstalk Contest
- 2/10 Cowley County 4-H Day; Winfield
- 2/18-2/19 Citizenship In Action

<u>March</u>

- 3/2 KSU Junior Beef Producer Day
- 3/3 Beef Tagging / Weigh-In Day
- 3/16 Regional 4-H Day
- 3/16 KSU Junior Sheep Producer Day

<u>April</u>

- 4/21 Cowley County Beef Classic
- 4/27 Cowley Co. Sheep & Goat Show
- 4/28 Small Livestock Tagging Day
- 4/30 Small Livestock Tagging Day

Static Hands-On Exploration Day

Join us on Saturday February 17th at the Tisdale Gym from 2:00 PM-5:00 PM. This event is open to ALL FAMILIES come join the fun and try new activities. Booths of all topics with fun hands-on engaging activities for all ages. From completing your very own leather project to being the first to test your skills on the New VR Welding Simulator, this will be a fun event the whole family will not want to miss. (Static exhibits = everything non livestock / exhibited in Barn 4)

If you are an adult that would like to help with this program, please reach out to Sarah

4-H Day

Cowley County 4-H Day will be held on February 10, 2024 at the Winfield Middle School, 130 Viking Blvd.

County 4-H Day is one of the first big events of the year. It's an opportunity for all 4-H members to share their speaking skills, knowledge, talents, and creativity before a larger audience. The event is also counted on achievement pin applications.

Any approved/enrolled 4-H member can participate in as many categories as they choose. There is no pre-requisite or qualifying competition required. Registration information will be released in January.

Music/Talent will include:

- * Piano Solos
- * Instrumental Solos & Ensembles Band
- * Vocal Solo
- * Vocal Ensemble
- * Club Chorus
- * Skits & Plays
- * Readings
- * Dance
- * Other Talent

Presentations Include:

- * Demonstration/Illustrated Talk
- * Project Talk
- * Public Speaking
- * Impromptu Public Speaking
- * Pickle Power
- * Model Meeting
- * Gavel Games

Favorite Foods include:

- * Table Setting & Menu
- * Table Exhibit

4-H Day Guidelines

Impromptu Public Speaking

Offered to Senior 4-Hers. Members will draw a topic from a hat and will be given 5-7 minutes to prepare their presentation.

Pickle Power

Open to CloverBuds, Junior and Intermediate 4-Hers. Each member will be given a scenario with a decision to make. They will present their decision and discuss it with the judge. This is a great way to practice decision making skills and learn to speak in front of a group.

Gavel Games

Test your Parliamentary Procedure skills! In the Gavel Games contest, four 4-H members comprise a team. These four member act as officers for a model 4-H business meeting. The four officers are:

- * President
- * Vice President
- * Secretary
- * Treasurer

Each team presents a model business meeting starting with the call to order, including reports of officers and committees, unfinished and new business, and ending with adjournment.



Excellent Community Service Opportunity!

Volunteer as a club or individual to ring the bell for Salvation Army. Ark City and Winfield locations are available.

- * Ark City/ Call Jessica Dorman at 620-441-7824
- * Winfield/ Call Mark Olney at 620-222-5988

4-H Events

<u>Willie and the Beanstalk</u> is a soybean competition for Kansas K-12 students to encourage interest in the field and increase their knowledge of soybean development. Students who enter the competition will work to see who can grow the largest soybean plant. The contest can prove to be a valuable teaching tool as it allows students to plant their own soybean, then watch it grow and document the progress the plant has made.

The 2024 Willie and the Beanstalk competition will be held as part of the 2024 Spring Kansas State University Open house.

Rules for the 2024 contest.

Please contact <u>Sarah</u> by February 5, 2024 to register. Contest is open to all 4-Hers and schools.

Horse Panorama

January 27, 2024 4-H Members ages 9-18 and adult volunteers. <u>Horse Panorama</u> is a compilation of various contests related to the Horse Project. Contests include: quiz bowl, hippology, public speaking presentations, photography and educational posters.

Citizenship In Action

What: Would you like to have more influence in laws and rules that affect your life? Then you'll want to go to Kansas 4-H Citizenship in Action! This two day event is sponsored by the State 4-H Youth Leadership Council. The purpose of the event is for Kansas youth to learn how the state legislative process works and how their voice and participation in decision-making can make a difference in their local communities. The legislative visit will not only familiarize youth with the capitol building, but will also show them how they can affect the legislative process.

When: February 18-19, 2024

Where: Topeka KS - Hotel Topeka at City Center (formerly Capitol Plaza)

Who: Youth 13-18 years old by January 1 of the current year

Registration: Opening Soon

Registration Fee: \$200.00*

Registration Deadline: February 1, 2024

BANQUET will be Sunday evening, if you are asking your legislators to join, please email dsratlif@ksu.edu by Feb 15 with any additional attendees. The cost is \$30* for additional attendees.

* prices and details are subject to change. Details for 2024 have not been published yet.



Sponsored by Kansas State University Department of Agronomy

KSU Junior Producer Days

The 2024 K-State Junior Producer Day dates have been set and registration is now open! We are excited to host families on campus again this spring! The K-State Junior Beef Producer Day will be Saturday, March 2, with K-State Junior Sheep Producer Day scheduled for Saturday, March 16. Both events will be hosted in Weber Arena on the K-State campus in Manhattan. These events are one-day educational events for families to learn more about the selection and management of a specific specie. Beef and sheep events are hosted in even years, with swine and meat goat days in odd years. Youth, adults, extension agents, project leaders, and volunteers of all ages and skill levels are invited to attend! Presentations will be provided by K-State faculty, staff, students, extension agents, former exhibitors, and guest speakers. Topics will range from selection, to nutrition, to meat science, reproduction, health, clipping and grooming, and showmanship.

This is a family learning event! Everyone who plans to attend must register, including both youth and adults. The cost is \$20/person by the deadline, or \$25 after the deadline, for both events. Only those who register by the appropriate deadline will receive a t-shirt. Junior Beef Producer Day registrations are due February 12, with Junior Sheep being due February 26. Registration is open now and can be completed online using this link: http://bit.ly/ksuasiregister. Junior Producer Day event registrations are non-refundable.

An optional YQCA instructor-led training and state livestock nomination session will be offered at the end of each program. Specific details about the YQCA certification will be shared directly with those who indicate through their registration that they plan to stay for the additional class. More information about the junior day events, including each of the flyers, are available on the @ksuylp Facebook page and the KSU YLP website, under Events > Junior Producer Days.

4-H Horse Show Judges Seminar

Kansas 4-H, the KSU Horse Judging Team and Colby Community College are excited to offer a 4-H Horse Show Judges Seminar Friday, April 12, 2024 in Colby, KS. Please share with potential 4-H Horse Show judges, volunteers and youth. Registration information is forthcoming.

4-H Dog Judges Training & Certification

The annual training and recertification for 4-H Dog show judges will be January 26-28 at the Leavenworth County Fairgrounds in the Northeast area of Kansas. This is a 5-year certification. All 4-H dog shows must have certified judges for members to qualify for the State Fair Dog Show. There is a reduced cost for leaders/members who want to observe but not become a judge. Registration will be out soon and located on Kansas4H.org website under events.

4-H Camp

Ready, set, register! All 4-H camp sessions are now available for registration online at www.rockspringsranch4hcamp.org. This includes half week, full week, Leaders in Training (LIT), and Counselors in Training (CIT) sessions. Rock Springs is finalizing the transportation schedule for next summer and will share it once it's complete. They anticipate an influx of registrations at launch and last year, they did reach capacity in a few sessions. Early bird registration rate (10% discount) ends on December 31, 2023. The session dates are here. Look forward to making memories at Summer Camp 2024!

Cowley County 4-H Enrollment

<u>4-H Online Enrollment Link</u>

Cowley County KSRE Website with 4-H Enrollment Information

The 4-H year runs Oct. 1st. to Sept 30. **ALL YOUTH and ADULT VOLUNTEERS** participating in the 2023-2024 4-H year should enroll.

In order to be a regular member of Cowley County 4-H, the member must be 7 years old before January 1, 2024.

Cloverbuds is for children ages 5-6 before January 1, 2024.

Project Selection Guide (includes descriptions of all projects)

Setting 4-H Project Goals

ZBooks (online record keeping option)

Click here to sign up for a County Committee

DID YOU KNOW?? The <u>Kansas Clover Classroom</u> is packed with helpful project information



2023 4-H Achievement Awards

4-H Achievement Results

Congratulations to our Cowley County 4-H members who submitted Project Records and Pin Applications for the 2023 4-H Program Year! We are excited about all the project experiences you completed! Achievement Night was celebrated Saturday, November 4th at the Crossroads Event Center.

*Senior County Champion Award winners will have the opportunity to have their Project Record's judged at the Southeast Area Project Screening January 19, in Fredonia, KS.

Club Achievement

Burden 4-H Club: Purple Seal Dexter/Otto 4-H Club: Blue Seal Floral 4-H Club: White Seal Muddy Creek 4-H Club: Purple Seal Sunrise 4-H Club: White Seal Tisdale 4-H Club: Purple Seal Udall 4-H Club: Purple Seal Walnut Valley 4-H Club: Purple Seal

Officer Notebooks

Adison Henderson: Burden 4-H, Secretary, Blue Anthony Jelinek: Udall 4-H, Treasurer, Blue Brilee Pellegrini: Udall 4-H, Secretary, Purple BryseLynn Vernia: Muddy Creek 4-H, Secretary, Purple

Eislee Boatman: Dexter/Otto 4-H, Secretary, Red **Emma Hickenbottom:** Muddy Creek 4-H, Treasurer, Blue

Kahlyn Fox-Smeeton: Tisdale 4-H, Secretary, Blue

Koy Holcomb: Floral 4-H, Treasurer, White **Morgan Clark:** Walnut Valley 4-H; Secretary; Red **Project Records/Achievement Pins** Juniors: Asher Wolfe: Burden 4-H, Jr. Shooting Sports Champion, Clover Pin Beau Hamilton: Walnut Valley 4-H, Jr. Visual Arts Participation, Membership Pin Dvlan Darbro: Udall 4-H, Meat Goat Certificate, Membership Pin Ensley Groom: Tisdalel 4-H, Jr. Clothing & Textiles Champion, Jr. Visual Arts Certificate, Jr. Foods & Nutrition Champion, Jr. STEM ABC Champion, Membership Pin Jaylynn Begler: Udall 4-H, Jr. Foods & Nutrition Certificate, Membership Pin Katherine Middleton: Udall 4-H, Jr. Clothing & Textiles Certificate, Bronze Pin Kendyl Higdon: Tisdale 4-H, Jr. Visual Arts Champion, Bronze Pin Landry Robinson: Udall 4-H, Jr. Beef Certificate, Clover Pin Luke Ahlerich: Udall 4-H, Jr. Sheep Champion, Clover Pin Maddux Wilson: Udall 4-H, Jr. Poultry Champion, Bronze Pin Matthew Middleton: Udall 4-H, Jr. STEM Certificate, Bronze Pin Max Champlin: Dexter/Otto 4-H, Jr. Beef Certificate, Membership Pin Olivia Clapp: Dexter/Otto 4-H, Jr. Beef Champion, Clover Pin Olivia Lackey: Udall 4-H, Jr. Beef Participation, Membership Pin Rhett Murphy: Udall 4-H, Jr. Dairy Cattle Participation, Membership Pin Watson Whitehill: Burden 4-H, Jr. Beef Certificate, Membership Pin Westen Pellegrini: Udall 4-H Jr. Swine Champion, Clover Pin Wyatt Bowman: Udall 4-H, Jr Plant Science Certificate, Jr. Foods & Nutrition Certificate, Jr. Swine Certificate, Membership Pin **Zephyr Guinn:** Udall 4-H, Jr. Photography Champion, Bronze Pin Zoie Hamilton: Walnut Valley 4-H, Jr. Foods & Nutrition Participation, Membership Pin

2023 4-H Achievement Awards con't.

Intermediates:

Addison Robinson: Udall 4-H, Int. Beef Certificate Alivia Thompson: Udall 4-H, Int. Foods & Nutrition Champion, Membership Pin Anna Wolfe: Burden 4-H, Int. Photography Champion, Leadership Pin Anthony Jelinek: Udall 4-H, Int. STEM Champion, Leadership Pin Brilee Pellegrini: Udall 4-H, Int. Sheep Champion, Silver Guard Pin Caleb Krepps: Tisdale 4-H, Int. Horse Champion, Emerald Pin Dalton Bowman: Udall 4-H, Int. Plant Science Champion, Int. Swine Champion, Clover Pin Hadley Lackey: Udall 4-H, Int. Beef Certificate, Membership Pin Jake Jelinek: Udall 4-H, Int. Photography Certificate. Emerald Pin Justin Darbro: Udall 4-H. Int. Meat Goats Champion, Membership Pin Koy Holcomb: Floral 4-H, Int. Shooting Sports Champion Matthew Henderson: Burden 4-H, Int. Dairy Cattle Certificate. Silver Guard Pin Olivia Brodbeck: Sunrise 4-H. Int. Foods & Nutrition Participation Preslee Brown: Dexter/Otto 4-H, Int. Beef Champion, Membership Pin Samantha Henderson: Burden 4-H, Dairy Cattle Champion, Emerald Pin Sebastian Donham: Udall 4-H, Poultry Participation, Membership Pin

Seniors:

Abigail Reid: Sunrise 4-H, Sr. Foods & Nutrition Certificate

*Adison Henderson: Burden 4-H, Sr. Dairy Cattle Champion, Sr. Beef Champion, Gold Guard Pin Andrew Preston: Udall 4-H, Sr Health & Wellness Certificate, Gold Pin

Isabella Brodbeck: Sunrise 4-H, Sr. Clothing & Textiles Participation

*Jacob Arnett: Shooting Sports Club, Sr. Shooting Sports Champion, Silver pin Katie Cook: Burden 4-H, Geology Participation *Kennedy Holcomb: Floral 4-H, Sr. Meat Goat Champion

Kyle Caruthers: Udall 4-H, Sheep Participation, Membership Pin

*Matthew Norton: Floral 4-H, Sr. Leadership Champion, Gold Pin

***Rachel Jirak:** Udall 4-H, Senior Foods & Nutrition Champion, Gold Guard Pin

Wyatt Thompson: Udall 4-H, STEM Participation, Membership Pin

KEY AWARD Winners

The Key Award is the highest achievement pin possible. It's a big deal, a huge accomplishment, and an honor to receive. This year's winner is: **Jacob Arnett:** Shooting Sports 4-H



Congratulations to the 2022/23 4-H Scholarship Winners!!!

Scholarship Winners

Robert Austin Memorial Horse Scholarship (\$100): Caleb Krepps, Tisdale 4-H

4-H Council Scholarship (\$500.00):
Abigail Reid, Sunrise 4-H
Elizabeth Jirak, Udall 4-H
Jacob Arnett, 4-H Shooting Sports

4-H Development Fund Scholarship (\$500.00):Abigail Reid, Sunrise 4-HJacob Arnett, 4-H Shooting Sports

4-H Junior Leaders Scholarship (\$250.00): Abigail Reid: Sunrise 4-H Elizabeth Jirak: Udall 4-H

Southeast Area Project Records Screening

Adult volunteers are needed to screen Project Record Books for the Southeast Area, Friday January 19th in Fredonia. This is a great opportunity to give back (especially if your member has ever sent a Project Record Book to area or state screening) and to learn about what kids in other counties are doing with their projects. Please contact <u>Sarah</u> by Tuesday, January 3rd if you are willing to serve.

Scholarship Opportunities

Please visit the Kansas 4-H Resource **page** for Scholarship Opportunities. Kansas 4-H Scholarship, Kansas 4-H Dog Scholarship, Kansas 4-H Geology Scholarship, and Vanier Scholarship!

Legal Stuff

K-State Research and Extension is committed to providing equal opportunity for participation in all programs, services and activities. Program information may be available in languages other than English. Reasonable accommodations for persons with disabilities, including alternative means of communication (e.g., Braille, large print, audio tape, and American Sign Language) may be requested by contacting the event contact (insert name) two weeks prior to the start of the event (insert deadline date) at (insert phone number and email). Requests received after this date will be honored when it is feasible to do so. Language access services, such as interpretation or translation of vital information, will be provided free of charge to limited English proficient individuals upon request. Kansas State University Agricultural Experiment Station and Cooperative Extension Service K-State Research and Extension is an equal opportunity provider and employer.

Shooting Sports

Cowley County 4-H Shooting Sports Club will hold their second club meeting of the year, Monday, Dec. 18th at 7:00 pm at the New Hope Fellowship Church, 19195 61st Rd. This will include the Officer Workshops as our club programs. Watch your emails for each month's theme and what the members will be making/learning about shooting sports off the practice range.



Our December practice schedule will be...

Air Discipline (BB, Air Pistol, Air Rifle) Safety Meeting, Sunday, Dec. 3rd at 2:00 at the fairgrounds.

Archery practice, Thursday, Dec 14th at 6:30 pm at the fairgrounds.

Shotgun practice, Sunday, Dec. 17th at 2:00 at the meadow.

CONGRATULATIONS TO OUR COWLEY MEMBERS SERVING ON THE KANSAS STATE NATIONAL TEAMS THIS YEAR!

Kansas State Archery Compound - Andrew Hoover Kansas State Muzzleloader - Kyle Bannon Kansas State Small Bore Pistol - Everett Green

Austin Waite

Cowley County 4-H Shooting Sports Coordinator

620-222-1982

Friends of Extension - Fall For Extension

Special thanks to 4-H Clubs who contributed items for the 6th Annual Fall for Extension event. This fundraiser helps support Cowley County Extension's educational activities, which includes 4-H activities.

Here are the highlights:

Cameron 4-H Club - Handmade Cowboy/Bandana print Quilt, \$100

Dexter/Otto 4-H Club - Wagon Wheel metal art, \$300

Martha Washington 4-H Club - Pioneer Woman Baking Set, \$60

Muddy Creek 4-H Club - Granite Pumpkin \$40, Upcycled Pig Planter w/ plant \$125, Gnome Snowman \$20

Tisdale 4-H Club - Basket of locally grown 4-H goods \$50 Udall 4-H Club - Christmas Gift Basket, \$80 Sunrise 4-H Club - Family Board Games Basket - \$80 Walnut Valley 4-H- Monetary Donation of \$100

* Not all pictures of donations were available

















