



Cowley County Extension
311 E. 9th
P.O. Box 538
Winfield, KS 67156
620-221-5450
620-441-4565

Staff:
Kelsey Holcomb, 4-H Youth Development
Jill Zimmerman, Ag and Natural Resources
Becky Reid, Family and Consumer Sciences
Cindy Stephens, Office Professional



'Tis the Season

Procrastination. According to Wikipedia, 'In psychological terms, procrastination is defined as the act of replacing more urgent actions with tasks less urgent, or doing something from which one derives enjoyment, and thus putting off impending tasks to a later time. In accordance with Freud, the pleasure principle may be responsible for procrastination; humans prefer avoiding negative emotions, and delaying a stressful task. The concept that humans work best under pressure provides additional enjoyment and motivation to postponing a task.' In layman's terms, "procrastination" means waiting until the last minute to do something. Sound familiar now?

Fair season seems to be a time of procrastination. I'm ashamed to

say, procrastination became common practice in our house growing up when it came to 4-H sewing projects, notebooks and record books. These were tasks my sisters and I didn't think were much fun. It seemed the older we got, the more responsibility we had for our projects and the more we procrastinated. I can remember the stress we felt as we got closer and closer to our deadlines. After the fact, we jokingly said we worked better under pressure.

I recall the county fair with fond memories. However, sometimes the weeks leading up to the fair, weren't so fun. Sometimes there was yelling and even tears in our house. I can only imagine the stress our parents felt. Somehow, we always got our project done and the fair went off without a hitch.

Does any of this sound familiar to you? I challenge you to have a more stress-free fair this year. Your first step is to get those fair pre-entries turned in to the Extension Office on time!! You may have lots of questions about filling them out correctly. We know the pre-entry and fairbook can be confusing, especially if you are new to 4-H. Calling or coming in early to get your questions answered helps you to feel more at ease that you completed the process correctly. Waiting to have your questions answered until July 5th (the deadline) could result in a long wait in the Extension Office and increased anxiety for you.

Start the fair season off right. Get your projects completed in a timely manner and turn in your paperwork on time or early.

—Kelsey Holcomb



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Cowley County Extension Office,
Courthouse location will be closed on
August 4th and August 7th. We will be
available at the 4-H office located at the
fairgrounds

Investing in the Future of Kansas 4-H: The Kansas 4-H Program Fee

Beginning with the 2017 4-H year, Kansas 4-H will implement a \$15 per member program fee for all community club and independent 4-H members. The program fee will be paid at the time of enrollment within 4HOnline. Please read *Investing in the Future of Kansas 4-H: A Guide to the 4-H Program Fee*, a detailed explanation of the fee with Frequently Asked Questions. It will answer many of your questions about the payment process. We will continue to communicate details about Investing in the Future of Kansas 4-H and the Kansas 4-H Program Fee throughout the summer months. Please read your emails and newsletters for more info.

Upcoming Meetings

4-H Council, Junior Leaders and Ambassadors will meet Thursday, July 27th at the Winfield Fairgrounds. Join 4-H for a watermelon feed sponsored by Cowley County 4-H Shooting Sports and Jennifer Bauer beginning at 5:30 p.m. in Barn 6. 4-H Council will meet at 6:00 p.m. followed by Junior Leaders at 6:30 p.m. Ambassadors will meet at 7:00 p.m. This will also be the night of the Fair Superintendents' meeting. Superintendents will meet with agents in the grandstands at 7:00 p.m. If you were selected to represent your club at 4-H Council and find you cannot attend, please let your leaders know and find another member to serve in your place.

Modeling Workshop

Clothing & Buymanship project members are invited to a county wide Modeling workshop on Monday, July 17th from 1:00-2:00 p.m. at the Cowley County Courthouse, Extension Assembly Room. Members are encouraged to bring their shoes they will wear for modeling. We will practice turns, posture, smiling and discuss potential questions the judge might ask. We also review the "Cost Per Wear" form that each member needs to complete.

Rabbit Project Meeting

Kim McJunkin will be hosting rabbit project meetings at 7 p.m. on July 11th and July 25th at Island Park in Winfield under one of the pavilions. Please bring your rabbits and something (like a carpet sample) to set them on while practicing on the table (the tables have holes that could injure your rabbit's foot).

Photography Project Meeting

Project leader, Shannon Sultz will be having a final photography project meeting in the Assembly Room at the Winfield Courthouse on July 19th, from 1:00 p.m. to 3:00 p.m.

Fundraiser Opportunity

The K&O Show is held at the Cowley County Fairgrounds August 17th-20th. They would like the 4-H Foodstand to be open with concessions. For more details, please contact Cristine Noland (Cameron 4-H Club leader) at 620-660-3208.

Pool Party

The Winfield VFW will be sponsoring a free pool party at the Winfield Aquatic Center on July 29th from 1:00-7:00 p.m. Come cool down and enjoy a free hotdog!

Attention Photography and Space Tech Members

Interested in Aerial Photography and sUAS (small unmanned aircraft systems)? To learn more about how you can combine the two projects, Debbi Waite is arranging a special educational opportunity. Join us Friday, July 7th, 1:00 p.m. at the Winfield Marquee, Friday Art Walk Gallery, for an Aerial Photography and UAV Class for 4-Her's.



Livestock News

Get Help with Your Swine Project!

Do you have questions about caring for swine, the facilities of and/or options, or feed requirements or the availability of? If so contact your Cowley County Swine Project Leaders Brian and Vickie Thiel at 620-222-5154.

Breeding Livestock

All Commercial Breeding livestock will be required to have a Cowley County issued Kansas 4-H eartag for 2017. This includes Breeding Heifers, Commercial Ewes, Breeding Does and Breeding Gilts. Commercial breeding animals must also have a breeding animal affidavit on file in the Extension Office.

Lost Tag Policy

When an animal loses a tag, the exhibitor must contact the Cowley County Extension Office in writing as soon as said tag is noticed to be missing. Include the following information: Specie, previous tag number, breed, sex of animal and statement verifying that the animal is the same animal that was tagged at the official tagging day. Ear tags that are lost after the pre-entry deadline must still be submitted in writing to the Extension Office, but will be handled on a case by case basis.

Poultry Testing

All chickens and turkeys that will be exhibited at the Cowley County Fair must be Pullorum-Typhoid tested. Testing will take place Friday, July 14th beginning at 6:30 p.m. and Saturday July 15th from 8-10a.m. in Barn 10 at the Winfield Fairgrounds. Two testers will be available and leg bands will be applied at the testing. Cost will be \$4/bird. Checks may be made to Cowley County Extension Council. RSVP to the Extension Office (620) 221-5450 by July 13th, to secure your bands and test.

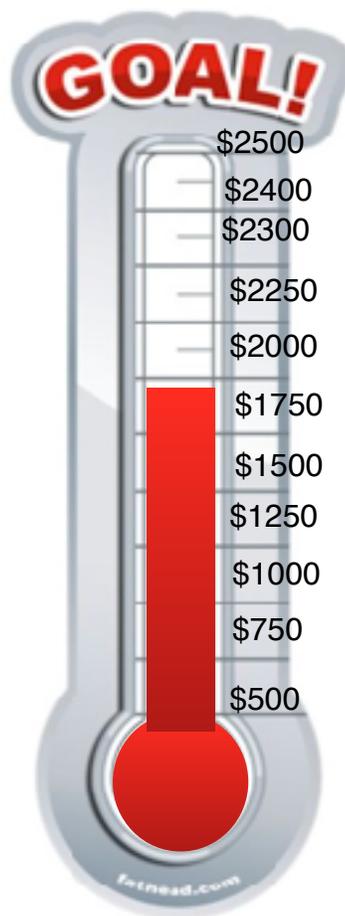
Action Needed

Cowley County 4-H benefits from having one of the best fairgrounds in the state. However, even with great facilities, our fairgrounds offer challenges to 4-H including lack of storage for equipment safe from flooding. Beau Bailey, 4-H supporter and friend has identified a solution- the purchase of a shipping container. The container will be placed in the "pit" area of the fairgrounds where it will be protected from flood waters and accessible to staff.

Having a storage area at the fairgrounds would allow the storage of livestock scales, fire hoses for fair clean up, foodstand overflow and storage as necessary during flooding.

Beau has secured a container for \$2500 including delivery. We are currently raising funds to pay for it.

To date, we have raised \$1765. If each 4-H family would contribute \$10-\$25, we will raise more than enough funds to cover the cost of the container. To contribute, make your check payable to "Cowley County 4-H Development Fund" with "shipping container" in the memo line. Contributions will be received at the Cowley County Extension Office, 311 E. 9th, Winfield (P.O. Box 538, Winfield, KS 67156). We hope you'll consider making a gift to help achieve this solution.



Fair Updates and Schedule

What is Needed for the Fair?



1. Every 4-Her must complete fair participation information. Submit your information online prior to the fair at www.cowley.ksu.edu or at a station located in Barn 4 at exhibit check-in Thursday evening. This information includes fair contact info and projects exhibited so that we can reach you during the fair if needed.

2. The Extension Office will provide entry cards for each pre-entered exhibit. You will receive your entry card when you check in at the fair.

3. Additional tags are needed for some project areas. Clothing- rectangle tag that must be pinned or sewn in to all constructed garments.

Entomology- adhesive, rectangle tag, must be attached to each display box.

Food Preservation- Gummed, rounded rectangle tag must be attached to each entry.

Foods, Posters, Notebooks, Geology- adhesive, tag must be attached to each entry. Must be inside and out on Geology exhibits. Each food entry also requires a copy of a recipe.

All Livestock- Stall cards, 8 1/2 X 11 in white card stock is used to identify an animal and owner. This is used for Beef, Bucket Calves, Dairy, Dairy Goats, Poultry, Pigeons, Rabbits, Sheep, and Swine. These are available at the fairgrounds on entry night.

Space Tech- Manilla envelopes with white cover sheet must be with each project. The envelope includes plans or flight information. Form fillable project information sheets are available at www.kansas4-h.org. Go to "events-activities", "Fairs", "Kansas-State-Fair", "Space Tech". Failure to provide plans will result in reduction of one ribbon placing.

Woodworking- a copy of the plan, summary of materials and a cost of materials list is required for each exhibit. Failure to provide plans will result in reduction of one ribbon placing.

Fair Set Up / Clean Up

All clubs will help set up and clean up the Cowley County Fair. In an effort to meet the schedules of parents, **livestock pen set up will be Monday July 31st at 6:00 p.m.** Livestock Superintendents, Fair Board, and Extension Staff request a strong adult presence this year. Set up will take place Tuesday, August 1st at 8:00 a.m. Come prepared to work. Please bring appropriate supplies.

Clean up will take place Tuesday, August 8th at 7:00 a.m. Exhibits will be released at 7:30 a.m. and should be picked up by 8:30 a.m. If you can't pick up your exhibit, have another representative available. The

Extension Office and Fairboard will NOT be held responsible for any exhibits not picked up.

4-H'ers must help with clean up in order to receive premium checks.

Fair Weigh-In Schedule

Thursday, August 3rd

All livestock must be on the fairgrounds and checked in by 5:30 p.m.

4-H/FFA Beef weighed: 9:00-10:00 a.m.

4-H/FFA Goats: 8:00 to 10:00 a.m.

4-H/FFA Sheep: 8:00 to 10:00 a.m.

*Sheep and Goats must go through the Vet Check before entering the barns.

4-H/FFA Swine may arrive and weigh/check in: 8:00 a.m.

Fair Exhibits

All exhibits except Foods, Dogs, Floriculture, Horticulture and Crops must be in place on the Fairgrounds by 7pm August 3rd. The fairbook contains a complete entry schedule. **NO LATE EXHIBITS WILL BE ACCEPTED.**

Conference Judging

Conference judging allows the youth to share information about his or her project with the judge. All exhibits in Barn 4 are judged in the conference judging format. Conference judging is a good way to get positive feedback and suggestions. 4-Her's must sign up for a conference judging time slot by 7pm on entry night, August 3rd. IF YOU DO NOT PARTICIPATE IN CONFERENCE JUDGING, YOU WILL BE DOCKED ONE RIBBON PLACING! Sign up sheets will be posted by exhibit areas as exhibitors enter their projects from 4:00 - 7:00 p.m. in Barn 4.

Participants will sign up for a conference judging time (ie: 1) 9:00 - 9:45 2) 9:30-10:15 a.m., etc).

Clothing Construction Conference Judging

All constructed clothing items will be judged on Tuesday, July 25th at the Brown Center, Cowley College, Arkansas City. Judges will only be available from 8:30 a.m. -12:00 p.m. Please make sure you get your items judged during this time.

4-H Shooting Sports

Take time to check out the Shooting Sports display at the Cowley County Fair Saturday, August 5th under the south end of the grandstands beginning at 1:00 p.m

FCS Intermediate Judging Contest

All 4-H Members are encouraged to participate in a special Family and Consumer Sciences experience held on Tuesday, July 25 from 9 a.m. - 12 p.m. in conjunction with the 4-H Fashion Revue/Clothing Construction judging.

4-H Fashion Revue & Clothing Construction Judging

Tuesday, July 25th
Brown Center, Cowley College, Ark City; 8:30 a.m.
Packets with modeling tips, schedules and script information will be sent to participants who have pre-entered in clothing and fashion revue categories. An information table will be available to provide details about schedules and room locations. Participants will need to choose one outfit to model for the evening performance and submit a script online via a link at www.cowley.ksu.edu by 11 a.m. the day of the judging.

Public Fashion Revue

The Public 4-H Fashion Revue will be held in the Wright Room, at the Brown Center on Tuesday July 25th at 7:00 p.m.

Use your Freezer to Preserve your Sanity!

To help save time and stress at county fairs, prepare food entries early and freeze them. Most baked goods freeze well and can still be top ribbon quality. Here are some tips:

- Bake and cool completely! This helps prevent condensation inside the wrapping and development of ice crystals.
- Use moisture-vapor resistant packaging such as freezer-safe plastic containers or bags, and rigid containers.
- Separate layers of cookies with wax paper or parchment paper.
- Freeze cakes or breads un-frosted and frost after thawed.
- Make pie crusts ahead of time and freeze.
- Thaw all baked goods in the freezer packaging. They can be thawed at room temperature. Remove from the freezer the night before the fair. Once thawed, repackage according to fair rules.

Always wash your hands...

- Before touching food or clean surfaces
- After you touch food
- If you touch your face, touch your eyes, touch your hair, blow your nose, take out garbage or go to the bathroom
- If you handle money (money is covered in germs!)
- If you use your phone (cell phones are covered in germs!)



Food Safety at the Food Stand

Tuesday, July 11th 1:30 p.m. or Thursday, July 20th 6:00 p.m., Winfield Fairgrounds
All clubs are strongly encouraged to send club members and parents to the food safety training. Club members will have hands-on activities to emphasize the importance of food safety. Call 221-5450 to register!

Foodstand Team Leaders

Each 4-H Club is required to have a Team Leader during the club's food stand shift at the Cowley County Fair. This is a change from the traditional shift manager and is vital to the success of the 4-H Foodstand. The Team Leader is required to attend the Team Leader meeting Thursday, July 21st at 7:00 p.m. at the Foodstand and will be responsible for the following:

- Communicating with Foodstand Manager to understand the menu and duties for the shift
- Assigning tasks to workers
- Communicating menu and tasks to workers
- Monitoring and recording temperatures for hot food, freezers and coolers
- Cleaning and sanitizing equipment and prep areas
- Overseeing food preparation and ensuring safe food handling



4-H Foodstand Schedule

The money raised in the Food Stand is used to support our 4-H programs through scholarships to state 4-H events, transportation to county camp and Discovery Days, volunteer development awards and recognition at Achievement Night, officer training and much more. Here is the schedule of workers for the Food Stand at the Cowley County Fair. An additional Thursday evening shift has been added. 4-H alumni generously give of their time to help raise money for 4-H during this shift. However, current 4-H families are welcome and encouraged to work during this time.

Please assign at least 5 adults to each shift. They are needed to run the cash register, operate the grill and appliances, and help with food preparation.

Each club is REQUIRED to have a team leader. The person must be a responsible adult or teen. Team Leaders should recruit workers, attend the Team Leader meeting on July 11th at 1:30 p.m., or July 20th at 6:00 p.m. at the food stand and turn a list in the office by Thursday, July 20th.

*The schedule has changed due to the declining enrollment in some clubs. Some clubs are combined, leaving longer shifts on Saturday.

Friday, August 4

7:30 - 12:00 Walnut Valley

11:30 - 4:00 Floral

3:45 - 8:15 Rock Creek

8:00 - 11:00 Jr. Leaders/4-H Council/Ambassadors

Saturday, August 5

7:30 - 12:45 Udall

12:30 - 5:45 Tisdale

5:30 - 11:00 Shooting Sports

Sunday, August 6

11:00 - 3:30 Sunrise

3:00 - 7:00 Dexter-Otto

6:45 - 11:00 Cameron

Monday, August 7

8:00 - 3:30 New Horizon

3:00 - 7:00 Burden

6:45 - 11:00 Martha Washington

If members find they cannot work during their club's scheduled time, they are encouraged to contact the Extension Office to sign up and work with another club.

Barn 4 Supervisor Schedule

Supervisors are vital to the success of our county fair. It is how we keep our exhibit areas looking nice, and a way to provide assistance to our many patrons.

Clubs are assigned times to have a committee of at least one adult (1) and two youth present (2) in Barn 4 display area.

If you feel this shift is too long for one committee, form two committees and split your club's responsibilities.

Clubs must turn in names by Thursday, July 21st.

Friday, August 4

6:00-8:30 Walnut Valley, Rock Creek

8:15-10:45 Burden

Saturday, August 5

6:00-8:30 Floral

8:15-10:45 Udall, New Horizon

Sunday, August 6

6:00 - 8:30 Tisdale, Dexter-Otto

8:15 - 10:45 Shooting Sports, Cameron

Monday, August 7

6:00 - 8:30 Martha Washington

8:15 - 10:45 Sunrise

4-H Foods Sale and Auction

4-H food exhibits brought to the Cowley County Fair will be sold. Cakes, cookies, brownies, pies and more will be available either at the food sale or auction.

The food sale will be 11:00 a.m. to 1:00 p.m. The auction will be located in Barn 4 at 5:15 p.m. on Friday, August 4th. Please invite neighbors and businesses to these events. Proceeds will be used toward awards in Barn 4.



Cowley County Fair Horse Show

The 2017 Cowley County Fair Horse Show will be held Saturday, July 29th, 2017 at the Burden Arena. Check-in will begin at 8:00 am.

Cowley County Fair Dog Show

The Cowley County Fair Dog Show will be held Wednesday, August 2nd at 9:00 a.m. in Barn 4 at the fairgrounds. Check-in will begin at 8:30 a.m.

Round Robin Showmanship

Don't forget to check out your favorite showman in the Round Robin. Champion and Reserve Champion winners from the senior divisions of beef, sheep, swine, dairy and horse will compete for Overall Champion and Reserve Champion Livestock Showman. The contest will take place Sunday, August 6th at 6:00 p.m. in the livestock show arena.

Ice Cream Social

The Cowley County Farm Bureau will sponsor an ice cream social Sunday, August 6th following Barnyard Olympics in the show arena (Barn 6). All 4-H/FFA families are invited to enjoy a cool treat at the fair.

Barnyard Olympics

Sponsored by the Cowley County 4-H Ambassadors
Sunday, August 6th
Sign up 12-12:30 pm Starts at 1:30 pm
Teams of 4—4 age groups
(5-6) (7-9) (10-13) (14-18)
(Adult—we always need adult teams!)
A variety of obstacles related to livestock projects.
Awards will be given to the 3 fastest teams to complete the tasks, the best dressed teams, and the team that works best together.

Agricultural Challenge of Champions

The Challenge of Champions will be held Monday, August 7th in the livestock show arena at 11:00 a.m. One individual will be selected to represent Cowley County at the Agricultural Challenge of Champions at the Kansas State Fair. Contestants will complete exams and equipment identification in the following areas: livestock, breeds of livestock, agronomic items, crops, weeds, ag mechanics, farm management and more. See the 2017 Fairbook for a complete list. Pre-

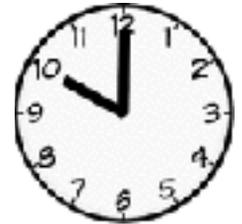
registration is appreciated, please contact the Extension Office. (620-221-5450)

Buyer's Barbecue

The Buyer's Barbecue is held each year to show our appreciation for the community support of our livestock sale. This year's event will be held Monday, August 7th from 5:00-6:30p.m. in the picnic area. Each club must have one representative present at 3:30 to set up. Three representatives from each club (2 youth, 1 adult) must be present from 4:45-6:45p.m. to assist with tickets, serving and clean-up. Be sure to thank your buyers after the sale and in the community!

Livestock Release Time

All livestock will be released from the fair Monday, August 7th at 10:00pm. Exhibitors must check out with the appropriate superintendent and sign in the following morning for clean up. You will not be allowed to load animals until 10:00 p.m.



Help Us Improve the Fair

What can we do to improve the Cowley County Fair? This is the procedure you should follow:

1. Fair suggestions must be submitted to the attention of the 4-H PDC in writing. Electronic versions (email/fax) will also be accepted. Verbal recommendations will not be considered.
2. Your suggestions must be signed and dated. Suggestions will not be considered without a dated signature.
3. All suggestions are due by September 1st at 5:00 p.m. Suggestions will not be considered after the deadline.
4. Suggestions should be turned in or mailed to: Cowley County Extension Office, 311 E 9th, PO Box 538, Winfield KS 67156. The 4-H Program Development Committee reviews all department evaluations and acts on written recommendations which are then made to the Fair Board. Verbal recommendations CANNOT be considered.

Lexi's LAMB Foundation is always striving to bring a smile to a child's face.

No parent, family member, or friend hopes to have a sick child or a child with special needs. Everyone just wants a healthy and happy child. When faced with the challenge of having a child who wasn't completely healthy, the only choice we saw was to meet the challenge head on.

Working through the challenges we faced helped us realize that we were given a new mission in life. That mission was to help other families who face similar obstacles. We want to help by providing support to these families. Sometimes the only thing needed is a prayer and someone to talk to. Other times maybe a toy or a stuffed animal to help bring a smile to the child's face.

Do-Rag Sunday

Audrie Bailey (Cowley County 4-her) has been raising money for Lexi's Lamb Foundation for 3 years. This is her last year, as she has graduated high school and will be going on to college. Audrie is partnering with Madison Sultz this year. Madison will carry the project on in future years. Please help Audrie and Madison make a new record, the best year yet by purchasing a bandana for \$3. All proceeds are given to Lexi's LAMB Foundation, to help children fight a variety of illnesses and diseases. The bandanas will be available from July 15th through August 6th at the Extension Office and Health Center Pharmacy (Winfield) or the 4-H Foodstand during the fair. We encourage you to wear your bandana/do-rag on Sunday August 6th, at the fair. Audrie and Madison greatly appreciate your support!

News from Zia Gaines: "I woke up in Japan! I can't believe that's Japan out there!"

That's what I said when I woke up at 3:30 in the morning after going to sleep my first night in Japan.

Jet lag is a real thing!

Japan is 14 hours ahead of time in Kansas, so when it's midnight in Kansas it is 2:00 in the afternoon here.

There are 18 delegates from the United States and 2 from Australia that went together from Seattle to Tokyo.

I had never even flown in an airplane before! But now I have gone over 6000 miles and spent over 15 hours in a plane! I like flying! Landing, not so much.

They gave us food to eat on the bus from the airport that was my first thing I ever ate in Japan. I will always remember it was rice, French fries, and meatloaf. (in Tokyo on the way to the 1964 Olympic dorm where they spent the night before meeting their host families the next day)

I had to stand at a podium to give my self introduction in Japanese to the whole room full of host families and staff. I had a cheat in case I forgot how to say something!

I love my host family!

Yuka-san and Yukino (her host mom and sister who she already met in KS) came to get me. We rode the bus to the train station in Shibuya, and then took the train to Yokohama, then walked to the car where Mr Inamura was waiting.

The bus stop was right by the statue of Hachiko! (the loyal dog) We were at Shibuya (train) Station and we crossed the street at Shibuya Crossing (the busiest pedestrian intersection in the world, 2500 people cross together during rush hour). I get off the train here everyday when I go to language school.

Some of the signs are in English. Hearing so much Japanese is interesting. I don't understand much, but can make out some words.

Some of the time Yuka-san and Yukino talk to me in English. Mr Inamura doesn't speak English, and Shino and Kano (her other 2 host sisters) don't know very much and are shy about trying.

The first meal the Inamura's fixed was

Rice (of course)

Pork meatball

Pickled seaweed soup

Spinach

Japanese radish

Pickled radish

Raw tuna

and Squid

They put the food on a flat piece of seaweed and eat it like a taco.

Later we went to the Ramen Museum and ate Ramen noodles!

I sleep on a kind of fold-out bed. It folds up in the middle and gets pushed against the wall. I sleep in the room with all 3 of my host sisters. Everything is small!

It's hot here! (VERY humid!)

—Zia Gaines, Sunrise 4-H Club



Kansas State Fair Info

Kansas State Fair Livestock Entries

Kansas State Fair Livestock Entries are due to the State Fair July 15th. All youth entry forms may be submitted online, however, must be printed off and signed by authorized agents, parents, and exhibitors before entry form is complete. Entries may be mailed or faxed to: Kansas State Fair, Attn: Competitive Exhibits, 2000 N. Poplar, Hutchinson, KS 67502, Fax # 620-669-3640. Entry information is available at www.kansasstatefair.com, go to "Competitions", choose "Exhibitor Handbook Information", then scroll down to the links for "Market Animals" and "Breeding Animals" under the "Midwest Ford Grand Drive" heading. Printable and electronic entries are available.

What Can I Exhibit at the Kansas State Fair??

If your 4-H Age is 9 and older, you are eligible to enter a purple-ribbon exhibit from the Cowley County Fair for judging at the Kansas State Fair in the 4-H Division: photos, food items, gift baskets, educational displays, some notebooks, entomology educational display, entomology collection, clothing construction, horticulture, field crops, floriculture, fiber arts, rabbits, energy management, robotics, rocketry, astronomy, geology collection, geology educational display, woodworking, Shooting Sports educational display, wildlife educational display, poultry, demonstration/illustrated talk and forestry notebook.

Two Senior Division Champions may be selected in Fashion Revue Buymanship and Constructed categories to compete at the Kansas State Fair.

Judges will choose six Visual Arts exhibits to be displayed at the Kansas State Fair.

It is the member's responsibility to complete pre-entry by August 11th in order to exhibit at the Kansas State Fair. Pre-entries may be made in the 4-H office at the Cowley County Fair or in the Extension Office following the fair.

No phone entries will be accepted.

Kansas State Fair Volunteers

The highlight of the Kansas 4-H program is the Kansas State Fair. This year's State Fair is September 8th-17th. It takes many volunteers to make the State Fair a success.

We are currently looking for some good volunteers to help. If you are interested in assisting at the State Fair, please contact Kelsey by Friday, Aug. 4th. Gate tickets are provided for the days that you volunteer. Job descriptions and details of the opportunities available can be obtained at the Extension Office.

Purchase Your Kansas State Fair Admission Tickets and Parking Passes

Kansas State Fair gate admission tickets and (some) parking passes can be purchased at a discounted rate through the Cowley County Extension Office prior to the Kansas State Fair. Orders must be placed by Monday, August 7th (*this is earlier than in years past*) and payment must be received at the time the order is placed. Tickets will not be ordered unless payment is received prior to ordering.

Contests, Events and Activities at the Kansas State Fair

Did you know that the state fair has so much more for 4-H members to participate in beyond sending an exhibit?

Here are a few contests 4-H'ers 9 and older can participate in:

Demonstration/Illustrated Talk Contest (must have received a Top Blue at County 4-H Day)

Rabbit Judging

Crops Identification Contest

Photography Judging Contest

Poultry Judging Contest

The Kansas State Fair 4-H Department is always looking for youth and adult volunteers to assist with check-in, judging and check-out of 4-H exhibits. This is a great opportunity to meet others from across the state who share a similar interest, learn more about a project area, or just add to your leadership skills!

To get involved in a contest, or to volunteer at the State Fair, registration is as simple as entering a State Fair exhibit by August 11th in the Extension Office or in the 4-H Fair trailer at the Cowley County Fair.

July 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25 Sunny Hills Camp	26 4-H Campfire	27 4-H Campfire	28	29	30	1
2 4:30 PM Burden 4-H Mtg 5:00 PM Rock Creek 4-H Mtg	3 7:00 PM Dexter/Otto 4-H Mtg 7:00 PM Floral 4-H Mtg 7:00 PM Maria Westington 4-H Mtg 7:00 PM Tibbale 4-H Mtg	4 Independence Day	5 5:00 PM PRE-ENTRIES DUE!!! 7:00 PM UGall 4-H Mtg	6 5:30 PM Extension Council Board Mtg	7 1:00 PM sUAS/ Aerial Photography	8
9 4:30 PM Burden 4-H Mtg 5:00 PM Rock Creek 4-H Mtg	10 7:00 PM Cameron 4-H Mtg 7:00 PM Walnut Valley 4-H Mtg 7:00 PM New Horizon 4-H Mtg 7:00 PM Sunrise 4-H Mtg	11 1:30 PM Food Safety at the Foodstand 7:00 PM Rabbit Project Mtg	12	13	14 6:30 PM Poultry Testing	15 8:00 AM Poultry Testing
16	17 1:00 PM Modeling Workshop	18	19 1:00 PM Photography Project Mtg	20 4:00 PM Food Judging help w/ Jennifer 6:00 PM Food Safety at the Foodstand	21	22
23	24	25 4-H Clothing/Fashion Review 7:00 PM 4-H Clothing Public Review 7:00 PM Rabbit Project Mtg	26	27 5:30 PM Watermelon Feed 6:00 PM 4-H Council 6:00 PM Junior Leaders 6:00 PM Ambassadors	28	29 8:00 AM Horse Show
30	31	1 8:30 AM Dog Show 7:00 PM UGall 4-H Mtg	2	3	4	5

August 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	1	2



K-State Research and Extension

Cowley County

311 E. 9th

Winfield, KS 67156

620-221-5450, fax 620-221-5451

I pledge...

My **head** to clearer thinking

My **heart** to greater loyalty

My **hands** to larger service and

My **health** to better living
for my club, my community,
my country and my world



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K-STATE RESEARCH AND EXTENSION
COWLEY COUNTY
311 E. 9TH
WINFIELD, KS 67156

**Have you turned
in your Pre-Entry
form???**
Due July 5th
NO LATE ENTRIES
EXCEPTED