



4-H FLASH

Cowley County 4-H News

November 2016

Cowley County Extension
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Being a Host

Typically, when we are talking about being a host, we think of things like serving as hosts for a 4-H club meeting. As hosts for the meeting, we are responsible for setting up the meeting room, providing refreshments and cleaning up when the meeting is over. As hosts, we think about hosting others in our home- maybe for a family dinner or gathering of friends. What are some of the concepts that constitute a "good host"? In our homes, we usually provide a neat, clean environment. Preparation may include cleaning house, putting things away, tidying up and preparing a meal. If the event has a theme, we might decorate to reflect the theme and provide refreshment that reflects that.

What are some other things that a good host does? A good host is welcoming. They greet others warmly, and make the guests want to attend. This would include a greeting at the door, introductions, maybe a handshake and a smile. Good hosts

explain where things are and provide information that is helpful to the visitor(s).

I bring up the topic of being a good host this month not because our 4-H families are doing a poor job of providing great refreshments at club meetings and not because Thanksgiving is coming up. This is the beginning of the new 4-H year. Many clubs will have new visitors to our club meetings this month. Families will visit different clubs to find out which is the right fit for them and if Cowley County 4-H is the right fit. As 4-H members, we get used to the way we do things. Sometimes, we take for granted that 4-H has it's own language and traditions. These are new or different to visitors and can be intimidating or frustrating as a newcomer.

It is important for all of us to remember to be good hosts throughout the 4-H year. Welcome new families into your club, don't just leave it up to your leader(s). Recognize that you have visitors and answer any questions

that they might have. Let them know what generally happens during the meeting and share some of the fun things you do throughout the year. Make yourself available to help a new family. After they have attended one meeting, welcome them back at the next meeting. Even families whose parents grew up in 4-H need to be made to feel welcome. 4-H is an ever evolving and changing organization. It's important to give all of our members the tools they need to be successful and help them enjoy their 4-H experience. Welcoming that new family at your next meeting could mean developing a lifelong friendship!

—Kelsey Holcomb



Extension Office Closed

The Cowley County Extension Office will be closed Friday, November 11th in observance of Veteran's Day. We will re-open Monday, November 14th.

We will also be closed Thursday, November 24th & Friday, November 25th for the Thanksgiving holiday.

In this issue:

2017 Online Enrollment

2016 Achievement Night

Project Leaders



2016-2017 enrollment is underway.

If you have not re-enrolled, please log on to ks.4honline.com and complete the process for every 4-Her and adult volunteer in your household. (you already have a profile if you were enrolled last year). Be sure to answer ALL the health questions and health insurance information including the policy number.

Barn 4 Awards

If you ordered Chamber Bucks or plaques for your Grand Champion and Champion awards, they are available for pickup. Please make arrangements to do so asap.

State Fair Entries

We have a few state fair entries that have not been picked up. Please make arrangements to do so asap.

Upcoming Meetings

All 4-H'ers 12 and older are invited to Junior Leaders! Attend the November 21st meeting to learn more about Junior Leaders.

4-H Council and Junior Leaders will meet Monday, November 21st in the Extension Office Meeting Room. 4-H Council will meet at 7pm followed by Junior Leaders at 7:45pm.

If you were selected to represent your club at 4-H Council and find you cannot attend, please let your leaders know and find another member to serve in your place.

4-H Achievement Celebration

Join us Saturday, November 12th in the cafeteria of Winfield High School, 300 Viking Blvd. Winfield as we celebrate the achievements of our 4-H members. Doors will open at 5:30 p.m. and dinner will begin at 6:00. Each family is asked to bring a covered dish for the dinner. Table service and drinks will be provided. Members who completed KAP's, Achievement Pin Applications and Scholarship Applications will be recognized, as well as state to national contest participants, community leaders to Cloverbuds. Clubs will be recognized with Club Seals for their annual accomplishments and service.

Membership

In order to be a regular member of Cowley County 4-H, the member must be 7 before January 1st, 2017.

4-H Family Handbook

The 4-H Family Handbook is available to all 4-H members. Come into the office to pick up your copy today, or visit www.cowley.ksu.edu.

Project Materials

The Extension Office has a variety of project materials and curricula available for checkout and/or purchase. Please contact the Extension Office for more information.

Thank you

Cowley County 4-Hers participated a state-wide community service project called 48 Hours of 4-H. On October 8th and 9th, 4-Hers across the county, along with their families and friends, gave back to their communities. Projects varied from providing child care at the community-wide baby shower to clearing fallen branches on the campgrounds at the fairgrounds.

To all the 4-Hers, families, and friends who participated in a 48 Hours of 4-H project this year: THANK YOU!! :) -Zia and Hayden Gaines

Shooting Sports News

Club Meeting

Sunday, Nov. 6th @ 5p.m. at New Hope Fellowship, 19195 61st Road, Winfield.

Air Discipline

Sunday, Nov. 6th @ 2p.m. at the Winfield Fairgrounds.

Archery

Thursday, Nov. 10th & 17th at 6:30 p.m. at the Winfield Fairgrounds.

Shotgun Discipline

Sunday, Nov. 20th 2 p.m. at the Meadow.

For more information, contact Shooting Sports Coordinator, Austin Waite at 222-1982 or cowley4hshootingports@gmail.com

Updates in between Flash Newsletters can be found on the Facebook page, Cowley 4H Shooting Sports. For more information on program, go to www.4hshootingportscowleyks.com.



Bylaws

A club's constitution and bylaws help to define and outline the administration of a club. It is imperative that new clubs determine their constitution and bylaws before becoming chartered by the National 4-H Council. The articles of the constitution and bylaws determine the official name of the club, state where and when meetings will be held, set up how business will be conducted, determine officers and even allow for planning of dissolution. Officers of existing organizations should review the club's bylaws annually. Clubs should also provide a copy of their bylaws to the Cowley County Extension Office. Officer teams that have not reviewed current bylaws are encouraged to do so under the guidance of adult leadership. A sample constitution and bylaws may be found at www.kansas4-h.org/p.aspx?tabid=498

Grant Funding Information

Is your club thinking about applying for grant funds for an upcoming event or activity? At the July 2013 meeting, the Cowley County Extension Council Executive Board voted to review all grant submissions made in the name of 4-H (any applicant, any funding source). This step will allow the Cowley County Extension Council Finance Committee to review all submissions to provide insight and suggestions. This also insures that the 4-H clover is used appropriately and non-discrimination/equal opportunity components exist. There are also situations where funds might have to be processed through Kansas State University.

If your club or project leaders are considering grant applications or extra funding sources, please submit in writing a copy of the grant application to Kelsey at least 5 business days prior to the grant deadline. We encourage creativity in fundraising and applaud the efforts of groups seeking external funding sources.

Clover Buds

Clover Buds are youth ages 5 and 6 enrolled in the 4-H Clover Bud program. Clover buds participate in hands-on, age-appropriate learning experiences giving them a preview the Cowley County 4-H Program. Audree Gottlob, 4-H Clover Bud leader has scheduled activities for all 4-H Clover Buds the third Thursday of every month at 7:00 p.m. in the Extension Office Meeting Room.

To participate, enroll your 5 or 6 year old in ks.4honline.com and attend your first meeting November 17th.

Junior Leaders

Junior Leaders is a monthly leadership group for 4-H members age 12 (before January 1 of the current program year- 2017) and older. They meet the 3rd Monday of each month. On odd numbered months, the meeting will begin following 4-H Council (7:45), and on even-numbered months, the meeting begins at 7:00. All meetings are held in the Extension Office Meeting Room. Junior Leaders complete a leadership project annually as individuals, participate in service projects, raise money for a bi-annual trip and take a group trip bi-annually. Adult leadership is Myles and Kim Grant. To enroll, click on "groups" in your 4-honline enrollment and add "Junior Leaders".

Extension Council Elections

The Cowley County Extension Council is comprised of four Program Development Committees (PDC's) that work with County Extension Agents to develop and direct the work of our organization to meet the needs of Cowley County citizens. The PDC's are Agriculture/Natural Resources, Family and Consumer Sciences, 4-H Youth Development and Community Development. Extension Council elections are held annually to elect PDC members to a two-year term. The Extension Council Executive Board is a nine-member board elected from the PDC's to serve a one-year term to assist with overseeing the work of Extension in Cowley County.

Extension Council Elections will be held November 19th 5 p.m. to 6:30 p.m. at Baden Square 700 Gary St. Winfield.

Cowley County citizens of voting age (18) are welcome and encouraged to vote.

Dairy Cattle Project

If you are in the Dairy project, please contact Becky Henderson about picking out your calf for the 2016-2017 program year. It's time to get started so the calves can be calm and ready by fair. Please call her at 620-438-3598 (home) or 620-222-1213 (cell).



County Committees

Serving on a county-wide committee is a great way to get involved and provide some input into our activities. Sign up is ongoing throughout the year and will begin at the September 4-H Council Meeting. A complete listing and description of each committee is listed below. If you see a committee you'd like to be involved with, please contact Kelsey.

Achievement Celebration Committee

Committee Duties:

Select committee co-chairs and an adult advisor.

Select a date for the celebration. The traditional date is the first Saturday in November. A date should be selected at the May or July 4-H Council meeting.

Select where the celebration will be held.

Select a theme for the celebration, plan/collect decorations and purchase paper goods and drinks.

Design the cover for the Achievement Celebration program.

Plan and prepare decorations for the location and set them up prior to the program.

Clean up decorations and facility after the program. Return all items to appropriate places.

Extension Office Duties:

Organize all awards and the script.

Provide signs and set-up supplies as needed by the committee.

Publicize event in the 4-H newsletter.

Answer any questions of the committee.

Contact award presenters.

Correspond with the school and book the location.

Club Day Committee

Committee Duties:

Select committee co-chairs and two adult advisors.

Select a date for Club Day. A date should be selected at the May or July 4-H Council meeting.

Select where Club Day will be held.

Recommend judges at the November meeting.

One judge should be secured per room.



Publicize the event in local news media.

Be available to assist with room set up on Friday afternoon, the day prior, to the event.

Be available the day of the event to work at the front "Information Table" and to check on judges periodically during the day.

Bring judges items they need, and collect score sheets for the tabulation room.

Check in with each room to be certain that room monitors are present, and find substitutes in the event of an absence.

Sort completed score sheets by club.

Be available to assist with room clean up on Saturday late morning. Rearrange classrooms, and return all items to the appropriate location.

Return all Extension supplies (easels, ribbons, score sheets, pencils, tape, signs, etc.) to the Extension van.

Extension Office Duties:

Collect entries and produce a schedule for the event.

Send judging correspondence to judges.

Orientate judges prior to the judging start time.

Provide paper, pencils, judge packets, door signs and other supplies as needed by the committee.

Publicize the event in the 4-H newsletter, and assign clubs rooms and time slots for room monitoring.

Answer any questions of the committee.

Correspond with the school and book the location.

Fashion Revue Committee

Committee Duties:

Select committee co-chairs and two adult advisors.

Select a theme for the public fashion revue by the May 4-H Council meeting.

Plan and prepare decorations for the public fashion revue.

Set up and decorate prior to the evening public fashion revue.

Clean up stage decorations and fashion revue location. Return all items to appropriate places.

Committee members may also be asked to help with judging tear down.

Recruit script readers.



Fashion Revue Committee con't

Extension Office Duties:

Provide signs, judging supplies and other office supplies needed by the committee.

Handle all details associated with the judging portion of the day.

Secure judges for the judging portion.

Write the script for the public fashion revue.

Provide resources needed by the judges.

Book the location of the judging and the public fashion revue.

Answer any questions of the committee.

National 4-H Week Committee

Committee Duties:

Select committee co-chairs and two adult advisors. Determine county-wide events using the National 4-H Week theme.

Promote Cowley County 4-H during National 4-H Week.

Publicize 4-H Week events in appropriate media outlets.

Extension Office Duties:

Print needed signs.

Publish events in the 4-H newsletter.

Answer any questions of the committee.

Correspond with Community Leaders.

Finance/Policy Committee

Committee Duties:

Select committee co-chairs and two adult advisors.

Determine the annual 4-H Council budget under the guidance of the 4-H Agent.

Present the budget to the 4-H Council at the November meeting for approval.

Extension Office Duties:

Keep record of funds spent for budget line items.

In cooperation with the Treasurer, pay 4-H Council bills.

Answer any questions of the committee.

Fair and Shows Committee

Committee Duties:

Select committee co-chairs and two adult advisors.

Determine needed foodstand improvements and present to 4-H Council for approval.

Coordinate needed improvements of the foodstand.

Purchase supplies to make foodstand improvements.



Plan the program for 4-H Sunday at the fair.

Promote 4-H Sunday at the fair.

Secure speakers for 4-H Sunday at the fair.

Extension Office Duties:

Publicize foodstand work days.

Check out foodstand key to committee chair(s).

Print 4-H Sunday programs.

Publish events in the 4-H newsletter.

Answer any questions of the committee.

Awards Committee

(Adults Only)

Committee Duties:

Select committee co-chairs.

Provide training to families on completing KAP's and 4-H records.

Provide training to screeners to judge record books.

Coordinate dates and times to screen record books.

Recruit volunteers to screen record books.

Provide a list of record book screening results to 4-H Agent.

Determine judging criteria for scholarships and award applications.

Meet with 4-H Agent/4-H PDC to approve record screening process as needed.

Extension Office Duties:

Print information.

Provide information to members.

Publish information in the 4-H newsletter.

Update information on the Cowley County Extension Website.

Answer any questions of the committee.

Correspond with Community Leaders.

Consumer Judging Contest Committee

Committee Duties:

Select committee chair(s)

Develop judging classes

Plan and coordinate county-wide Consumer Judging Events

Extension Office Duties:

Print information

Provide information to members.

Publish information in the newsletter

Answer any questions of the committee.

Provide consumable/print materials.



4-H Council 101

Facts about 4-H Council:

- Meetings last about an 30 minutes.
- All meetings begin at 7:00 p.m.
- Meetings are held at the Extension Office Meeting Room located in the Cowley County Courthouse.
- 4-H Council has a President, Vice President, Secretary/Reporter and Treasurer. Officers are elected at the September meeting.
- There are 6 meetings held in a year.
- Meetings are held on the third Monday of every other month, except January, due to holiday conflicts and July.

Meetings for the 2016-17 year are:

November 21st, January 23rd, March 20th, May 15th, July 29th and September 18th.

What to Expect:

- Council meetings are called to order by the President. A person is selected, by the President, to lead the group in the flag salute and 4-H pledge.
- Officer reports are then given, followed by an agent report.
- Committee reports are given.
- New business is discussed and votes are taken.
- Announcements are offered, followed by adjournment



4-H Council is an organization that represents the views of each club. As a representative, you represent your club's viewpoints during 4-H Council. The representatives are responsible for taking information back to the 4-H Club. If a representative must be absent, it is recommended that a replacement be found for that meeting.

Help Wanted

Cowley County 4-H seeks County-Wide Project Leaders for the upcoming year to provide positive learning experiences for 4-H youth. The volunteer(s) in these positions would be responsible for the following:

-hold at least 6 educational project meetings/ activities for project members throughout the year.

-serve as a resource to project members

-work under the direction of the Cowley County 4-H Agent with direction from the 4-H Youth Development Program Development Committee.

-communicate with families enrolled in the project(s)

Volunteers need not be current 4-H parents/ family members.

To apply, contact the 4-H Agent at holcombk@ksu.edu or 620-221-5450. All volunteers will be asked to enroll as a volunteer at ks4honline.com and must complete the volunteer screening process including: volunteer service application, 2-part criminal background check, orientation and review by 4-H PDC and Extension Council.

County-wide Project Leaders

The following volunteers are serving as county-wide project leaders:

- Austin Waite- Shooting Sports Coordinator and Shotgun
- Dustin Crittenden- Shooting Sports, Shotgun
- Jared Crittenden- Shooting Sports, Shotgun
- Joshua Roberts- Shooting Sports, Shotgun
- Joe Rasico- Shooting Sports, Archery
- Gary Orr- Shooting Sports, Archery
- Billy Lemon- Shooting Sports, Archery
- Kyle Bliss- Shooting Sports, Archery
- Brian Hopkins- Shooting Sports, Air Disciplines and Small Bore
- Tim Evans- Shooting Sports, Air Disciplines
- Brett Bannon- Shooting Sports, Air Disciplines
- Bill Wollard- Shooting Sports, Air Disciplines
- Jason Mill- Shooting Sports, Air Disciplines
- DJ Holland- Shooting Sports, Air Disciplines
- Greg Dixon- Shooting Sports, Hunting Skills
- Angie Krepps- Horse and Leathercraft
- Brayden Krepps- Jr. Project Leader, Horse and Leathercraft
- Anna Hixon- Jr. Project Leader, Horse
- Jamie McGee- Rabbits
- Brian and Vickie Thiel- Swine
- Torrie Thiel- Jr. Project Leader, Swine
- Dale Weishaar- Entomology
- Todd and Cheryl Shepherd- Astronomy, Poultry
- Shirley Douglas- Crochet
- Audree Gottlob- Clover Buds
- Becky Henderson- Dairy
- Mary Foster- Food Preservation
- Vernan Stout- Horticulture/Floriculture, Food Preservation
- John Stout- Jr. Project Leader, Horticulture/ Floriculture
- Peter Stout- Jr. Project Leader, Horticulture/ Floriculture
- Alex Ritzema- Health and Wellness



2nd Annual “Fall For Extension”

Hosted by “Friends of Cowley County Extension”

Cowley County Extension | P.O. Box 538, Winfield, KS | (620) 221-5450 | www.cowley.k-state.edu

RAFFLE – RAFFLE – RAFFLE - RAFFLE

Please join **K-State Research & Extension** in purchasing and selling raffle tickets for our 2nd annual “Fall for Extension” special event! The lucky winner need not be present to win! Drawing to be held Saturday, November 19, 2016.



Raptor® Hustler® Zero-Turn Riding Mower

For serious high performance zero-turn mowing at the best value, you need the Hustler® Raptor®. The Raptor® is designed to the highest standards, and built with the same great quality Hustler® has been committed to for over 50 years. Welded steel deck, exclusive SmoothTrak™ steering, and industry leading 3-year warranty.

VALUED AT \$2,799

Sponsored by: Grouse Valley Equipment, Rich & Sue Helsel

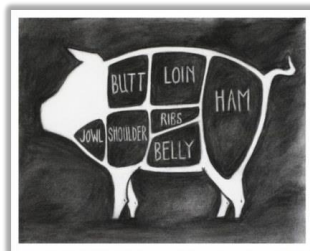


Louisiana Wood Pellet Grill – Model LG900

A timeless classic, this cook everything grill is known for its heavy duty construction & cooking versatility. 913 square inches of cooking space, 48,000 BTU, with digital control, meat probe, and porcelain coated cast iron main cooking rack.

VALUED AT \$1,000

Sponsored by: Schmidt and Sons, Inc.



Whole Hog with Processing

A whole hog with standard processing to be delivered to Cedar Vale Locker on Friday, November 18. The winning raffle ticket winner will call on Monday with cutting instructions.

VALUED AT \$350

Sponsored by: A&L Show Pigs, Alan & Lewis Alberding & Cedar Vale Locker

TICKETS ON SALE NOW!

\$10 EACH OR GET THREE TICKETS FOR \$25!

Winner need not be present to win! Three separate drawings, please indicate choice on ticket. Non-designated tickets will be placed in the mower drawing. Drawing to be held Saturday, November 19.

Tickets are available from the following “Friends of Cowley County Extension” – Beau Bailey, Tina Bailey, Roger Black, Jessie Bradley, Carrol Campbell, Jeanie Campbell, Shana Drake, Brenda Hicks, Jim McClung, Kent Miller, or the Cowley County Extension Office.

November 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31	1	2	3	4	5
<ul style="list-style-type: none"> 2:00 PM Air Disciplines 5:00 PM Shooting Sports Club Mtg 	<ul style="list-style-type: none"> 7:00 PM Floral 4-H Meeting 6:30 PM Dexter/Otto 4-H meeting 7:00 PM Martha Washington 4-H Meeting 7:00 PM Tisdale 4-H Meeting 	<ul style="list-style-type: none"> Flash info to Cindy 	<ul style="list-style-type: none"> 7:00 PM Udall 4-H 	<ul style="list-style-type: none"> 5:30 PM Extension Council Board Meeting 	<ul style="list-style-type: none"> Veteran's Day - Office Closed 	<ul style="list-style-type: none"> 6:00 PM Achievement Night
6	7	8	9	10	11	12
<ul style="list-style-type: none"> 4:30 PM Burden 4-H 6:00 PM Rock Creek 4-H 	<ul style="list-style-type: none"> 7:00 PM Walnut Valley 4-H 7:00 PM Sunrise 4-H Meeting 7:00 PM Cameron 4-H 7:00 PM New Horizon 4-H 			<ul style="list-style-type: none"> 6:30 PM Archery 		
13	14	15	16	17	18	19
<ul style="list-style-type: none"> 2:00 PM Shotgun 	<ul style="list-style-type: none"> 7:00 PM 4-H Council 7:50 PM Junior Leaders 			<ul style="list-style-type: none"> 6:30 PM Archery 		<ul style="list-style-type: none"> Extension Council Elections 5:00 PM Fall for Extension Special Event
20	21	22	23	24	25	26
27	28	29	30	1	2	3
				<ul style="list-style-type: none"> 5:30 PM Extension Council Board Meeting 		

December 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	1	2	3
<ul style="list-style-type: none"> 2:00 PM Air Disciplines 5:00 PM Shooting Sports Club Mtg 	<ul style="list-style-type: none"> 7:00 PM Floral 4-H Meeting Dexter/Otto Meeting 7:00 PM Martha Washington 4-H 7:00 PM Tisdale 4-H Meeting 	<ul style="list-style-type: none"> 7:00 PM Udall 4-H 	<ul style="list-style-type: none"> 5:30 PM Extension Council Board Meeting 	<ul style="list-style-type: none"> 6:30 PM Archery 		
4	5	6	7	8	9	10
<ul style="list-style-type: none"> 4:30 PM Burden 4-H 6:00 PM Rock Creek 4-H 	<ul style="list-style-type: none"> 7:00 PM Cameron 4-H 7:00 PM Walnut Valley 4-H 7:00 PM Sunrise 4-H Meeting 7:00 PM New Horizon 4-H 					
11	12	13	14	15	16	17
<ul style="list-style-type: none"> 2:00 PM Shotgun 	<ul style="list-style-type: none"> 7:00 PM 4-H Council 7:50 PM Junior Leaders 			<ul style="list-style-type: none"> Flash info to Cindy Club Organiz... Reports Due 6:30 PM Archery 	<ul style="list-style-type: none"> Extension Office Closed 	
18	19	20	21	22	23	24
	<ul style="list-style-type: none"> Extension Office Closed 					
25	26	27	28	29	30	31
	<ul style="list-style-type: none"> Extension Office Closed 					



I pledge...

My **head** to clearer thinking
My **heart** to greater loyalty
My **hands** to larger service and
My **health** to better living
for my club, my community,
my country and my world

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Are you enrolled? Don't
miss out on the Flash, get
enrolled now!