You've signed up to present a talent, talk about a project, or play an instrument at 4-H Day. Now what?

**Scheduling:**
The Extension Office works hard to meet the needs of 4-H families when scheduling the various presentations for 4-H Day. If you have a special request for a time, please let us know early. We do our best to schedule presentations with plenty of time between so that a member has time to prepare. The schedule will be completed the week of January 25th and mailed/emailed with the February 4-H Flash.

It is helpful to arrive at the Winfield Middle School at least 15 minutes prior to your scheduled presentation. If the room is running ahead of schedule and you would like to present early, you are welcome to do so. However, we would never force a member to present prior to their scheduled time. We ask that presenters arrive promptly and pay careful attention to time out of respect for the judges and other presenters.

We understand that things come up. If you find after the schedule has been sent out that you need to switch times with another member, we will do our best to accommodate you. Likewise, if you know ahead of time that you will not be performing/presenting, it is helpful if you contact the Extension Office so that we can make those notes to the schedule. You can contact us by phone at 620-221-5450, 620-441-4565, or email Kelsey at holcombk@ksu.edu.

**When You Arrive**
You will enter the Commons Area of Winfield Middle School. An information table will be available directing you to the rooms that the performances will take place in. Results will also be posted near the Information Table. When you arrive at the room in which you are scheduled to present, please check in with the room monitor so that they know you are there. You are welcome and encouraged to listen to other members present. Please be courteous: Listen to the entire presentation without leaving, sit quietly and do not attempt to enter a room while someone else is presenting.

Once you have completed your presentation, you are encouraged to visit with the judge. The judge may ask you questions and/or offer advice. Answer honestly and openly. They are here to give feedback and help us to improve. Be respectful of those presenting after you and quickly clean up your area before conferencing with the judge.

**How Long Should My Performance Last?**
Performance times depend on the type of talent or presentation you are giving. Specific times can be found in the 4-H Day Guidelines on the county website (www.cowley.ksu.edu). Guidelines will also be mailed and emailed to families.

**Musical Talent:**
Musical Talent including Instrumental, Vocal and Piano solos and ensembles will be presented in the Band and Vocal Rooms. **Please note that no private practice rooms are available. You are welcome to find a quiet hallway or warm up in the Commons Area. Please arrive early and give yourself plenty of time to warm up prior to your scheduled performance.**
“I’m really nervous. What if I mess up???”
Mistakes are sometimes made when presenting a talent or giving a presentation. It is important to do your best, but understand that it’s ok to make a mistake. Just take a deep breath, relax and go on. 4-H Day is a great opportunity to learn from knowledgeable, caring adults who are here to provide constructive feedback. If you have a question about how you can improve your talent, don’t hesitate to ask the judge. That’s what they’re here for!

What’s the Difference Between a Project Talk, Demonstration and Illustrated Talk?
Project Talks are given by Intermediate and Junior members about a 4-H project that they are enrolled in. A Demonstration or Illustrated Talk demonstrates or shows how to do something. When giving a Demonstration, the member will show how to do something live. An Illustrated Talk uses posters or visual aids to show how to do something. For example, a member may give a Demonstration on making cinnamon rolls and would have all the ingredients available and actually make cinnamon rolls. A member giving an Illustrated Talk may want to teach how to set goals, so they would use posters illustrating and outlining the steps. Information about duration and judging points is available in the Guidelines for 4-H Day. You can also find helpful publications about writing and creating your talk at www.cowley.ksu.edu or by visiting the Cowley County Extension Office.

Public Speaking and Impromptu Public Speaking
These two areas are a great opportunity for Senior members to really hone their public speaking skills. Public Speaking is a speech given by a member on a topic of their choosing. It does not have to be about a project in which the member is enrolled. It could be a speech that the member has given in another setting at school or for another organization. Time limits and guidelines are given in the 4-H Day Guidelines. An Impromptu Speech is a test of a member’s ability to organize their thoughts and present their ideas and opinions. The member draws a topic on which to speak and is given time to develop and practice their speech before presenting it to the judge.

Multimedia Presentation
Multimedia presentations are an opportunity for members to present information about a project utilizing electronic or media tools to enhance the presentation. Multimedia Presentations include Powerpoint, Video or other media. All Multimedia Presentations will be in one division, rather than separated by age.

Reading
Reading is an opportunity for members to share their creativity and dramatic reading abilities utilizing a favorite story, book excerpt or poem. A Reading does not have to be memorized.

Show and Share
Show and Share is a new, non-competitive division for first and second-year 4-H members. Participants present information on a topic to a “judge” to receive feedback. The topic does not have to be project-related.

Skits, Drama, One-Act Plays
This is a great opportunity for a club or group of 4-H’ers to work together and have some fun! Write your own short play, or find one that is fun to do. Drama gives members a way to be creative and work together as a club or group.

Other Talent
Do you have another talent that doesn’t really fit in anywhere else? Comedy acts, puppet shows, marionettes, mimes, etc. fit in this category.

Model Meeting
Clubs are invited to test their Parliamentary Procedure skills and learn how to properly conduct a meeting by taking part in the Model Meeting. A club presents a meeting before a judge complete with business, motions, and a program. This is a great opportunity to learn how to be better organized as a club and learn how a meeting works.
**Pickle Power**
Pickle Power is a unique division for younger 4-H members and Clover Buds (5 and 6-year-olds). Each member is given two situations to choose from. It puts the member “in a pickle” so to speak and they are asked to explain to the judge what they would do. Pickle Power is an opportunity for youth to speak one-on-one with an adult and discuss their decision. It helps youth to go through the decision making process and develop their reasoning skills. Pickle Power is a non-competitive division and each participant receives a prize.

**Consumer Judging (FACS Judging)**
Consumer judging is offered in three age divisions: Junior (7-9), Intermediate (10-13) and Senior (14-18). Participants are given situations along with four possible solutions. They must determine which solution is best and rank the four. Each age division is scored and the top individuals competing in the Intermediate and Senior divisions for the year have the opportunity to represent Cowley County at the State Consumer Judging Contest. If you haven’t participated in Consumer Judging before, don’t worry, there is also a first-timer division.

**Favorite Family Foods Show**
Eating together encourages family togetherness, provides better nutrition and is enjoyable! Cowley County will be hosting a Favorite Family Foods Show during 4-H Club Days. Cloverbuds and 4-H members can display their favorite family meal menu with a proper table setting. Participants will select one favorite food from the menu and display a photograph of that food. 4-Her's will meet with a Foodie (aka judge) to discuss their entry. 4-H members age 14 and older should be aware of nutrition facts for their Favorite Family Food. Pre-entry is required and tables need to be set up by 9 a.m. on Saturday, February 10. Consultation judging will begin at 9 a.m. Additional information and photo examples are available at [www.cowley.ksu.edu](http://www.cowley.ksu.edu).

**Other Activities**
Visit some of the presentations that 4-H'ers are giving and learn about a new project!

A doodle table will be available with crayons and markers for families to doodle as they wait. Meet new people! 4-H Day is a great way to meet other families from different clubs and learn about their 4-H experience!

Please be sure to provide your feedback to us! How can we improve your 4-H Day experience?