Procrastination. According to Wikipedia: in psychological terms, procrastination is defined as the act of replacing more urgent actions with tasks less urgent, or doing something from which one derives enjoyment, and thus putting off impending tasks to a later time. In accordance with Freud, the pleasure principle may be responsible for procrastination; humans prefer avoiding negative emotions, and delaying a stressful task. The concept that humans work best under pressure provides additional enjoyment and motivation to postponing a task. In layman’s terms, “procrastination” means waiting until the last minute to do something. Sound familiar now?

Fair season seems to be a time of procrastination. I’m ashamed to say, procrastination became common practice in our house growing up when it came to 4-H sewing projects, notebooks and record books. These were tasks my sisters and I didn’t think were much fun. It seemed the older we got, the more responsibility we had for our projects and the more we procrastinated. I can remember the stress we felt as we got closer and closer to our deadlines. After the fact, we jokingly said we worked better under pressure.

I recall the county fair with fond memories. However, sometimes the weeks leading up to the fair, weren’t so fun. Sometimes there was yelling and even tears in our house. I can only imagine the stress our parents felt. Somehow, we always got our project done and the fair went off without a hitch.

Does any of this sound familiar to you? I challenge you to have a more stress-free fair this year. Your first step is to get those fair pre-entries submitted on time! This year we are using an online entry system. We know the fairbook can be confusing, especially if you are new to 4-H. Calling or coming in early to get your questions answered helps you to feel more at ease that you completed the process correctly. Waiting to have your questions answered until July 3rd (the deadline) could result in a long wait in the Extension Office and increased anxiety for you.

Start the fair season off right. Get your projects completed in a timely manner and submit your entries on time or early.

—Kelsey Nordyke
Upcoming Meetings

4-H Council, Junior Leaders and Ambassadors will meet Thursday, July 25th at the Winfield Fairgrounds. Join 4-H for a watermelon feed sponsored by Cowley County 4-H Shooting Sports and Jennifer Bauer beginning at 5:30 p.m. in Barn 6. 4-H Council will meet at 6:00 p.m. followed by Junior Leaders at 6:30 p.m. Ambassadors will meet at 7:00 p.m. This will also be the night of the Fair Superintendents’ meeting. Superintendents will meet with agents in the grandstands at 7:00 p.m. If you were selected to represent your club at 4-H Council and find you cannot attend, please let your leaders know and find another member to serve in your place.

Photography Project Meeting

Project leaders, Shannon and Madison Sultz, will be having a photography project meeting in the Assembly Room at the Winfield Courthouse on Monday, July 15th, from 2:00 p.m. to 3:00 p.m.

Modeling Workshop

Clothing & Buymanship project members are invited to a county wide Modeling workshop on Friday, July 12th at 10 a.m. at the Cowley County Courthouse, Extension Assembly Room. Members are encouraged to bring their shoes they will wear for modeling. We will practice turns, posture, smiling and discuss potential questions the judge might ask. We also review the "Cost Per Wear" form that each member needs to complete.

Rabbit Project Meeting

Tuesday, July 16th, 6:30 p.m. at Island Park (North side pavilion). Cristine Noland will be answering your questions about the fair, and reviewing showmanship. Bring your rabbit.

4-H Shooting Sports

Visit the Cowley County 4-H Shooting Sports booth during the 2019 Cowley County Fair! The booth will be open in the vendor area of the grandstands August 3rd from 1:00 p.m. to 9:00 p.m. Practice marksmanship, participate in activities and learn how to get involved for the upcoming 4-H year.

For more information about Cowley County 4-H Shooting Sports, visit https://www.4hshootingsportscowleyks.com/ or email cowley4hshootingsports@gmail.com.

Do-Rag Sunday

Madison Sultz will raising funds for Lexi’s Lamb Foundation to help children fight a variety of illnesses and diseases. The bandanas will be available for purchase ($3) starting July 15th at the Extension Office or the 4-H Foodstand during the fair. We encourage you to wear your bandana/do-rag on Sunday August 4th, at the fair. Madison greatly appreciates your support!

Lexi’s LAMB Foundation is always striving to bring a smile to a child’s face. No parent, family member, or friend hopes to have a sick child or a child with special needs. Everyone just wants a healthy and happy child. When faced with the challenge of having a child who wasn’t completely healthy, the only choice we saw was to meet the challenge head on.

Working through the challenges we faced helped us realize that we were given a new mission in life. That mission was to help other families who face similar obstacles. We want to help by providing support to these families. Sometimes the only thing needed is a prayer and someone to talk to. Other times a toy or a stuffed animal will bring a smile to the child’s face.

Cowley County Extension Office, Courthouse location will be closed on August 2nd and August 5th. We will be available at the 4-H office located at the fairgrounds.
# Livestock News

## Get Help with Your Swine Project!

Do you have questions about caring for swine, facility options, or feed requirements? If so, contact your Cowley County Swine Project Leaders Brian and Vickie Thiel at 620-222-5154.

## Breeding Livestock

All Commercial Breeding livestock will be required to have a Cowley County issued Kansas 4-H ear tag for 2019. This includes Breeding Heifers, Commercial Ewes, Breeding Does and Breeding Gilts. Commercial breeding animals must also have a breeding animal affidavit on file in the Extension Office.

## Lost Tag Policy

When an animal loses a tag, the exhibitor must contact the Cowley County Extension Office in writing as soon as said tag is noticed to be missing. Include the following information: Specie, previous tag number, breed, sex of animal and statement verifying that the animal is the same animal that was tagged at the official tagging day. Ear tags that are lost after the pre-entry deadline must still be submitted in writing to the Extension Office, but will be handled on a case by case basis.

## Poultry Testing

Due to a nationwide shortage of antigen needed to conduct pullorum-typhoid testing in poultry, the Kansas Department of Agriculture Division of Animal Health is waiving certain poultry testing requirements. As a result, 4-H poultry exhibitors will not be required to test their birds for the pullorum disease, or have leg bands, for the 2019 Cowley County Fair.

## Livestock Showing Resources

Are you trying out a new livestock project this year? Looking for tips and tools for showing as you prepare for the fair? The Kansas State University Youth Livestock page has links for showmanship resources at [https://www.asi.k-state.edu/research-and-extension/youth-programs/educational-materials.html](https://www.asi.k-state.edu/research-and-extension/youth-programs/educational-materials.html)

You may also contact Kelsey at the Extension Office or one of our livestock project superintendents with specific questions.

## Why do livestock judges place the classes the way they do???

The livestock judging contest at the fair is a great place to learn why your animal was placed the way it was, and prepare you to select your livestock for the future.

Did you know you don’t have to be enrolled in a livestock project to participate in Livestock Judging? The Cowley County Fair Livestock Judging Contest is a great way for beginners to learn how to evaluate livestock.

To sign up, come to the show arena Monday, August 5 from 8:00-8:30 am. Bring a notebook and pencil.

## The Fair: A Great Opportunity to Model Good Livestock Stewardship

The fair is fun, exciting and busy for our livestock exhibitors. We want to encourage everyone that caring for livestock at the fair is a little different than caring for them at home. Most of our livestock have free access to water at home. This is not the case at the fair, and, because the weather during the fair is typically hot, it is vital that exhibitors water their livestock multiple times during the day. Even if you give your birds or rabbits a water bottle, you need to check their water often. Fair visitors notice when livestock (particularly poultry) are not watered and report it to the fair office. Please be sure to model good livestock stewardship by providing fresh, clean water to your animals frequently during the fair.

Exhibitors should also take extra care during the fair to keep their livestock, stalls/pens and the alleyways clean. One particular area that gets extremely messy is Bucket Calf. Bucket Calf exhibitors, please make sure your calves are clean, tied securely (we don't need any calves on the loose or tangled up) and that their stalls are cleaned. Those little calves can make a BIG mess. If you have questions about how/when/what to do with your livestock during the fair, do not hesitate to contact the Cowley County Extension Office or your fair superintendent.

## Livestock Superintendents

Our Livestock Superintendents serve during the fair to make sure that animals get checked in, classes get posted, shows run smoothly, livestock are marked correctly for the sale, and SO.MUCH.MORE. Our superintendents are here to help. If you have specific questions about how things work in your department, please be sure to ask one of them.

**Beef Cattle- Kyle & Angie Ruyle**

**Dairy Cattle- Becky Henderson & Andy Murphy**

**Swine- Brian & Vickie Thiel**

**Sheep- Greg & Tami Norwood**

**Meat Goats- Brett Brown & Lacey Colquhoun**

**Dairy Goats- Monica Rupp**

**Rabbits- Cristine Noland**

**Poultry- Kimberly McJunkin**
What is Needed for the Fair?

1. **ALL** pre-entires are entered online and due by July 3rd, 2019. [https://cowley.fairwire.com](https://cowley.fairwire.com)
2. View instructional video of the pre-entry process at [cowley.k-state.edu](http://cowley.k-state.edu).
3. The Extension Office will provide entry cards for each pre-entered exhibit. You will receive your entry card when you check in at the fair.
4. Additional tags are needed for some project areas.
   - **Clothing:** rectangle tag that must be pinned or sewn in to all constructed garments.
   - **Entomology:** adhesive, rectangle tag, must be attached to each display box.
   - **Food Preservation:** Gummed, rounded rectangle tag must be attached to each entry.
   - **Foods, Posters, Notebooks, Geology:** adhesive, tag must be attached to each entry. Must be inside and out on Geology exhibits. Each food entry also requires a copy of a recipe.
   - **All Livestock:** Stall cards, 8 ½ X 11 in white card stock is used to identify an animal and owner. This is used for Beef, Bucket Calves, Dairy, Dairy Goats, Poultry, Pigeons, Rabbits, Sheep, and Swine. These are available at the fairgrounds on entry night.
   - **Space Tech:** Manilla envelopes with white cover sheet must be with each project. The envelope includes plans or flight information. Form fillable project information sheets are available at [www.kansas4-h.org](http://www.kansas4-h.org). Go to “events-activities”, “Fairs”, “Kansas-State-Fair”, “Space Tech”. Failure to provide plans will result in reduction of one ribbon placing.
   - **Woodworking:** a copy of the plan, summary of materials and a cost of materials list is required for each exhibit. Failure to provide plans will result in reduction of one ribbon placing.

**Fair Set Up / Clean Up**

All clubs will help set up and clean up the Cowley County Fair. In an effort to meet the schedules of parents, **livestock pen set up will be Monday July 29th at 6:00 p.m.** Livestock Superintendents, Fair Board, and Extension Staff request a strong adult presence this year. **Set up will take place Tuesday, July 30th at 8:00 a.m.** Come prepared to work. Please bring appropriate supplies.

**Clean up will take place Tuesday, August 6th at 7:00 a.m.** Exhibits will be released at 7:30 a.m. and should be picked up by 8:30 a.m. If you can’t pick up your exhibit, have another representative available. The Extension Office and Fairboard will **NOT be held responsible for any exhibits not picked up.**

4-H’ers must help with clean up in order to receive livestock premium checks.

**Fair Weigh-In Schedule**

**Thursday, August 1st***

***All livestock must be on the fairgrounds and checked in by 5:30 p.m.***

- **4-H/FFA Goats:** 8:00 to 10:00 a.m.
- **4-H/FFA Sheep:** 8:00 to 10:00 a.m.
- *Sheep and Goats must go through the Vet Check before entering the barns.
- **4-H/FFA Swine may arrive and weigh/check in:** 8:00 a.m. Swine must be weighed in by noon.
- **4-H/FFA Beef weighed:** 9:00-10:00 a.m.

**Fair Exhibits**

All exhibits except Foods, Dogs, Floriculture, Horticulture and Crops must be in place on the Fairgrounds by 7pm August 1st. The fairbook contains a complete entry schedule.

**NO LATE EXHIBITS WILL BE ACCEPTED.**

**Conference Judging**

Conference judging allows the youth to share information about his or her project with the judge. All exhibits in Barn 4 are judged in the conference judging format. Conference judging is a good way to get positive feedback and suggestions. **4-Her’s must sign up for a conference judging time slot by 7pm on entry night, August 1st.** IF YOU DO NOT PARTICIPATE IN CONFERENCE JUDGING, YOU WILL BE DOCKED ONE RIBBON PLACING! Sign up sheets will be posted by exhibit areas as exhibitors enter their projects from 4:00 - 7:00 p.m. in Barn 4.

Participants will sign up for a conference judging time (ie: 1) 9:00 - 9:45 2) 9:30-10:15 a.m., etc).
FCS Intermediate Judging Contest

All 4-H Members are encouraged to participate in a special Family and Consumer Sciences experience held on Tuesday, July 23rd from 9 a.m. - 11:30 a.m. in conjunction with the 4-H Fashion Revue/Clothing Construction judging.

4-H Fashion Revue & Clothing Construction Judging

Tuesday, July 23rd
Brown Center, Cowley College, Ark City; 8:30 a.m.

Packets with modeling tips, schedules and script information will be sent to participants who have pre-entered in clothing and fashion revue categories. An information table will be available to provide details about schedules and room locations. Participants will need to choose one outfit to model for the evening performance and submit a script online via a link at www.cowley.ksu.edu by 11 a.m. the day of the judging.

Public Fashion Revue

The Public 4-H Fashion Revue will be held in the Wright Room, at the Brown Center on Tuesday July 23rd at 7:00 p.m.

Use your Freezer to Preserve your Sanity!

To help save time and stress at county fairs, prepare food entries early and freeze them. Most baked goods freeze well and can still be top ribbon quality. Here are some tips:
- Bake and cool completely! This helps prevent condensation inside the wrapping and development of ice crystals.
- Use moisture-vapor resistant packaging such as freezer-safe plastic containers or bags, and rigid containers.
- Separate layers of cookies with wax paper or parchment paper.
- Freeze cakes or breads un-frosted and frost after thawed.
- Make pie crusts ahead of time and freeze.
- Thaw all baked goods in the freezer packaging. They can be thawed at room temperature. Remove from the freezer the night before the fair. Once thawed, repackage according to fair rules.

Always wash your hands...
- Before touching food or clean surfaces
- After you touch food
- If you touch your face, touch your eyes, touch your hair, blow your nose, take out garbage or go to the bathroom
- If you handle money (money is covered in germs!)
- If you use your phone (cell phones are covered in germs!)

Food Safety at the Food Stand- Food Handlers Training

Thursday, July 25th 4:00-5:00 p.m. at the Foodstand on the Winfield Fairgrounds.
All clubs are strongly encouraged to send club members and parents to the food safety training, if they have not attended before. Club members will have hands-on activities to emphasize the importance of food safety. Call 221-5450 to register!

Foodstand Team Leaders

Each 4-H Club is required to have a Team Leader during the club’s food stand shift at the Cowley County Fair. This is a change from the traditional shift manager and is vital to the success of the 4-H Foodstand. Team leaders are responsible for the following:
- Communicating with Foodstand Manager to understand the menu and duties for the shift
- Assigning tasks to workers
- Communicating menu and tasks to workers
- Monitoring and recording temperatures for hot food, freezers and coolers
- Cleaning and sanitizing equipment and prep areas
- Overseeing food preparation and ensuring safe food handling
4-H Foodstand Schedule

The money raised in the Food Stand is used to support our 4-H programs through scholarships to state 4-H events, transportation to county camp and Discovery Days, volunteer development awards and recognition at Achievement Night, officer training and much more. Here is the schedule of workers for the Food Stand at the Cowley County Fair. A Thursday evening shift is staffed by 4-H alumni. However, current 4-H families are welcome and encouraged to work during this time. (especially if you have a conflict with your club’s scheduled time.) Please assign at least 5 adults to each shift. They are needed to run the cash register, operate the grill and appliances, and help with food preparation. Each club is REQUIRED to have a team leader. The person must be a responsible adult or teen. Team Leaders should recruit workers, and submit a list of workers to the Extension Office by July 25th.

Friday, August 2
7:30 a.m. - 12:00 Burden
11:30 a.m. - 4:00 p.m. Martha Washington
3:45 p.m. - 8:15 p.m. Walnut Valley
8:00 p.m. - 11:00 p.m. Floral

Saturday, August 3
7:30 a.m. - 12:45 p.m. Rock Creek
12:30 p.m. - 5:45 pm Jr. Ldrs/4-HCouncil/Ambassadors
5:30 p.m. - 11:00 p.m. Udall

Sunday, August 4
11:00 a.m. - 3:30 p.m. Tisdale
3:00 p.m. - 7:00 p.m. Shooting Sports
6:45 p.m. - 11:00 p.m. Sunrise

Monday, August 5
8:00 a.m. - 3:30 p.m. Dexter-Otto
3:00 p.m. - 7:00 p.m. Cameron
6:45 p.m. - 11:00 p.m. New Horizon

If members find they cannot work during their club’s scheduled time, they are encouraged to contact the Extension Office to sign up and work with another club.

Barn 4 Supervisor Schedule

Supervisors are vital to the success of our county fair. It is how we keep our exhibit areas looking nice and provide assistance to our many patrons. Clubs are assigned times to have a committee of at least one adult (1) and two youth present (2) in Barn 4 display area. If you feel this shift is too long for one committee, form two committees and split your club’s responsibilities. Clubs must turn in names by Thursday, July 25th.

2019 Barn 4 Supervisor Schedule

Friday, August 2
6:00 p.m. - 8:30 p.m. Martha Washington
8:15 p.m. - 10:45 p.m. Sunrise

Saturday, August 3
6:00 p.m. - 8:30 p.m. Walnut Valley, Rock Creek
8:15 p.m. - 10:45 p.m. Burden

Sunday, August 4
6:00 p.m. - 8:30 p.m. Floral
8:15 p.m. - 10:45 p.m. Udall, New Horizon

Monday, August 5
6:00 p.m. - 8:30 p.m. Tisdale, Dexter-Otto
8:15 p.m. - 10:45 p.m. Shooting Sports, Cameron

4-H Foods Sale and Auction

4-H food exhibits brought to the Cowley County Fair will be sold. Cakes, cookies, brownies, pies and more will be available either at the food sale or auction. The food sale will be 11:00 a.m. to 1:00 p.m. and the food auction will begin at 5:15 p.m. on Friday, August 2nd. Please invite neighbors and businesses to these events in Barn 4. Proceeds will be used toward awards in Barn 4.
Cowley County Fair Horse Show

The 2019 Cowley County Fair Horse Show will be held Saturday, July 27th, 2019 at the Burden Arena. Check-in will begin at 8:00 a.m.

Round Robin Showmanship

Don’t forget to check out your favorite showman in the Round Robin. Champion and Reserve Champion winners from the senior divisions of beef, sheep, swine, dairy and horse will compete for Overall Champion and Reserve Champion Livestock Showman. The contest will take place Sunday, August 4th at 6:00 p.m. in the livestock show arena.

Ice Cream Social

The Cowley County Farm Bureau will sponsor an ice cream social Sunday, August 4th following Barnyard Olympics in the show arena (Barn 6). All 4-H/FFA families are invited to enjoy a cool treat at the fair.

Barnyard Olympics

Sponsored by the Cowley County 4-H Jr. Leaders Sunday, August 4th
Sign up 12-12:30 p.m. Starts at 1:30 p.m.
Teams of 4—4 age groups
(5-6) (7-9) (10-13) (14-18)
(Adult—we always need adult teams!)
A variety of obstacles related to livestock projects. Awards will be given to the 3 fastest teams to complete the tasks, the best dressed teams, and the team that works best together.

Catch A 4-H’er

Sponsored by the Cowley County Ambassadors Saturday, August 3rd from 6:00-7:00 p.m. and Sunday, August 4th from 5:30-6:30 p.m.
Come to Barn 4 and Catch a 4-H’er who has the same interests as you! The 4-H Ambassadors will be in Barn 4 to answer questions and give general information about joining 4-H, how projects work and things they have learned as members.

Agricultural Challenge of Champions

The Challenge of Champions will be held Monday, August 5th in the livestock show arena at 11:00 a.m. One individual will be selected to represent Cowley County at the Agricultural Challenge of Champions at the Kansas State Fair. Contestants will complete exams and equipment identification in the following areas: livestock, breeds of livestock, agronomic items, crops, weeds, ag mechanics, farm management and more. See the 2019 Fairbook for a complete list. Pre-registration is appreciated, please contact the Extension Office. (620-221-5450)

Buyer’s Barbecue

The Buyer’s Barbecue is held each year to show our appreciation for the community support of our livestock sale. This year’s event will be held Monday, August 5th from 5:00-6:30 p.m. in the picnic area. Each club must have one representative present at 3:30 to set up. Three representatives from each club (2 youth, 1 adult) must be present from 4:45-6:45 p.m. to assist with tickets, serving and clean-up. Be sure to thank your buyers after the sale and in the community!

Livestock Release Time

All livestock will be released from the fair Monday, August 5th at 10:00 p.m. Exhibitors must check out with the appropriate superintendent and sign in the following morning for clean up. You will not be allowed to load animals until 10:00 p.m.

Help Us Improve the Fair

What can we do to improve the Cowley County Fair? This is the procedure you should follow:
1. Fair suggestions must be submitted to the attention of the 4-H PDC in writing. Electronic versions (email/fax) will also be accepted. Verbal recommendations will not be considered.
2. Your suggestions must be signed and dated. Suggestions will not be considered without a dated signature.
3. All suggestions are due by September 6th, 2019 at 5:00 p.m. Suggestions will not be considered after the deadline.
4. Suggestions should be turned in or mailed to: Cowley County Extension Office, 311 E 9th, PO Box 538, Winfield KS 67156. The 4-H Program Development Committee reviews all department evaluations and acts on written recommendations which are then made to the Fair Board. Verbal recommendations CANNOT be considered.
Kansas State Fair Info

Kansas State Fair Livestock Entries

Kansas State Fair Livestock Entries are due to the State Fair July 15th. All youth entry forms may be submitted online, however, must be printed off and signed by authorized agents, parents, and exhibitors before entry form is complete. Entries may be mailed or faxed to: Kansas State Fair, Attn: Competitive Exhibits, 2000 N. Poplar, Hutchinson, KS 67502, Fax # 620-669-3640. Entry information is available at www.kansasstatefair.com, go to “Competitions”, choose “Exhibitor Handbook Information”, then scroll down to the links for “Market Animals” and “Breeding Animals” under the “Midwest Ford Grand Drive” heading. Printable and electronic entries are available.

What Can I Exhibit at the Kansas State Fair??

If your 4-H Age is 9 and older, you are eligible to enter a purple-ribbon exhibit from the Cowley County Fair for judging at the Kansas State Fair in the 4-H Division: photos, food items, gift baskets, educational displays, some notebooks, entomology educational display, entomology collection, clothing construction, horticulture, field crops, floriculture, fiber arts, rabbits, energy management, robotics, rocketry, astronomy, geology collection, geology educational display, woodworking, Shooting Sports educational display, wildlife educational display, poultry, demonstration/illustrated talk and forestry notebook.

Two Senior Division Champions may be selected in Fashion Revue Buymanship and Constructed categories to compete at the Kansas State Fair. Judges will choose six Visual Arts exhibits to be displayed at the Kansas State Fair.

It is the member’s responsibility to complete pre-entry by August 12th in order to exhibit at the Kansas State Fair. Pre-entries may be made in the 4-H office at the Cowley County Fair or in the Extension Office following the fair. No phone entries will be accepted.

Kansas State Fair Volunteers

The highlight of the Kansas 4-H program is the Kansas State Fair. This year’s State Fair is September 6th-15th. It takes many volunteers to make the State Fair a success. We are currently looking for volunteers to help. If you are interested in assisting at the State Fair, please email Kelsey by Monday, Aug. 12th. Gate tickets are provided for the days that you volunteer. Job descriptions and details of the opportunities available can be obtained at the Extension Office.

Purchase Your Kansas State Fair Admission Tickets and Parking Passes

Kansas State Fair gate admission tickets and (some) parking passes can be purchased at a discounted rate through the Cowley County Extension Office prior to the Kansas State Fair. Orders must be placed by Monday, August 12th and payment must be received at the time the order is placed. Tickets will not be ordered unless payment is received prior to ordering.

Contests, Events and Activities at the Kansas State Fair

Did you know that the state fair has so much more for 4-H members to participate in beyond sending an exhibit? Here are a few contests 4-H’ers who are 9 and older can participate in:

- Demonstration/Illustrated Talk Contest (must have received a Top Blue at County 4-H Day)
- Rabbit Judging
- Crops Identification Contest
- Photography Judging Contest
- Poultry Judging Contest

The Kansas State Fair 4-H Department is always looking for youth and adult volunteers to assist with check-in, judging and check-out of 4-H exhibits. This is a great opportunity to meet others from across the state who share a similar interest, learn more about a project area, or just add to your leadership skills!

To get involved in a contest, or to volunteer at the State Fair, registration is as simple as entering a State Fair exhibit by August 12th in the Extension Office or in the 4-H Fair trailer at the Cowley County Fair.

Lodging Option for the Kansas State Fair

The Encampment Building dormitory is available for families to lodge during the Kansas State Fair. Encampment reservations must be made in advance through the Cowley County Extension Office. Reservations must be made by August 12th and payment is due upon making the reservation.
Cowley County 4-H Council
Community Service Collection Challenge

Make A Splash Into Service at the Fair!

Serving our Community
Hygiene supplies are being collected for local blessing boxes: shampoo, soap, toothpaste, deodorant, baby wipes, etc.

Serving Our World
SOLES 4 SOULS
Gently used and new shoes are being collected for the Soles 4 Souls "Wear Out Poverty" campaign. Shoe donations may also be dropped off at the Health Center Pharmacy, Winfield.

Bring your donations to Barn 4 during the fair, August 3-5!

K-State Research and Extension
Cowley County

Find us on Facebook @Cowley County 4-H

Contact K-State Research & Extension Cowley County for more information, 620-221-5450
<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
</tr>
</thead>
<tbody>
<tr>
<td>30</td>
<td>7:00 PM Dexter/Otto 4-H Mtg</td>
<td>7:00 PM Floral 4-H Mtg</td>
<td>7:00 PM Martha Washington 4-H Mtg</td>
<td>7:00 PM Tisdale 4-H Mtg</td>
<td></td>
<td></td>
</tr>
<tr>
<td>31</td>
<td>Fair Pre-Entries Due!</td>
<td>Independence Day</td>
<td>6:30 PM Udall 4-H Mtg</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>7:00 PM</td>
<td>7:00 PM Walnut Valley 4-H Mtg</td>
<td>7:00 PM Cameron 4-H Mtg</td>
<td>7:00 PM Sunrise 4-H Mtg</td>
<td>7:00 PM New Horizon 4-H Mtg</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2:15 PM</td>
<td>4-H Shooting Sports Project Club Mtg</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3:00 PM Rock Creek 4-H Mtg</td>
<td>Flash info to Cindy</td>
<td>KSF Livestock Entries Due</td>
<td>2:00 PM Photography Project Mtg</td>
<td>7:00 PM 4-H Council</td>
<td>7:45 PM Jr Leaders</td>
<td></td>
</tr>
<tr>
<td>10</td>
<td>2:00 PM</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>14</td>
<td>7:00 PM</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>15</td>
<td>3:00 PM Rock Creek 4-H Mtg</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>16</td>
<td>8:00 AM Cowley Co Fair</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>17</td>
<td>7:00 PM</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18</td>
<td>4:00 PM Food Safety at the Foodstand</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>19</td>
<td>5:30 PM</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>20</td>
<td>6:00 PM</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>21</td>
<td>7:00 PM</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>22</td>
<td>4-H Clothing/Fashion Revue</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>23</td>
<td>Cowley County Fair</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>24</td>
<td>8:00 AM Cowley Co Fair Horse Show</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>25</td>
<td>8:00 AM</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>26</td>
<td>8:00 AM</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>27</td>
<td>8:00 AM</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Notes:**
- Independence Day
- Fair Pre-Entries Due!
- KSF Livestock Entries Due
- 4-H Shooting Sports Project Club Mtg
- Rock Creek 4-H Mtg
- 4-H Clothing/Fashion Revue
- Fair Livestock Set Up
- 8:00 AM Set Up and Clean Up Barn 4
<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>28</td>
<td>6:00 PM Fair Livestock Set Up</td>
<td></td>
</tr>
<tr>
<td>29</td>
<td>8:00 AM Set Up and Clean Up Barn 4</td>
<td></td>
</tr>
<tr>
<td>30</td>
<td></td>
<td></td>
</tr>
<tr>
<td>31</td>
<td></td>
<td><strong>Cowley County Fair</strong></td>
</tr>
<tr>
<td>1</td>
<td>8:00 AM Set Up and Clean Up Barn 4</td>
<td></td>
</tr>
<tr>
<td>2</td>
<td></td>
<td></td>
</tr>
<tr>
<td>3</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4</td>
<td>2:15 PM 4-H Shooting Sports Project Club Mtg</td>
<td></td>
</tr>
<tr>
<td>5</td>
<td>7:30 AM Fair Clean Up</td>
<td></td>
</tr>
<tr>
<td>6</td>
<td>6:30 PM Udall 4-H Mtg</td>
<td></td>
</tr>
<tr>
<td>7</td>
<td></td>
<td><strong>ExtensionOffice...Location</strong></td>
</tr>
<tr>
<td>8</td>
<td></td>
<td></td>
</tr>
<tr>
<td>9</td>
<td>6:30 PM Fair Livestock Set Up</td>
<td></td>
</tr>
<tr>
<td>10</td>
<td>8:00 AM Set Up and Clean Up Barn 4</td>
<td></td>
</tr>
<tr>
<td>11</td>
<td></td>
<td></td>
</tr>
<tr>
<td>12</td>
<td>3:00 PM Rock Creek 4-H Mtg</td>
<td></td>
</tr>
<tr>
<td>13</td>
<td>5:00 PM KSF Pre-Entries Due</td>
<td></td>
</tr>
<tr>
<td>14</td>
<td>7:00 PM Cameron 4-H Mtg</td>
<td></td>
</tr>
<tr>
<td>15</td>
<td>7:00 PM New Horizon 4-H Mtg</td>
<td></td>
</tr>
<tr>
<td>16</td>
<td>7:00 PM Sunrise 4-H Mtg</td>
<td></td>
</tr>
<tr>
<td>17</td>
<td>7:00 PM Walnut Valley 4-H Mtg</td>
<td></td>
</tr>
<tr>
<td>18</td>
<td>7:00 PM Junior Leaders</td>
<td></td>
</tr>
<tr>
<td>19</td>
<td></td>
<td></td>
</tr>
<tr>
<td>20</td>
<td></td>
<td></td>
</tr>
<tr>
<td>21</td>
<td></td>
<td></td>
</tr>
<tr>
<td>22</td>
<td></td>
<td></td>
</tr>
<tr>
<td>23</td>
<td></td>
<td></td>
</tr>
<tr>
<td>24</td>
<td></td>
<td></td>
</tr>
<tr>
<td>25</td>
<td></td>
<td></td>
</tr>
<tr>
<td>26</td>
<td></td>
<td></td>
</tr>
<tr>
<td>27</td>
<td></td>
<td></td>
</tr>
<tr>
<td>28</td>
<td></td>
<td></td>
</tr>
<tr>
<td>29</td>
<td></td>
<td></td>
</tr>
<tr>
<td>30</td>
<td></td>
<td></td>
</tr>
<tr>
<td>31</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
I pledge...

My **head** to clearer thinking
My **heart** to greater loyalty
My **hands** to larger service and
My **health** to better living
for my club, my community,
my country and my world