The Cowley County 4-H Clubs are challenged to step up and promote 4-H during National 4-H Week and through the month of October. National 4-H Week is October 6th-12th. Here are a few ideas:

-Write an article about the exciting things your 4-H Club is doing. Let Cowley County know that 4-H is not just for farm kids. Share about what you’ve learned in your Geology, Entomology, Photography, Robotics or Energy Management projects.

-Tell your friends about 4-H and recruit new members. 4-H has something for everyone and is a great way to meet new people!

-Share a presentation about 4-H with your school or class.

-Put up a roadside "4-H welcome" to your community.

-How green are you? Wear your 4-H t-shirt to school Wednesday, October 9th and "paint the school green".

-Share 4-H photos on social media with the hashtag "#TrueLeaders".

-4-H promotion and recruitment doesn’t end when 4-H Week is over. When new families and visitors come to your club meeting, help make them feel welcome. Greet them and introduce yourself, find out a little about them and help them make connections with others who share a similar interest. Remember the following to help make your new friends feel welcome:

- Greet people as they come in the door. If your Community Leader or officers are busy helping others, take the initiative to meet new people and make them feel welcome.

- Take the first step and introduce yourself.

- Introduce new families to returning 4-H families.

- Explain what goes on in the club meeting each month.

- Offer help throughout the year.

- Involve visitors in club activities.

- Send a "thank you" or welcome note after their first club visit.

-Kelsey Nordyke

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In this issue:
2019 Achievement Night
National 4-H Week
4-H Council
Officer Training
**Kansas State Fair Results**

Cowley County 4-H’ers had a positive showing at our state’s fair. Of note, five photos were selected for further display/exhibit in the Kansas Governor’s Office, the Kansas 4-H Foundation and Rock Springs! Photos selected were exhibited by Jeannie Gage, Dexter-Otto; Grace Henderson, Dexter-Otto; Claire Priest, Floral; and Dominic Jirak, Udall. Grace Henderson’s photo also won the Gordon Walters Award for best Black and White photo. Coryn Badley’s beadwork and Audrianna Bruce’s ceramic vase were selected for further display at Rock Springs Ranch. Coryn is a member of the Sunrise 4-H Club and Audrianna is a member of New Horizon. Madi McGee, Martha Washington 4-H exhibited rabbits that received Best of Breed, Best of Variety and Reserve Champion. Madison Sultz, Cameron 4-H also received Best of Variety with her Rabbit exhibit. Kylie Rankin, Walnut Valley 4-H exhibited the Grand Champion Gelding in the Horse Show and MaKenna Pirtle, Burden 4-H was first place in Senior Pole Bending. Melissa Henderson received Reserve Champion in Senior Dairy Cattle Fitting and Showing. Purple Ribbons were awarded to the following: Crops- Thomas Lee; Clothing Construction- Kylie Rankin; Elisa Donley; and Elizabeth Jirák; Entomology- Caydence Billiter, Trey Noland and Matthew Norton; Robotics- Anthony Jelinek, Charles Hensley, Marshall Groom, Austin Henderson; Rocketry- Trey Noland; Woodworking- Josie Gage; Photography- Grace Henderson; Rabbits- Madison Sultz, Madi McGee. The Senior Cowley County FCS Team of Madison Sultz, Hunter Boothe, Allie Brodbeck and Rozlynn Richert placed third overall. The Intermediate FCS Team of Trey Noland, Adah Wolfe, Andrew Preston and Isebella Brodbeck placed 4th overall.

Livestock were exhibited in the Dairy Cattle, Dairy Goat, Market Steer, Breeding Heifer, Market Hog, Breeding Gilt, Market Lamb, Breeding Ewe, Horse and Meat Goat Departments. Livestock exhibitors include: Drake Lowe, Corbin Lowe, Cadie Thomson, Tyler Thiel, Nicholas Siemens of Floral 4-H; Cale Shorter, Taylor Nulik, Kolby Quint, Meka Jennings and Madi Jennings of Martha Washington 4-H; Elisa Donley and Kiley Rankin, Walnut Valley 4-H; Micah Brown, MaKenna Pirtle, Melissa Henderson, Adison and Austin Henderson, Burden 4-H. Of note, Cale Shorter showed the Champion Maine Anjou Market Steer, Champion Crossbred Market Steer and Champion Market Heifer resulting in Grand Champion Market Steer and Reserve Grand Champion Market Steer.

A complete list of placings can be accessed online at the Kansas 4-H website ([kansas4-h.org](https://kansas4-h.org)) under the “What’s Hot” column. Livestock results are available at www.kansasstatefair.com.

**Exhibits are available for pick up in the Cowley County Extension Office Meeting Room.**

**Upcoming Meetings**

4-H Council and Junior Leaders will meet Monday, November 18th, 2019 in the Extension Office Meeting Room. 4-H Council will meet at 7 p.m. followed by Junior Leaders at 7:45 p.m.

If you were selected to represent your club at 4-H Council and find you cannot attend, please let your leaders know and find another member to serve in your place.

**Achievement Night**

Saturday, November 9th, 2019 6:00 p.m. at the Cowley County Community College in the Brown Center, 125 S 2nd St. Arkansas City.

Dress your Sunday best! Bring a dish to share (potluck style), tableware will be provided.

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**2019 4-H Enrollment**

Enrollment for the new 4-H year opens October 1st. To complete your enrollment, please visit [https://ks.4honline.com](https://ks.4honline.com). New members will need to create a family profile and login. Re-enrolling members will need to login to their family account and complete the re-enrollment information. Please note that the 4-H Participation Form is also located on the enrollment site. 4-H Enrollment will be considered "incomplete" until all information including payment, health and medical information is complete.
National 4-H Week Activities- Oct 6-12

Monday, October 7th:  4-H is sweet! Share something sweet with your friends!
Tuesday, October 8th:  Clover takeover of social media (Take a selfie with a clover)
Wednesday, October 9th:  Wear green day!
Thursday, October 10th:  Project results show and share on social media (post a picture of your favorite project)
Friday, October 11th:  Pass it back! Thank a 4-H alum or supporter for their help and encouragement.

48 Hours of 4-H

During the 48 hours of October 12th-13th, we would like every 4-H club in Cowley County to participate in the 2019 Kansas 4-H Service Project Challenge, commonly known as 48 Hours of 4-H. This is a great opportunity to involve non 4-H'ers to work with you as we give back to our community!

First, decide what service projects best fit your club. The possibilities are endless, but here are some ideas:

- Collecting recyclables
- Doing yard work for others
- Volunteering at a nursing home
- Making tie blankets and pillows to donate
- Making care packages for the military
- Holding a bake sale or car wash to raise money for charity

Officer Training

Officer Training will be held Sunday, November 17th at 1:30 p.m. at the Butler County Community Building, 206 N. Griffin, El Dorado, KS. Officer Training is an opportunity to learn the basics of your leadership role to help you better serve your club.

Volunteer Screening

As the largest youth development organization in Kansas and across the nation, 4-H must lead by conducting the most effective strategies and practices in volunteer screening and selection. All youth deserve a safe and caring environment, and all parents and guardians should expect that when their children are entrusted to the 4-H program, each child will be in a safe setting with caring adults. To help accomplish our goals of providing a safe environment for learning, Kansas 4-H screens volunteers who work directly with youth.

The screening process consists of an application, online enrollment, online orientation, criminal background check, committee review and appointment by the local Extension Board.

Orientation sessions are held face-to-face in the Extension Office Meeting Room at 7pm on the following dates: October 10, January 9, April 9, July 9. Additional dates will be handled on a case by case basis.

Kansas Youth Leadership Forum

What: Come and build your leadership skills and potential through workshops, consulting groups, inspirational speakers and more. In addition, the 2020 State 4-H Youth Leadership Council will be elected at KYLF.

When: November 23-24, 2019
Where: Rock Springs 4-H Center
Who: Youth 14-18 years of age before January 1, 2020
Early Registration Deadline: October 15, 2019

Kansas Volunteer Leader Forum

What: Leadership a Jungle of Fun
When: November 22-24, 2019
Where: Rock Springs 4-H Center
Who: 4-H Volunteers
Registration: $165 (Early Bird Fee, register on or before October 15)
$190 (Regular Fee register from October 16 to November 1) Includes: Saturday morning through Sunday lunch: lodging, meals, snacks, insurance, program fees and Volunteer Forum t-shirt. KYLF t-shirts will be available for $18 extra, order when registering. KA4-HV members qualify for a $25 scholarship (net cost $165 or $180). Use the coupon code “KA4-HV” to get the scholarship. You may pay your dues ($50 lifetime) at the Forum and qualify for the scholarship. Delegates should pay fees to their local Extension Office. Optional: You can add Friday night lodging and breakfast to your registration for $65.

Julie Green and Rod Buchele Scholarship

Scholarships are available to assist Kansas 4-H Volunteers to attend a State or Regional 4-H Volunteer Forum. Applications are due November 1st. Applications can be found at www.kansas4-h.org. The scholarship is $75.00 and will be reimbursed after attendance at the selected Forum. The scholarships are in memory of Julie Green, one of the founders of the KA4-HV and Rod Buchele, 4-H Volunteer Specialist and Association Advisor.
4-H Council 101

4-H Council is an organization that represents the views of each club. As a representative, you represent your club’s viewpoints during 4-H Council. The representatives are responsible for taking information back to the 4-H Club. If a representative must be absent, it is recommended that a replacement be found for that meeting.

Facts about 4-H Council:
- Meetings last about 45 minutes.
- All meetings begin at 7:00 p.m.
- Meetings are held at the Extension Assembly Room located in the Cowley County Courthouse.
- 4-H Council has a President, Vice President, Secretary/Reporter and Treasurer.
- Officers are elected at the September meeting.
- There are 6 meetings held in a year.
- Meetings are generally held on the third Monday of every other month; exceptions January and July.
- Meetings for the 2019/2020 4-H Program year are:
  - November 18th, January 20th, March 16th, May 18th, July 20th and September 21st.

What to Expect:
- Council meetings are called to order by the President. A person is selected by the President to lead the group in the flag salute and 4-H pledge.
- Officer reports are given, followed by an agent report.
- Committee reports are given.
- New business is discussed and votes are taken.
- Announcements are offered, followed by adjournment.

Project Selection
Are you curious about all the 4-H projects offered in Cowley County? Do you need a definition in order to make a decision about which projects you’d like to join this year? The Cowley County Project Selection Guide is available on the Cowley County Extension Website at http://bit.ly/2cMsBpx. The local project selection guide is a useful tool to help members as they complete their online enrollment.

County Wide Officers

Congratulations to the following members who were elected to 4-H Council and Junior Leaders officer positions at the September meeting:

**4-H Council Officers**
- President- Isaac Jirak
- Vice President- Madison Sultz
- Secretary/Reporter- Elisa Donley
- Treasurer- Elizabeth Jirak

**Project Materials**
The Extension Office has a variety of project materials and curricula available for checkout and/or purchase. Please contact the Extension Office for more information.

**Help Wanted**
Cowley County 4-H seeks County-Wide Project Leaders for the upcoming year to provide positive learning experiences for 4-H youth. The volunteer(s) in these positions would be responsible for the following:
- hold at least 6 educational project meetings/activities for project members throughout the year.
- serve as a resource to project members
- work under the direction of the Cowley County 4-H Agent with direction from the 4-H Youth Development Program Development Committee.
- Communicate with families enrolled in the project(s)

Volunteers need not be current 4-H parents/family members.

To apply, contact the 4-H Agent at klnordyke@ksu.edu or 620-221-5450. All volunteers will be asked to enroll as a volunteer at ks4honline.com and must complete the volunteer screening process including: volunteer service application, criminal background check, orientation, review and appointment by 4-H PDC and Extension Council.

**County-Wide Project Leader Wish List**:
The following is a list of project areas with high enrollment. Local needs include, but are not limited

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<tr>
<th>Arts and Crafts</th>
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<td>Foods 7-8 year old</td>
<td>Clothing Buymanship</td>
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<td>Foods 9-10 year old</td>
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<td>Foods 11-13 year old</td>
<td>Space Tech- Robotics</td>
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<td>Foods 14 and older</td>
<td>Wildlife</td>
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County Committees

Serving on a county-wide committee is a great way to get involved and provide input into our activities. Sign up is ongoing throughout the year and will begin at the September 4-H Council Meeting. A complete listing and description of each committee is listed below. If you see a committee you’d like to be involved with, please contact Kelsey.

Achievement Celebration Committee

Committee Duties:
Select committee co-chairs and an adult advisor.
Determine recognition
Select a theme for the celebration, plan/collect decorations and purchase paper goods and drinks.
Design the cover for the Achievement Celebration program.
Plan and prepare decorations for the location and set them up prior to the program.
Clean up decorations and facility after the program. Return all items to appropriate places.

Extension Office Duties:
Organize all awards and the script.
Provide signs and set-up supplies as needed by the committee.
Publicize event in the 4-H newsletter.
Answer any questions of the committee.
Contact award presenters.
Correspond with the school and book the location.

Club Day Committee

Committee Duties:
Select committee co-chairs and two adult advisors.
Select a date for Club Day. A date should be selected at the May or July 4-H Council meeting.
Select where Club Day will be held.
Recommend judges at the November meeting. One judge should be secured per room.
Publicize the event in local news media.
Be available to assist with room set up on Friday afternoon, the day prior, to the event.
Be available the day of the event to work at the front “Information Table” and to check on judges periodically during the day.
Bring judges items they need, and collect score sheets for the tabulation room.
Check in with each room to be certain that room monitors are present, and find substitutes in the event of an absence.
Sort completed score sheets by club.
Be available to assist with room clean up on Saturday late morning. Rearrange classrooms, and return all items to the appropriate location.
Return all Extension supplies (easels, ribbons, score sheets, pencils, tape, signs, etc.) to the Extension van.

Extension Office Duties:
Collect entries and produce a schedule for the event.
Send judging correspondence to judges.
Orientate judges prior to the judging start time.
Provide paper, pencils, judge packets, door signs and other supplies as needed by the committee.
Publicize the event in the 4-H newsletter, and assign clubs rooms and time slots for room monitoring.
Answer any questions of the committee.
Correspond with the school and book the location.

Fashion Revue Committee

Committee Duties:
Select committee co-chairs and two adult advisors.
Select a theme for the public fashion revue by the May 4-H Council meeting.
Plan and prepare decorations for the public fashion revue.
Set up and decorate prior to the evening public fashion revue.
Clean up stage decorations and fashion revue location. Return all items to appropriate places.
Committee members may also be asked to help with judging tear down.
Recruit script readers.

Extension Office Duties:
Provide signs, judging supplies and other office supplies needed by the committee.
Handle all details associated with the judging portion of the day.
Secure judges for the judging portion.
Organize the script for the public fashion revue.
Provide resources needed by the judges.
Book the location of the judging and the public fashion revue.
Answer any questions of the committee.

Finance/Policy Committee

Committee Duties:
Select committee co-chairs and two adult advisors.
Determine the annual 4-H Council budget under the guidance of the 4-H Agent.
Present the budget to the 4-H Council at the November meeting for approval.

Extension Office Duties:
Keep record of funds spent for budget line items.
In cooperation with the Treasurer, pay 4-H Council bills.
Answer any questions of the committee.

Community Service Committee

Committee Duties:
Select committee co-chairs (youth) and two adult advisors.
Determine county-wide service projects.
Promote service projects to clubs and community.

Extension Office Duties:
Provide oversight.
Print needed signs.
Publish events in the 4-H newsletter.
Answer any questions of the committee.
Correspond with Community Leaders.
Fair and Shows Committee
Committee Duties:
Select committee co-chairs and two adult advisors.
Plan the program for 4-H Sunday at the fair.
Promote 4-H Sunday at the fair.
Secure speakers for 4-H Sunday at the fair.

Extension Office Duties:
Print 4-H Sunday programs.
Publish events in the 4-H newsletter.
Answer any questions of the committee.

Awards Committee
(Adults Only)
Committee Duties:
Select committee co-chairs.
Provide training to families on completing KAP’s and 4-H records.
Provide training to screeners to judge record books.
Coordinate dates and times to screen record books.
Recruit volunteers to screen record books.
Provide a list of record book screening results to 4-H Agent.
Determine judging criteria for scholarships and award applications.
Meet with 4-H Agent/4-H PDC to approve record screening process as needed.

Extension Office Duties:
Print information.
Provide information to members.
Update information on the Cowley County Extension Website.
Answer any questions of the committee.
Correspond with Community Leaders.

Consumer Judging Contest Committee
Committee Duties:
Select committee chair(s)
Develop judging classes
Plan and coordinate county-wide Consumer Judging Events

Extension Office Duties:
Print information
Provide information to members.
Publish information in the 4-H newsletter.
Answer any questions of the committee.
Provide consumable/print materials.

4HOnline Family Resource Page
A 4HOnline Family Resource page with public-friendly links has been created and is at: http://www.kansas4-h.org/resources/4-h-online-family-resources/4-H-Online-Family-Resources.html.

Membership
In order to be a regular member of Cowley County 4-H, the member must be 7 years old before January 1st, 2020.

CloverBuds
CloverBuds is a hands-on, activity based group for children ages 5 and 6 years old before January 1st of the current 4-H year. The leader is Aimee Campbell. Stay tuned for fun learning opportunities!

4-H Family Handbook
The 4-H Family Handbook is available to all 4-H members. Come into the office to pick up your copy today, or visit www.cowley.ksu.edu.

Livestock Judging
Livestock judging is a great opportunity for kids to learn more about selecting their livestock project(s), gain skills in public speaking and decision making, learn to think on their feet and expand their ag knowledge. If you have a 4-H'er who is interested in participating in livestock judging during the upcoming 4-H year, please contact Kelsey (klnordyke@ksu.edu) to be added to the contact list for upcoming practices and events.

Dog Project
The first class will be Tuesday, Oct. 15th at 6:30 p.m. at the fairgrounds. If you were in the program last semester, your records will be on file. If you or your dog are new, records are required, and can be found at www.sckkc.com.

A reminder to bring really good treats and lots of them- clean up supplies - no flip flops or shoes that can slide off easily- a 6 ft fabric or leather leash of appropriate size, a flat collar, martingale collar, or harness are all acceptable. Don't forget a great attitude!
NEW - 4-H Leadership Lab

4-H members are encouraged to provide leadership for their project, club and/or community. The Cowley County 4-H Leadership Lab will feature leadership opportunities to help youth learn about the skills it takes to be a leader such as:

• understanding yourself
• communicating
• getting along with others
• learning
• making decisions
• managing and working with groups

All activities will encourage youth to follow the do-reflect-apply model.

The Leadership Lab will feature ideas and options to inspire kids to do. Ideas will be sent in the monthly 4-H Flash and posted on the Cowley County 4-H Facebook page with mentorship provided by Extension Agents and adult mentors.

Below is a general calendar of upcoming leadership opportunities. Contact Becky or Kelsey with your leadership ideas and we'll help you make the best better!

Ongoing
Social media campaigns (videos, graphics, multimedia, etc.)
Radio spots
Written content
Service Projects (related to project areas or community needs)

October
National 4-H Week
National Youth Science Day
48 Hours of 4-H

4-H Proud Signs

Purchase your "I Am 4-H Proud" sign to show your support for National 4-H Week! The Junior Leaders still have yard signs available for $15 each. Signs are available for pickup in the Extension Office and checks can be made to "Cowley County 4-H Junior Leaders".

K-State Swine Day

SAVE THE DATE for the 2019 KSU Swine Day to be held at the KSU Alumni Center in Manhattan, Kansas on November 21, beginning at 8:00 a.m. with the trade show. We have a great program lined up for you including:

Latest update on K-State Applied Swine Nutrition Research: 15-minute rotation including topics on Swine Nutrition, Management and Feed Processing
K-State Swine Faculty
Decision Processes and Implementing a Nutritional Program in an Integrated System
Dr. Josh Flohr, Seaboard Foods, Guymon, Oklahoma
What the Canadian Industry is Doing to Prevent an ASFV Incursion
Dr. Egan Brockhoff, Prairie Swine Health Services, Alberta, Canada

Mark the date on your calendar and plan on attending this outstanding event. Please note that the registration deadline is November 12th. For online registration visit www.KSUswine.org. For questions, contact Lois at lschrein@ksu.edu or 785-532-1267.
Join your friends in surrounding counties to be trained up to be the best leader you can be in your 4-H Club! Facilitators will share tips, tricks and tools to help you be successful in your officer role.

Connect with members from clubs outside your county to learn what works for them.

Community Leader training will be held for Community Leaders from all three counties.

Transportation will be available, Please call 620-221-5450 to reserve your seat.
4-H Clubs and/or families are encouraged to donate an item to the “Fall For Extension” silent or live auction fundraiser by Friday, November 2nd.
# October 2019

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**Events:**
- Rosh Hashanah
- Columbus Day
- Indigenous Peoples' Day
- Flash info to Cindy
- Diwali
- Halloween
I pledge...

My head to clearer thinking
My heart to greater loyalty
My hands to larger service and
My health to better living
for my club, my community,
my country and my world