I am so excited to join the Cowley County Extension team as your 4-H Program Assistant! My name is Sarah (Tatum) LaGrone, I was born and raised in rural Cowley County on a 6th generation farm and ranch. Growing up I was always involved in 4-H; showing pigs, cattle, dairy cattle, sheep and rabbits. I continued my interest in livestock, pursuing my Associate’s Degree in Animal Science at Butler Community College where I was a part of the livestock judging team. During my time at Butler, I also served as the summer intern for Cowley County Extension. I continued my education at Kansas State University, receiving a bachelor's degree in Kinesiology with a secondary major in Gerontology.

Today, I own multiple businesses. I enjoy working alongside my husband growing a diversified agriculture operation which includes row crops, small grains, forage production, custom grazing, cow/calf and showpigs. I have enjoyed continuing to be a part of youth livestock shows through raising and selling pigs to youth exhibitors and serving as a volunteer Swine superintendent.

My interests are varied and include creative outlets such as photography, arts and sewing.

I look forward to learning about the 4-H program from a programming and educational perspective and will be planning some creative a fun events for you. Please don't hesitate to reach out with questions and introduce yourself at some of our upcoming events.

—Sarah LaGrone
Upcoming Meetings

The Cowley County Extension Council Executive Board meets monthly and conducts the business of the Extension Office. The March meeting will be held on Tuesday, March 2nd at 5:30 p.m. in the Assembly Room of the Cowley County Courthouse, 311 E. 9th Ave., Winfield.

4-H Council and Junior Leaders will meet Monday, March 15th, via zoom. Zoom links will be emailed. 4-H Council will meet from 7:00 p.m. - 7:45 p.m. Junior Leaders will begin at 7:50 p.m. If you were selected to represent your club at 4-H Council and find you cannot attend, please let your leaders know and find another member to serve in your place.

4-H Supporter's Week

March 14th-20th
Supporter's Week is an opportunity for 4-H members to thank members of the community who support 4-H in a variety of ways. A 4-H Supporter is not just someone who contributes money to the 4-H program. Supporters are cheerleaders for 4-H and are interested in seeing Cowley County 4-H thrive. Supporter lists were sent to Community Leaders to be disbursed throughout the membership. You may have additional supporters you know for your club who are not included on this list. Please be sure to thank them as well.

Clubs are welcome to thank their supporters as they see fit. Many clubs have families sign up to thank supporters. For 2021, we recommend that you do not make homemade food items. Instead, could you record a video of 4-H members visiting the individual or business with a thank you banner and post on social media? Use the hashtag #Cowley4HSupporter. We'll share on our Cowley County 4-H Facebook page too!

Handwritten (by 4-H'ers) thank you notes are also great. (Special thank you cards are available at the Extension Office) Please consider that a thank you note goes above and beyond, "Thank you for supporting 4-H." Take the time to share with your supporter a little about you and what you love about 4-H. Remember that larger businesses and organizations should be given more than an individual supporter.

Photography 101

Join us on zoom each Tuesday in March, at 7:00 P.M, for Photography 101! Through this series we will be breaking down photography! We will be learning mechanics of a camera, settings, composition, lighting and so much more! Special guest speakers will join us to share their stories and where photography as taken them! Whether you are a beginner or seasoned behind the lens you will not want to miss these tips and tricks. Click here to register: https://ksu.zoom.us/.../tJIudu2vrjoiHdavUy7VLWjNWoWR95JlrWWe

Walk Kansas

Walk Kansas will start on March 28, 2021. Teams of six people log minutes during the eight weeks to virtually walk paths in Kansas. Registration is $10.00 per person and will be online at www.walkkansas.org.

The first step is to join a team, select a challenge, and register. The captain of your team should initiate this process and register your team online. (The captain will need your email address.) When you receive the email invitation to join Walk Kansas as a member of a specific team, follow instructions for registration. If you don't have a team to join right now, register online and choose the "individual" option when it asks you to select a team registration or individual registration. You will be placed on a team that could use an additional member. The 2021 apparel options feature heather dark chocolate brown or heather sangria colors.
Contest Opportunities

The virtual contest links for both photography and FCS judging are listed below, with submission expected by March 23. Contests are open to all 4-H members.

4-H Photography Judging Contest

Photography is a life skill, but what is the secret behind great photos? Test your skills by participating in the virtual 4-H photography judging contest. Participants will examine four photos and rank from best to least. Click here to enter: https://docs.google.com/forms/d/e/1FAIpQLSd5Bju05YPQnfXriw1Mlz46vbrzCh_5hzF7Aku4bx9zGMoYOw/viewform?usp=sf_link

4-H Family and Consumer Sciences Judging - Winter Contest

4-H Family and Consumer Sciences judging challenges youth to use their decision-making skills by examining four options to address a problem statement. Various categories are featured with age-appropriate scenarios using real-life choices. Click here to enter: https://docs.google.com/forms/d/e/1FAIpQLSdA0o7nOeifnCzgqbQveUIfR5p1ADFh6n_Fnw5FBnem_6l2BzA/viewform?usp=sf_link

Kansas 4-H Sportfishing Tournament

The Kansas 4-H Sportfishing Tournament is open to all 4-H members. The contest runs throughout the year and ends September 15, 2021. Anglers can fish year round but entries must be in by the deadline, fish caught after the deadline may be entered in the next contest. Participants can enter in any species/categories that they catch fish – go fishing and have fun!!! For details and entry form, click here: https://www.cowley.k-state.edu/4-h/localeventsandregistration/index.html

Exploring Pollinators Theme for Art Contest

The Pesticide Safety and Integrated Pest Management Program is hosting an insect-themed art contest for Kansas 4-H’er’s and art students. This year the artwork needs to fit into the contest theme of “Exploring Pollinators.” The goal is to explore what pollinators do and why they are important and create an art piece that captures that information. Selected artwork will be used to promote pollinator week (June 21-27, 2021) and create other educational items. The program encourages youth to get your creative hats on and create an entry before the April 16, 2021 deadline. Entries must feature an insect as the central focus of the art. More information on the rules and how to submit an entry can be found at: https://www.ksre.k-state.edu/pesticides-ipm/ or you can e-mail fmiller@ksu.edu to have the rules e-mailed to you

Self-Regulation and Goal Setting help 4-H Youth Thrive

Thriving youth have their eyes on the future and set goals to get them where they want to go. Self-regulation, or the ability to make choices with a goal in mind, is a key skill for goal setting and a future orientation. Thriving youth are able to make choices and take actions for both short and long-term success, especially when it means letting go of short-term gratification in exchange for achieving a longer-term goal. Thriving youth also persevere to reach their goals, even when the going gets tough. This perseverance is known as “grit” and research shows that grit is a bigger predictor of success than innate intelligence or ability.

When working with 4-H youth:
• Encourage and help youth to set goals for what they want to achieve. Start with modest achievable goals that gradually get more difficult
• Help youth identify steps they will take to achieve their goals.
• When youth struggle, remind them of the idea of grit, and that with effort, their goals are achievable.
• When youth reach roadblocks to their goals, encourage them to reflect on what didn’t work and develop new strategies for achieving the goal.
• Remind youth of the importance of delaying short-term gratification for longer-term goals.
• Recognize youth for the achievement of their goals and the effort they put in to making their goals a reality.

Use the Setting 4-H Goals Worksheet to plan goals for each project area. This will be a helpful tool for the new Kansas 4-H Project Records (which replace the Kansas Award Profile or KAP).

New 4-H Project Records for 2020-2021

General and animal project forms are available for Juniors, Intermediates, and Seniors at https://www.kansas4-h.org/resources/4-h-library/awards-and-recognition/ProjectRecognition.html
2021 4-H Day Results

Congratulations! We had 23 individual entries and 2 gavel games! Results are listed below and have been emailed to participants.

If you missed 4-H Day this month, it's not too late! Check out 4-H Day 2.0.21 information in this edition of the Flash.

Senior Public Speaking:
Isaac Jirak, Udall 4-H Club- Purple
Elizabeth Jirak, Udall 4-H Club- Blue

Senior Presentations:
Caydence Billiter, Walnut Valley 4-H Club- Purple
Andrew Preston, Udall 4-H Club- Blue
Abigail Reid, Sunrise 4-H Club- Blue
Austin Henderson, Burden 4-H Club- Blue

Intermediate Presentations:
Rachel Jirak, Udall 4-H Club- Purple
Kennedy Holcomb, Floral 4-H Club- Blue
Brilee Pellegrini, Udall 4-H Club- Blue
Addison Robinson, Udall 4-H Club- Blue
Hailey Wilson, Udall 4-H Club- Blue
Anthony Jelinek, Udall 4-H Club- Blue
Adison Henderson, Burden 4-H Club- Purple

Junior Presentations:
Koy Holcomb, Floral 4-H Club- Blue
Lee Preston, Udall 4-H Club- Red
Westen Pellegrini, Udall 4-H Club- Blue
Ella Jelinek, Udall 4-H Club- Blue
Dalton Bowman, Udall 4-H Club- Red
Landry Robinson, Udall 4-H Club- Blue
Luke Ahlerich, Udall 4-H Club- Purple
Jake Jelinek, Udall 4-H Club, Blue
Olivia Clapp, DexterOtto, Purple

4-H Days 2.0.21

Traditionally, 4-H Club days allowed us to gather and share our presentations. If you had intentions of youth from your household participating but it didn't happen, we have the opportunity for you!

Introducing, 4-H Days 2.0.21. Youth will have the option of recording presentations (project talks, demonstrations, illustrated talks) that can be shared with a judge and/or featured on Cowley County's social media (Facebook, website). This will allow youth additional opportunities to share their knowledge (and add to their 4-H project records).

Youth will pre-enter so they can receive the appropriate Flipgrid link. Entries/uploads will be due by the first of each month (March 1, April 1, May 1 and June 1) using this link: https://kstate.qualtrics.com/jfe/form/SV_bdvmIlZ0ldr1NGC

Sunny Hills 4-H Camp

Cowley County will attend 4-H camp at Rock Springs June 15-18, 2021 with the Sunny Hills Camp Group. Camp is a great opportunity for youth in 3rd-7th grades (complete) to meet other youth from across the state and participate in activities like riflery, archery, disc golf, horseback riding and more! Bring a friend! Campers do not have to be members of 4-H. Scholarships are available on a limited basis. Scholarship applications are available in the Extension Office or on the county website at www.cowley.ksu.edu.

Registration details and deadlines will be released in March.

Camp Counselors Needed

Sunny Hills 4-H Camp is an opportunity for older 4-H’ers to gain positive leadership skills through service as a camp counselor. Counselors must be at least freshman-complete, however, preference is given to those who are sophomore-complete. Counselors will attend Counselor Training June 14-15. Applications are available online at https://www.cowley.k-state.edu/4-h/localeventsandregistration/Camp%20%20Counselor%202021%20application.pdf at the Extension Office, due date to be determined on March 15.

Discovery Days

Kansas 4-H Discovery Days will be delivered virtually on June 1-4, 2021. More details are forthcoming.

Seeking Kansas 4-H Host Families for Summer Japanese Youth Exchange

Japan and Kansas 4-H youth have a 40 year history of building connections and exchanging culture over Kansas summers. Even though we were not able to exercise this option in 2020, we are planning to host the In-Bound Kansas 4-H Japan Youth Exchange program in summer 2021. There will be limited family opportunities to host youth in 2021 due to the on-going COVID-19 pandemic. At this time, only Japan youth are available for Kansas host families. For more information, please contact Pam Van Horn at pvanhorn@ksu.edu.
Cowley County 4-H Livestock

Weigh-In
Beef Weigh-In and Tagging will be Sunday, March 7, 2021 at the Winfield Livestock Auction from 1:00 p.m.-3:00 p.m. All Market Beef and 2nd year bucket calves must be weighed and tagged on this day. This is also an opportunity to get Commercial Heifers tagged.

Spring Shows
Members interested in showing livestock at spring shows may view fliers for other county shows in our Spring and Summer Shows binder in the Extension Office, or online at www.cowley.ksu.edu.

Livestock and Horse Judging
Curious about why judges place livestock or horses the way that they do? Want to learn more about selecting quality livestock? Start judging! Livestock judging practices are held the 2nd and 4th Thursdays of the month at 5:30 pm in the Extension Office Meeting Room. Horse judging practice will begin again soon. If you are interested in judging, contact Kelsey.

Livestock Tagging Note
If your family is unable to attend a scheduled tagging date, please notify the Extension Office PRIOR TO the tagging deadline to make alternate arrangements. (620-221-5450 or 620-441-4565) See calendar for tagging dates.

Cowley County Classic
The Cowley County Classic Spring Beef Show will be held Saturday, April 24th at the Winfield Fairgrounds. Show flier and additional information are included in this Flash. If you are interested in helping with the show, please contact Kelsey 620-221-5450.

Cowley County Sheep and Meat Goat Show
The Cowley County Sheep and Meat Goat Show will be held Saturday, April 24th at the Winfield Fairgrounds. This is a great opportunity to learn more about sheep and goat production as well as increase your showmanship skills.

Special thanks to the committee of Keith Nulik, Sonya Martin, Amanda Jennings, Lacy Colquhoun, Greg Norwood, Candace Hendricks, Andrea Ahlerich, Marilyn Pelligrini, and Amber Quint for securing sponsors and helping to coordinate the show.

Kansas Junior Producer Days
Junior producer days are held to provide educational material and hands-on experiences for youth, parents, leaders, and extension agents. Various speakers share information on topics such as selection, nutrition, showmanship, fitting, reproduction, feeding, and disease control. Talks, demonstrations, hands-on activities, and door prizes are present at all events. Beef and Sheep days are held in the even years and Swine and Meat Goat days are held in the odd years.

The 2021 events will be virtual week-long programs, including presentations a couple of evenings during the week and wrapping up on Saturday morning. Although participation is free this year, all attendees, including youth and adults, still need to register using the links below.

2021 Virtual Junior Meat Goat Producer Week
March 15-20, 2021
Virtual Event
Registration Due: March 8, 2021
Registration Link: https://kstate.qualtrics.com/jfe/form/SV_8nPTtFq4JHZHitFX
Click HERE to view the flyer.

YQCA training
YQCA is required for members who will exhibit at the Kansas State Fair and/or Kansas Junior Livestock Show and must be completed by the specie specific nomination deadline (May 1 for Beef, June 15 for small livestock species). Until further notice, 4-H’ers may complete YQCA online. In-person training may be scheduled at a later date in the spring.
Livestock 2021

2021 4-H Program Year Tagging Procedures
COVID – 19 & Cowley County 4-H FAQs

The following livestock nomination (tagging/ownership) procedures allow for processes based on the level of severity of COVID-19 cases in Cowley County in order to keep our volunteers and participants safe.

Three levels of procedures will be put into place. They are as follows:

Level 1: Tagging will take place just like a “normal” year. All county tagging procedures will take place in person. KSRE staff, volunteers and youth participants will observe social distancing and masks must be worn.
Beef Tagging: Sunday, March 7; 1:00-3:00 p.m., Winfield Livestock Auction.
All market beef must be weighed and tagged with an official 4-H EID eartag. This includes Second Year Bucket Calf Market Steers and Second Year Bucket Calf Market Heifers.
Commercial (heifers that are not registered with a breed association) must also be tagged with an official 4-H EID eartag by Cowley County Extension Staff. Members are encouraged to bring Commercial heifers to Beef tagging day to be tagged.
Small Livestock Tagging (Sheep, Swine, Meat Goat, Bucket Calves): Tuesday, April 27; 4:00-6:00 p.m., Winfield Fairgrounds.
All breeding and market sheep, swine and meat goats must be tagged with an official 4-H EID eartag. Sheep and Meat Goats will be weighed to establish in initial weight for the rate of gain contest. Families who are unable to attend the tagging in-person, must contact the Cowley County Extension Office in advance to schedule an alternate tagging date. All small livestock MUST be tagged by May 1, 2021.
Bucket calves may be brought to the fairgrounds to be tagged. However, bucket calf tags may also be purchased over the counter and tagged by the 4-H family. Bucket calves must be born between January 1 and May 31 of the current 4-H program year and must be tagged prior to the Cowley County Fair.

Level 2: All county tagging procedures will take place in person. However, 4-H families will schedule an appointment for tagging and all 4-H families will be required to remain in the vehicle. Designated volunteers and KSRE staff will tag and/or weigh all livestock. Tagging dates will take place as indicated in Level 1. Families must schedule tagging appointment in advance.

Level 3: No in-person tagging will take place. All members will be required to complete the Livestock identification form found at https://www.cowley.k-state.edu/4-h/livestock2020.html. Forms must be emailed to knordyke@ksu.edu. Videos must be uploaded to the private Facebook group for each respective specie.

The New Kansas 4-H Dog Show Rule Book
is now available in the KSRE Bookstore at https://bookstore.ksre.ksu.edu/Item.aspx?catId=746&pubId=23480

Virtual State 4-H Horse Panorama
State 4-H Horse Panorama will be virtual in 2021. In partnership with the Horse Action Team, we will be moving all divisions of Panorama to a virtual format. For the current schedule along with additional registration details, click here: https://www.kansas4-h.org/tipsheet/announcement/?id=72706

Cowley 4-H Shooting Sports Club
Flower Sales
Please contact a member or go to cowley4hshootingsports@gmail.com to place an order.
Last Day to order this year is Thursday, April 8th. The flowers will be delivered, Friday, April 23rd to be picked up from 3:00-7:00 at the Winfield Marquee.
Specifics about delivery will be given out the week of delivery to adjust for any new CDC guidelines.
<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Deadline Details</th>
</tr>
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<tbody>
<tr>
<td>February 15-20</td>
<td>Junior Swine Producer Week (online)</td>
<td>Educational opportunity for all Swine exhibitors</td>
</tr>
<tr>
<td>March 7</td>
<td>Market Beef Weigh-In/Tagging Day, Commercial Heifer Tagging; Winfield Livestock Auction</td>
<td>Mandatory for all who wish to exhibit Market Steers/Market Heifers at the Cowley County Fair.</td>
</tr>
<tr>
<td>March 15-20</td>
<td>Junior Meat Goat Producer Week (online)</td>
<td>Educational opportunity for all Meat Goat exhibitors</td>
</tr>
<tr>
<td>April 27</td>
<td>Cowley County Classic Spring Beef Show</td>
<td>Educational show opportunity for beef exhibitors</td>
</tr>
<tr>
<td>April 27</td>
<td>Tagging for bucket calves, sheep (weigh-in), swine and meat goats (weigh-in), Winfield Fairgrounds</td>
<td>Mandatory for all members who wish to exhibit Sheep, Swine, Meat Goats at the Cowley County Fair.</td>
</tr>
<tr>
<td>May 1</td>
<td>Market Beef nominations due (Kansas State Fair/Kansas Junior Livestock Show). Requires Agent signature.</td>
<td>Mandatory for all members who wish to exhibit Market Beef at the Kansas State Fair and/or Kansas Junior Livestock Show.</td>
</tr>
<tr>
<td>May 1</td>
<td>Add/Drop Deadline for all 4-H projects. Must be completed online.</td>
<td>Mandatory for all local 4-H members.</td>
</tr>
<tr>
<td>May 1</td>
<td>Horse ID’s due. Requires Agent signature ON ORIGINAL ID FORM.</td>
<td>Mandatory for all 4-H'ers who wish to exhibit Horses at the County Fair, District Horse Show and/or State Horse Show.</td>
</tr>
<tr>
<td>May 1</td>
<td>Ownership/leasing deadline for all breeding livestock and Dairy Goats. Commercial females must be tagged with a county-issued EID tag, registered females must have registration in exhibitor's name.</td>
<td>Mandatory for all youth who wish to exhibit a breeding female or Dairy Doe at the Cowley County Fair.</td>
</tr>
<tr>
<td>May TBA</td>
<td>Cowley County Sheep and Meat Goat Show, Winfield</td>
<td>Educational show opportunity for youth livestock exhibitors.</td>
</tr>
<tr>
<td>June 15</td>
<td>4-H Grade and Dairy Cattle Leasing Identification Form due.</td>
<td>Mandatory for all 4-H Dairy exhibitors.</td>
</tr>
<tr>
<td>June 15</td>
<td>Commercial heifer, market swine, sheep and meat goat nominations due (State Fair/KJLS). Requires Agent Signature.</td>
<td>Mandatory for all members who wish to exhibit commercial heifers, market swine, sheep or meat goats at the State Fair/KLJS.</td>
</tr>
<tr>
<td>June 17</td>
<td>South Central District Horse Show entries due. Level testing must be completed before entering online.</td>
<td>Mandatory for all Horse members who wish to exhibit at the District Horse Show and/or qualify for the Kansas State Fair.</td>
</tr>
<tr>
<td>July 1</td>
<td>South Central District Horse Show, Hutchinson.</td>
<td>Mandatory for all Horse members who wish to qualify for the Kansas State Fair.</td>
</tr>
<tr>
<td>TBA (July)</td>
<td>Poultry Testing</td>
<td>Mandatory for all members who wish to exhibit poultry at the County Fair.</td>
</tr>
<tr>
<td>July 6</td>
<td>Cowley County Fair Entries Due</td>
<td>Mandatory for all Cowley County 4-H/FFA members.</td>
</tr>
<tr>
<td>July 25</td>
<td>Kansas State Fair Livestock Entries Due</td>
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<tr>
<td>July 25</td>
<td>Cowley County Horse Show, Burden</td>
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<tr>
<td>July 30- August 3</td>
<td>Cowley County Fair</td>
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<tr>
<td>August 1</td>
<td>State Fair Horse Entries Due</td>
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The Horse, Sheep, Meat Goat and Swine Project Superintendents have created facebook pages with helpful information. Search the following:
Cowley County Sheep Project
Cowley County Goat Project
Cowley County Swine Project
Cowley County Horse Project
**General Rules**

Entry is open to any bonafide 4-H or FFA member. Exhibitors must be at least 7 years old and not have passed their 19th birthday before January 1, 2021. The entry fee is $30/head by April 16, 2021. After April 16, entry will be $35/head. Entry fee must accompany the official entry blank. Pre-entries are preferred. All pre-entered exhibitors will receive a show t-shirt.

Cash awards will be given to the top three Market and top three Breeding animals ($500, $300, $250). Prizes will be awarded for Showmanship and Class winners. There will be no limit on the number of entries per exhibitor. Heifer and steer check in begins at 7:00 a.m. All entries must be checked in and weight cards are due by 9:00 a.m. on Saturday, April 24, 2021. No stalling, no bedding available. Must show off the trailer. Generators are encouraged. Exhibitors are to clean up their area before leaving the grounds. A minimum of 3 head is required to show as a breed. There will be an AOB class if needed. The show management reserves the right to alter and/or combine classes. Heifers must be accompanied by registration papers or a copy of transfer papers in the member’s name. There will be a commercial heifer class for all unregistered heifers. Market Steers will show by breed and weight. The Market Heifers will show by weight. The showmanship contest is open to all exhibitors and will be conducted as follows: Senior (14 and over), Intermediate (10-13), Junior (7-9). Age is determined before January 1, 2021.

There will be a separate Market and separate Breeding class for Cowley County Exhibitors with no entry fee. The Cowley County Classic will be a full-fit show.

**Skills learned in 4-H last a lifetime:**
- A positive self concept
- An inquiring mind
- A concern for the community
- Healthy interpersonal relationships
- Sound decision making

Please complete and return to: Cowley County Classic
c/o Cowley County Extension
P.O. Box 538
Winfield, KS 67156

**Exhibitors who pre-enter by April 16, 2021 will receive a t-shirt.**

Exhibitor Name ______________________________ Age (before 1/1/2021) ______

County __________________________ Address ________________________________

City/ST/Zip __________________________ Showmanship: SR _____ INT _____ JR _____

T-shirt size (indicate youth or adult size) ___________

Breed (specify steer or heifer)
1. __________________________
2. __________________________
3. __________________________
4. __________________________

*Kansas State University is committed to making its services, activities and programs accessible to all participants. If you have special requirements due to a physical, vision, or hearing disability, contact Kelsey Nordyke, 620-221-5450. Kansas State University Agricultural Experiment Station and Cooperative Extension Service K-State Research and Extension is an equal opportunity provider and employer.*
General Rules
Entry is open to any bonafide 4-H or FFA member. Exhibitors must be at least 7 years old and not have passed their 19th birthday before January 1, 2021. The entry fee is $15/head and $5 per exhibitor for showmanship by April 16, 2021. All pre-entered exhibitors will receive a show t-shirt. Entry fee is to defray expenses of the show. No refunds. Judge's decision will be final.
Animals shown in the market classes are not eligible to show in the breeding classes and vice versa. Everyone must check in at the registration table prior to weighing. This includes in-county, out of county, breeding and market entries. Market lambs must be slick-shorn to one quarter inch, to the hock. Wool on the face and below the hock is allowed. Market Goats will be shown clipped to 3/8" or less. All classes will be split by weight. All goats must be dehorned or tipped and rounded. All wethers must be castrated/banded prior to coming to the show. No bucks/rams allow.
The showmanship contest is open to all exhibitors and will be conducted as follows: Senior (14 and over), Intermediate (10-13), Junior (7-9). Age is determined before January 1, 2020. All animals shown in showmanship classes must be owned by the exhibitor. Classes will be determined by weight and specified by committee. Classes will be determined at the conclusion of weigh-in. Each exhibitor will be allowed to show only two head in market and two head in breeding classes.
No stalling, no bedding available. Must show off the trailer. Generators are encouraged. Exhibitors are to clean up their area before leaving the grounds.
All lambs must have lamb teeth, all goats must have kid teeth. All sheep and goats must have scrapes tag. No yearling ewes or yearling does. NO MISTREATMENT OF ANIMALS WILL BE TOLERATED.
HEALTH REQUIREMENT: Animals that are ill, have soremouth, and/or “club lamb” fungus will not be allowed to show. Decision of veterinarian is final.
The use of artificial coloring, except on hooves is prohibited. Each exhibitor must groom his/her own animal and may use only the assistance of an immediate family member (mother, father, legal guardian, brother, sister) or another 4-H/FFA member who is an exhibitor at the show. A special peewee showmanship class for children less than 7 years old will be offered during fitting and showing. **Peewees may ONLY exhibit in fitting and showing. Goats must be shown with all four feet on the ground. Exhibitors may use a collar, a collar with a short lead or a halter when showing. Medium (3mm) or smaller pinch collars will be allowed. There will be a separate Market and separate Breeding class for Cowley County Exhibitors with no entry fee.
Skills learned in 4-H last a lifetime:
A positive self concept
An inquiring mind
Healthy interpersonal relationships
A concern for the community
Sound decision making
---

**Exhibitors who pre-enter by April 16, 2021 will receive a t-shirt.**

Exhibitor Name ___________________________ Age ________ T-shirt size ________

County _________________ Address ___________________________

Sheep Showmanship ($5) Age by 1/1/2021 ______ SR ______ INT ______ JR ______ Peewee

______#Mkt. Lambs ______#Breeding Ewes ______Total Sheep (#head x $15 + $5 showmanship)

Goat Showmanship ($5) Age by 1/1/2021 ______ SR ______ INT ______ JR ______ Peewee

______#Mkt. Goats ______#Breeding Does ______Total Goats (#head x $15 + $5 showmanship)

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Family Editing Projects of Approved Enrollments

If your county has opted to allow families to edit projects on Approved enrollments, the following instructions may assist you in this process.

If you are unable to edit, you should contact your local Extension office for assistance. It's possible project edits may only be completed by staff and/or that the project editing deadline has passed.

1. Login to your family’s existing 4-H Online account.
2. Click on the View button next to the member’s name.
3. Click on Projects in the navigation pane.
4. Click [Edit].
5. Click [Select Projects] to add additional projects to the member’s enrollment.
6. If the member has enrolled in more than one club, use the drop-down to select the appropriate club.
7. Click [Select] next to the project desired.
8. If applicable, select the member’s Volunteer Type for the project.
9. Click [Add].
10. The new project will be added to the member’s project list.
11. If you need to delete a project from the member’s enrollment, click the trash can icon next to the project.
12. When you have completed making changes to the project, click [Close].

Families can now edit projects!!
**March 2021**

<table>
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<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
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<td></td>
<td>7:00 PM Floral 4–H Mtg</td>
<td>7:00 PM Dexter/Otto 4–H Mtg</td>
<td>7:00 PM Tisdale 4–H Mtg</td>
<td>7:00 PM Martha Washington 4–H Mtg</td>
<td>5:30 AM Cowley Co Extension Executive Board Mtg</td>
<td>7:00 PM Photography 101</td>
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<td>1:00 PM Beef Weigh In &amp; Tagging</td>
<td>2:15 PM 4-H Shoot–ing Sports Project Club Mtg</td>
<td>6:30 PM Udall 4–H Mtg</td>
<td>7:00 PM Cameron 4–H Mtg</td>
<td>7:00 PM Walnut Valley 4–H Mtg</td>
<td>7:00 PM New Horizon 4–H Mtg</td>
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<td>2:00 PM Muddy Creek 4–H Mtg</td>
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<td>Flash info to Cindy</td>
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<td>St. Patrick’s Day</td>
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<td>Palm Sunday</td>
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<td>Holl</td>
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<td></td>
<td>9:00 AM Walk Kansas starts</td>
<td>7:00 PM Photography 101</td>
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**April 2021**

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<th>Sunday</th>
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<td>27</td>
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<tr>
<td>Palm Sunday</td>
<td>Holl</td>
<td>7:00 PM Photography 101</td>
<td></td>
<td>April Fools’ Day</td>
<td>Good Friday</td>
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**Easter**

- Palm Sunday: 21 April 2021
- Good Friday: 2 April 2021
- Easter: 17 April 2021
I pledge...

My head to clearer thinking
My heart to greater loyalty
My hands to larger service and
My health to better living
for my club, my community,  
my country and my world

As someone who contributes time, talent and/or treasure to the benefit of Cowley County Extension, you are invited to be part of the Friends of Cowley County Extension organization. The group will alternate between morning and evening meetings to plan fundraising and advocacy events to support K-State Research and Extension Cowley County.

*Did you know? Tax deductible contributions can be made to the 4-H Development Fund (c/o PO Box 538, Winfield KS 67156) or to the Friends of Cowley County Extension Endowment (c/o Legacy Regional Community Foundation, 1216 Main Street, Winfield KS 67156)

Goodbye Winter - Hello Spring