Document As Things Happen
Record keeping is (or will be) an important part of a member’s life. Members will keep records in high school, in college, and at work whether they own their own business or work for someone else.

Now is the time to learn how to keep good records. The most important thing about 4-H record keeping is to know what records you need to keep and to find a comfortable way to collect information. Some of the most common ways of keeping up with 4-H records include a calendar, smart phone, computer, an index box, computer, or a notebook.

For the 2020-21 4-H Year, the Kansas Award Profile (KAP) has been replaced with the new 4-H Project Report forms available at Kansas4-H.org under the Resources Tab. On the sidebar, select: 4-H Library-> Awards and Recognition->Local Record Keeping & Project Report Forms. Select the appropriate age group (junior, intermediate or senior) and category (animals or general projects).

All families should print a copy of the "Guide to 4-H Project Recognition" that will guide you through the process. Remember, the 4-H Project Records should be completed by the member. 4-H members are encouraged to keep their permanent record throughout the year and complete at least one annual project report.

Start early, create a system to record activities, and take photos. Remember, failures make great stories. We learn from our mistakes!
**ATTENTION - URGENT**

**May 1st, 2021** is the last day to be enrolled (active - not pending), pay enrollment fees, and add or drop projects to be eligible for the 2021 Cowley County Fair. If you are not enrolled in a project by May 1st, you will not be allowed to exhibit in that project area at the fair.

Don’t remember what projects you enrolled in?
Log in to your family account on 4-H Online and click on the projects tab.

All project add/drops must be completed online at v2.4honline.com.

---

**Upcoming Meetings**
The Cowley County Extension Council Executive Board meets monthly and conducts the business of the Extension Office. The May meeting will be held on Tuesday, May 4th at 5:30 p.m. in the Assembly Room at the Cowley County Courthouse.

4-H Council and Junior Leaders will meet in person, (with a zoom link available) on Monday, May 17th. 4-H Council will meet from 7:00 p.m. - 7:45 p.m. Junior Leaders will begin at 7:45 p.m. If you were selected to represent your club at 4-H Council and you cannot participate, please let your leaders know and find another member to serve in your place.

---

**Cowley County Fair**
The Cowley County Fair is scheduled for July 29 - August 2. Pre-Entries will be online and due Tuesday, July 6. The 2021 official fair rule book will be available in an online format.

---

**4-H Development Fund**
The Cowley County 4-H Development Fund is a local non-profit 4-H foundation that was created in 1995 to assist Cowley County 4-H'ers as they take part in educational events and activities. 4-H members have benefited from college scholarships awarded annually at 4-H Achievement Night, Leadership Development Grants and camp transportation. Funding comes from gifts and donations of supporters. If a family or other supporter is interested in contributing, information is available in the Extension Office. Increased funding will result in increased opportunities for 4-H members.

**Leadership Development Grants**
Twenty Leadership Development Grants from the 4-H Development Fund are available to Cowley County 4-H members who are attending a multi-county, state or national 4-H leadership event. $50 Grants are awarded to applicants who complete the application with essay, write a thank-you to a 4-H Development Fund donor, and provide a leadership program to a Cowley County 4-H club or group. To apply, visit the 4-H page on the Cowley County Extension website https://www.cowley.k-state.edu/4-h/forms/index.html
**Photography Events**

Shutterbug events are photography workshops put on across the state by the Kansas State 4-H Photography Action Team. Workshops are typically scheduled as a morning session and concentrate on a variety aspects of composition. Examples of sessions include: Portfolio, I have a camera-now what?, Panning, Close-ups, Aperture Settings & Kaleidoscopes/Reflections.

2021 Shutterbug Events:

1. **Botanica**
   - Please note: $9 entry fee per person for all-day pass to Botanica
     1. Where: Botanica Gardens, Wichita, KS
     2. When: May 1, 2021 9:15 AM

2. **Shutterbugs at the Zoo**
   - Please note: $5 registration fee for each of the first five members of a family. Children 5 and under are free.
     1. Where: Lee Richardson Zoo, Garden City, KS
     2. When: May 8, 2021  8:30 AM

3. **Shutterbugs at Big Creek**
   1. Where: Agricultural Research Center, Hays, KS
   2. When: Oct. 9, 2021

4. **Shutterbugs at Old Jefferson Town**
   1. Where: Oskaloosa, KS
   2. When: November 6, 2021

*Events are subject to change based on current COVID restrictions.

**Sitter Solutions**

A class for beginning babysitters, ages 11-14. Sign up for this interactive class to learn about safety, entertaining children and the business of babysitting. The $10 fee includes snacks, lunch and supplies. Register in advance at: [https://bit.ly/3t4LPv4](https://bit.ly/3t4LPv4)

May 28, 9:30-2:30 Winfield - 311 E 9th, Cowley County Courthouse Extension Assembly Room
June 4, 9:30-2:30 Ark City - 400 W Madison, Water Treatment Plant

**Buy Your Groceries and Support Cowley County 4-H**

Cowley County 4-H has been accepted as a Dillons Community Rewards Member. 4-H supporters can enroll their Plus Shoppers Card into the program and Cowley County 4-H will get credit for every purchase its member makes using their registered Plus card. The more we shop with Dillons, the more opportunity Cowley County 4-H has to earn even bigger rewards. To enroll, go to the secure website [https://www.dillons.com/account/enrollCommunityRewardsNow](https://www.dillons.com/account/enrollCommunityRewardsNow). The NPO number you will need to enroll is 72632. You must re-enroll each year.

**Support 4-H and Cowley County 4-H Junior Leaders**

If you missed getting a 4-H yard sign, the Cowley County 4-H Junior Leaders have a few left. Signs are approximately 2’X3’ and are $10 each including stakes. Contact the Extension Office, 620-221-5450 to purchase your sign.
4-H Discovery Days - 2021

Kansas 4-H Discovery Days will be delivered virtually in 2021.

When: June 1st-4th, 2021

Who: 4-H Discovery Days is for young people ages 13-18 before January 1, 2021.

Registration Cost: $35 - REGISTER HERE! Before May 15.

General Schedule:

- Tuesday, June 1st - All participants
  o Evening Welcome Kickoff and Keynote Speakers
- Wednesday and Thursday, June 2nd and 3rd – Cohort Groups
  o Sessions organized into content related tracks
  o 10-35 Youth per track
  o Four, hour long sessions designed to engage and build upon a content area
  o Utilizing hands on learning and flipped classroom options where some content will be available beforehand and sessions are used for engagement
  o Sessions held between 9-5 each day (some flexibility to tailor the content delivery schedule to the content delivered)
- Friday, June 4th – All Participants
  o Morning Wrap-up and Cap-note Speakers

Discovery Days objectives:

- Help youth learn new ideas, techniques, and skills they can use personally and in their 4-H clubs or groups and communities
- Give youth in-depth training through hands-on educational sessions from content and youth development experts
- Prepare youth to make informed decisions about their careers and college path
- Enhance personal growth by giving opportunities to develop responsibility, confidence, independence, accountability, problem-solving, decision-making, and time management skills
- Help youth meet new people and make new friends from different places and with different backgrounds from across the state
- Provide an opportunity for youth to experience the K-State campus and its wealth of resources
- Develop college and career readiness skills which prepare participants academically and socially for a successful transition to college and life as an adult

Entrepreneur Club

If you missed the winter sessions of Entrepreneur Club, there is a self-paced option to complete at your convenience. Youth that complete the modules will be eligible to sell with other youth at the collaborative youth booth. Contact Becky (bkreid@ksu.edu) for details.
2021 Fair Changes

• Sheep and Meat Goat check-in will be Wednesday evening from 7pm-9pm.
• Swine unloading on Thursday will travel along the east side of the cattle barn, to the north side of the swine barn and unload at the washracks.
• Rabbit check-in will be from 6-8pm on Thursday.
• Beef and Dairy cattle tie-outs will be kept in one area.
• Exhibitors from both departments are expected to share the tie out area and clean up after themselves after using tie-outs each day.
• Poultry, Rabbits, Dairy Goats and Bucket Calves will be released Monday by 1pm.
• Swine rate of gain contest will be added for 2021. All market lambs must have weighed at small livestock tagging/weigh-in in April.
• Beef and Meat Goats will exhibit in divisions instead of breed classes.
• Dairy Cattle rule #3 is changed to: Exhibitor must have owned or leased the dairy animal for a minimum of 100 days before the county fair. All lease, registration and/or transfer papers must be made in the name of the exhibitor and dated no later than June 15 of the current year.
• Re-word General Livestock Rule #4 to : Exhibitors are limited to exhibiting a total of 4 head in each specie. Exception: Beef and Dairy Cattle may exhibit 5 head including Dairy Cow and Beef Cow/Calf pair. However, the Dairy Cow of Beef Cow/Calf pairs will not stay at the fair due to space restrictions.

Nominating Livestock for the Kansas State Fair and Kansas Junior Livestock Show

In order to be eligible to exhibit livestock (Beef, Sheep, Meat Goats, Swine) in the Grand Drive of the Kansas State Fair and/or the Kansas Junior Livestock Show, exhibitors must complete the state nomination process found at https://www.asi.k-state.edu/research-and-extension/youth-programs/nominated-livestock/

Any youth exhibiting at the Kansas State Fair or Kansas Junior Livestock Show must also complete Youth for the Quality Care of Animals (YQCA) training.

Small Livestock Project Health Tips:

Worm on a monthly basis March 1, April 1, May 1, June 1, July 1. Be sure to rotate wormers and check the label for withdrawal information.
Use a feed specially formulated for your livestock specie and NOT an "all-stock" feed.
Weigh on a regular basis and hand feed according to your animal’s needs. Each specie has a minimum weight they must meet in order to sell in the premium sale.
- Swine: 230-290 pounds
- Sheep: 95 pound minimum
- Meat Goat: 50 pound minimum

Water is the most important nutrient you provide your livestock. Make sure that plenty of fresh, clean water is always available. Clean water buckets/troughs regularly.
Start an exercise program. Practice leading/driving, tying, setting up your livestock regularly.

For additional help with your livestock project, contact one of your superintendents or email Kelsey (klnordyke@ksu.edu), or Sarah (slag11@ksu.edu).
South Central District Horse Show
The South Central District Horse Show is scheduled for Thursday, July 1, 2021 at the Kansas State Fairgrounds in Hutchinson, KS. The District Horse Show is the qualifying event for horse project members that wish to exhibit at the Kansas State Fair 4-H Horse Show. In order to participate at the District Show, members must have completed the Level 1 Kansas 4-H Horse Level Test. Entries are due June 15, 2021. Exhibitors should complete the online registration at https://kstate.qualtrics.com/jfe/form/SV_1RZHi55M517yBgi they will be invoiced via PayPal for their fees.

Levels Testing:
• All levels testing must be complete by June 15.
• The $10 fee ($5 for exam and $5 for riding) will still apply. This will be sent in with the signed coversheet upon the successful completion of the online test.
• Contact Kelsey for the link to the exam. (klnordyke@ksu.edu)
• A list of evaluators is available from Kelsey.
• The leadership section will include: online club meeting talks/demonstrations, virtual horse judging or clinic, Panorama, etc.
• Youth are able to complete multiple levels in a year, but they must be done in order.
• Study materials can be found at https://www.kansas4-h.org/projects/animals/horse.html

Dog Project
Dog practice will resume on Tuesday evenings at 6:30 p.m. at the Winfield Fairgrounds. If you have any questions, contact Rachel Hanna at eve_ii@hotmail.com.

Project Leaders
Project Leaders are vital to the success of the 4-H program. Project Leaders provide educational experiences for members of a particular project and serve as a resource. Knowledge in a particular subject matter is not a requirement in order to serve as a project leader, although it is sometimes helpful.
Cowley County 4-H has a great need for project leaders at the club and county level. We are especially interested in recruiting adults or teens who are willing to coordinate at least six project experiences per year in the following areas:

Sheep               Clothing Buymanship &                   Leadership
Meat Goats          Construction                           Horticulture
Beef                Foods & Nutrition                      Arts and Crafts

Curriculum is available to help beginning leaders get started.
In order to serve as a project leader, one must complete the Volunteer Screening Process which includes: Volunteer Service Application, background check, enroll as a volunteer in ks.4honline.com and appointment by the local unit board.
If you or someone you know is interested in providing great learning opportunities for our 4-H'ers, please contact Kelsey.
Youth for the Quality Care of Animals (YQCA) is a national, multi-specie quality assurance program for youth ages 8-18. The program promotes food safety, animal well-being and character development. With YQCA, you’ll discover what it takes to be an informed producer, consumer and employee of the agriculture and food industries.

Who is required to take YQCA?
Youth ages 8-18 who intend to exhibit Swine, Sheep, Beef or Meat Goats at the Kansas State Fair and/or Kansas Junior Livestock Show must be YQCA Certified. Youth showing livestock both locally and at state shows are encouraged to take YQCA training. Youth may attend an in-person, instructor led training or an online web-based training.

Upcoming Trainings

Friday, May 7, 2021; 1:45 p.m.
Ark City High School

Tuesday, May 11, 2021; 5:30 p.m.
Cowley County Extension Office

Sign up for training

Registration is $3 and must be completed online. Go to https://learngrow.io/ and register for the training titled, “Ark City High School Ag Room” or “Cowley County Extension Office”. To login, create an account at http://learngrow.io/ or login with your 4-H Online credentials. Select this training and make the $3 purchase using a credit/debit card.

Questions? Contact Kelsey Nordyke at 620-221-5450; knordyke@ksu.edu
Friends of Extension Corner
Did you know the Friends of Cowley County Extension benefits 4-H families? That's right! The Friends of Cowley County Extension is the group of Extension supporters who organize the annual Fall for Extension fundraiser event. Fall for Extension helps to supplement the annual Cowley County Extension budget, which allows our Extension Agents to continue to provide programming and educational opportunities to local citizens. The Cowley County 4-H program is under the guidance and direction of the Cowley County Extension Council. Information about the Friends of Extension will be shared with 4-H families on a monthly basis through the Friends of Extension Corner in the 4-H Flash. To learn more, visit https://www.cowley.k-state.edu/

Winter FCS Contest Results

<table>
<thead>
<tr>
<th>Rank</th>
<th>Score</th>
<th>Name</th>
<th>School</th>
<th>Age Group</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st</td>
<td>183</td>
<td>Luke Ahlerich</td>
<td>Udall</td>
<td>Junior (7-9)</td>
</tr>
<tr>
<td>2nd</td>
<td>180</td>
<td>Jake Jelinek</td>
<td>Udall</td>
<td>Junior (7-9)</td>
</tr>
<tr>
<td>3rd</td>
<td>177</td>
<td>Eve Romero</td>
<td>Walnut Valley</td>
<td>Junior (7-9)</td>
</tr>
<tr>
<td>4th</td>
<td>171</td>
<td>Dalton Bowman</td>
<td>Udall</td>
<td>Junior (7-9)</td>
</tr>
<tr>
<td>1.</td>
<td>181</td>
<td>Rachel Jirak</td>
<td>Udall 4H Club</td>
<td>Intermediate (10-13)</td>
</tr>
<tr>
<td>1.</td>
<td>181</td>
<td>Anthony Jelinek</td>
<td>Udall 4-H</td>
<td>Intermediate (10-13)</td>
</tr>
<tr>
<td>2.</td>
<td>180</td>
<td>Brilee Pellegrini</td>
<td>Udall 4-H</td>
<td>Intermediate (10-13)</td>
</tr>
<tr>
<td>1st</td>
<td>182</td>
<td>Isaac Jirak</td>
<td>Udall 4-H Club</td>
<td>Senior (14-18)</td>
</tr>
<tr>
<td>2nd</td>
<td>181</td>
<td>Elizabeth</td>
<td>Udall</td>
<td>Senior (14-18)</td>
</tr>
</tbody>
</table>
4-H Program Responsibilities

While Cowley County is working without a specific agent with 4-H Youth Development responsibilities, the following division of responsibilities will be observed. If you have any questions, do not hesitate to contact Becky (bkreid@ksu.edu) or Kelsey (klnordyke@ksu.edu)

<table>
<thead>
<tr>
<th>Kelsey</th>
<th>Becky</th>
</tr>
</thead>
<tbody>
<tr>
<td>Clover Bud-Intermediate</td>
<td>Intermediate and Senior</td>
</tr>
<tr>
<td>New Family A-J</td>
<td>New Family K-Z</td>
</tr>
<tr>
<td>4-H Council</td>
<td>Junior Leaders</td>
</tr>
<tr>
<td><strong>Project Areas:</strong> Livestock and Animals, Entomology, Geology, Shooting Sports, Woodworking, Electricity, Small Engines, Ag Mechanics, Crops</td>
<td><strong>Project Areas:</strong> Foods, Clothing, Fiber Arts, Visual Arts, Photography, Space Tech, Horticulture/Floriculture, Leadership/Citizenship, Communications</td>
</tr>
<tr>
<td>Volunteer Recruitment/Training</td>
<td>Social Media/Website</td>
</tr>
<tr>
<td>4-H PDC Policy changes</td>
<td>4-H PDC Reaching New Audiences</td>
</tr>
<tr>
<td>Awards- Project and Scholarships</td>
<td>Awards- Achievement Pins/Club Seals</td>
</tr>
<tr>
<td>4-H Development Fund</td>
<td>Volunteer Recognition</td>
</tr>
<tr>
<td><strong>Club Support:</strong> Floral, Tisdale, Burden, Muddy Creek, Udall, Martha Washington, Shooting Sports</td>
<td><strong>Club Support:</strong> Sunrise, Walnut Valley, Cameron, Rock Creek, New Horizon, Dexter-Otto</td>
</tr>
<tr>
<td>4-H Supporters</td>
<td>4-H Supporters</td>
</tr>
<tr>
<td>4-H Camp</td>
<td>Discovery Days</td>
</tr>
<tr>
<td>Livestock Judging</td>
<td>FCS Judging, Photography Judging</td>
</tr>
</tbody>
</table>
### May 2021

<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
</tr>
</thead>
<tbody>
<tr>
<td>25</td>
<td>26</td>
<td>27</td>
<td>28</td>
<td>29</td>
<td>30</td>
<td>1</td>
</tr>
<tr>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td>6</td>
<td>7</td>
<td>8</td>
</tr>
<tr>
<td>9:00 AM New Event</td>
<td>7:00 PM Floral 4-H Mtg</td>
<td>6:30 PM Dog Practice</td>
<td>Cinco de Mayo</td>
<td>5:30 PM Livestock Judging Practice</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Orthodox Easter</td>
<td>4-H Mtg</td>
<td>4-H Mtg</td>
<td>4-H Mtg</td>
<td>4-H Mtg</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2:15 PM 4-H Shoot</td>
<td>7:00 PM Tisdale 4-H Mtg</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>6:30 PM Udall 4-H Mtg</td>
<td>7:00 PM Martha</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>4</td>
<td>5</td>
<td>6</td>
<td>7</td>
<td>8</td>
<td>9</td>
</tr>
<tr>
<td>Mother’s Day</td>
<td>6:30 PM Dog Practice</td>
<td>6:30 PM Dog Practice</td>
<td>Eid al-Fitr</td>
<td></td>
<td></td>
<td>Flash info to Cindy</td>
</tr>
<tr>
<td>3:00 PM Rock Creek 4-H Mtg</td>
<td>7:00 PM New Horizon 4-H Mtg</td>
<td>7:00 PM Dog Practice</td>
<td>7:00 PM Dog Practice</td>
<td>7:00 PM Dog Practice</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4-H Mtg</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3:30 PM Burden 4-H Mtg</td>
<td></td>
<td>7:00 PM Walnut Valley 4-H Mtg</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>10</td>
<td>11</td>
<td>12</td>
<td>13</td>
<td>14</td>
<td>15</td>
<td></td>
</tr>
<tr>
<td>2:00 PM Muddy Creek 4-H Mtg</td>
<td>6:30 PM Dog Practice</td>
<td>6:30 PM Dog Practice</td>
<td>5:30 PM Livestock Judging Practice</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tax Day</td>
<td>7:00 PM 4-H Council</td>
<td>7:00 PM 4-H Council</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>23</td>
<td>24</td>
<td>25</td>
<td>26</td>
<td>27</td>
<td>28</td>
<td>29</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>6:30 PM Dog Practice</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>30</td>
<td>31</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>Memorial Day</td>
<td>6:30 PM Dog Practice</td>
<td>5:30 PM Livestock Judging Practice</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
I pledge...

My head to clearer thinking
My heart to greater loyalty
My hands to larger service and
My health to better living
for my club, my community,
my country and my world