### A letter from Sarah

Hello July!

The Fair is almost here!!! A BIG ITEM TO CHECK OFF THE LIST IS TO PRE-ENTER BY JULY 5!

There is always some confusion about the difference between enrollment and pre-entries. Think of it this way, 4-H Online or v2.4honline.com is how the county and state of Kansas oversee a whole years' worth of 4-H programming! Because 4-H is so much more than County Fair. The Show works program or cowley.fairwire.com is how our office organizes the Cowley County Fair with over 3,000 entries!

Please always reach out for questions. I am happy to answer them or put you in contact with mentors that are happy to help.

Now it is time to take a breath!!! You want to know the secret to having a fun fair? Practice, practice and then practice a little more. :) If you practice hard, ask questions and prepare things early you can get to the fair and enjoy it! The County Fair is supposed to be fun, and I am bound and determined to help prepare you so it can be. Always remember everyone is human, we are all there to have a good experience and give these kiddos opportunities. We can be competitive and still have fun, make new friends, make positive memories, have passion and pride of our project with learning what we need to grow on to be better in the future. Do not forget there is always someone looking up to you and watching you. Littles are looking up to older 4-Hers and they all are watching their parents and fair staff. Have grace, let’s have some fun and I am so EXCITED to see you all at the Cowley County 4-H!

Sarah
July Check-Up
★ Are all your club members enrolled and have they done their fair pre-entries?
★ Have you turned in your food stand and Barn 4 worker lists?

Review
★ Read the 4-H Newsletter and mark important dates on the calendar. (Have you noticed all the links provided?)
★ Review highlights from the 4-H Newsletter at your club meeting.
★ Have you checked out the 4-H Club Corner?

To-Do
★ Turn in Foodstand and Barn 4 worker lists
★ Make sure 4-H Council report is given to the club
★ Check club mailbox at Extension Office
★ Share this KSF update with 4-Hers in the Foods project

Promote/Recruit
★ 7/5 Fair Pre-Entry Deadline
★ 4-H Media Team
★ Entrepreneur Club
★ Sign-up for County Committees

Remember
★ Club t-shirts REQUIRE approval, the form to do so is on our website under 4-H Youth Development, forms, Cowley County 4-H Apparel Approval Form

Important Dates and Deadlines
★ underlined text is a link

July
- 7/4 Cowley County Extension Office Closed
- 7/6 Extension Board Meeting 5:30pm
- 7/5 ENROLLMENT ENTRY DEADLINE to show at the Cowley Co. Fair (must have an approved enrollment status by 7/5)
- 7/5 ADD/DROP Projects deadline
- 7/5 FAIR PRE-ENTRIES DUE
- 7/6 Dairy Cattle Showmanship Clinic
- 7/7 Swine Fitting & Show Prep Clinic
- 7/15 KSF Livestock Entries Due
- 7/18 Sitter Solutions, Ark City
- 7/19 Bucket Calf Clinic
- 7/20 Fashion Revue Modeling Workshop 3:30pm
- 7/20 Foods Project Workshop 4 pm
- 7/20 Foodstand Clean Up 5 pm
- 7/24 Sitter Solutions, Winfield

- 7/27 4-H Council Meeting 7 pm- Foodstand
- 7/27 Watermelon Feed! At the 4-H Council mtg
- 7/27 Fair Superintendent Meeting
- 7/29 4-H Horse Show; Burden Arena 8 am
- 7/29 4-H Junior Rodeo; Burden Arena 5pm

August
- 8/1 KJLS entries due
- 8/3-7 Cowley County Fair
- 8/4 & 8/7 Cowley County Extension Office Closed
- 8/8 Wheat Expo
- 8/11 Kansas State Fair non-livestock pre-entries due
- 8/12 4-H Horticulture Judging Contest
- 8/19-20 KS 4-H Livestock Sweepstakes

September
- 9/8-17 Kansas State Fair
4-H Council & Junior Leaders

July 27, 2023 - 6:00 p.m.
Meeting Location:
Fairgrounds/ Foodstand

If you were selected to represent your club at 4-H Council and find you cannot attend, please let your leader(s) know in advance and find another member to serve in your place.

July 17, 2023 - 7:00 p.m.
Meeting Location:
Fairgrounds/Foodstand

If you are 12 and older, you can be part of 4-H Junior Leaders. Youth will learn about leadership through activities. Visit the "Cowley County 4-H Junior Leaders" Facebook page to see how we demonstrating leadership.

Upcoming Events

ALL HANDS ON DECK!!
for the 4-H Foodstand Clean Up

The foodstand is the only fundraiser 4-H does. Please plan to help get it ready for business at the fair.

July 20
5:00 p.m.

We need to clean before the fair! Numerous items will need to be removed and cleaned. The food stand floor will be professionally cleaned, so we need two shifts of volunteers to move large items (4:45-5:15 p.m. and 7:15 - ?) If anyone has a pressure washer, please contact the Extension Office.
Cowley County Fair

4-H Official Fair Rule Books were mailed to families on June 16th. Pre-Entries are online and accepted until July 5th. **LAST DAY TO SUBMIT PRE-ENTRIES IS JULY 5th.**

Fair Entries can **NOT** be added at fair, but can be deleted. Late entries are accepted within 72 hours after July 5 with a $30 fee per participant. All 4-H pre-entries are due **Wednesday, July 5** using the fairwire system we’ve used in the past. All 4-H families were mailed a letter with pre-entry reminders, and the link for the online entries along with the official fair rule book.

**Fair Superintendents**
Will meet at the fairgrounds on July 27 at 7:00 p.m.

**Help Us Improve the Fair**
What can we do to improve the Cowley County Fair? This is the procedure you should follow:
1. Fair suggestions must be submitted to the attention of the 4-H PDC in writing. Electronic versions (email/ fax) will also be accepted. Verbal recommendations will not be considered.
2. Your suggestions must be signed and dated. Suggestions will not be considered without a dated signature.
3. All suggestions are due by September 8, 2023 at 5:00 p.m. Suggestions will **not** be considered after the deadline.
4. Suggestions should be turned in or mailed to: Cowley County Extension Office, 311 E 9th, PO Box 538, Winfield KS 67156. The 4-H Program Development Committee reviews all department evaluations and acts on written recommendations which are then made to the Fair Board. Verbal recommendations **CANNOT** be considered.

**Fair Camping:** The Cowley County Fair Board requests that 4-H families who camp during the fair camp in the campground area (west of the barns) at the fairgrounds, not the Pecan Grove. This better insures the safety of our participants, eliminating the need to cross 14th Avenue. The fairboard will not provide security or trash pick up to the Pecan Grove. A complete listing of camping rules can be found at www.cowleycountyfair.com. UTV’s may only be driven by licensed drivers, have working lights and must be fully insured.

**Favorite Foods Contest & Decorated Foods**
**Judging** July 25, 2023 11 a.m. - 1 p.m. Brown Center @ Cowley College, Arkansas City. In an effort to protect and preserve decorated food entries, judging for 4-H decorated foods will again be at Cowley College’s Brown Center. This will also be an opportunity for youth to enter exhibits for the Favorite Foods Contest. Learn more about this contest on the **Cowley County KSRE website**. This is the same day as 4-H Clothing and Fashion Revue judging. (this date is optional, you may choose to show at the fair.)
Are you exhibiting Beef, Swine, Sheep and Meat Goats at the Cowley County Fair? Please read closely and call with questions! Below you will find a picture of the Livestock Destination Card. This card is very important for show management as it lets us know where your animal is going when they are released after the fair. This will allow us to send correct and detailed list with our truck drivers and packers. Once your species show is complete you will be able to pick this card up from your specie superintendent. This card needs to be turned in ASAP to your specie superintendent (latest 2:00 PM on Saturday) or will result in premium dock. You will have a card for each Beef, Swine, Sheep or Meat Goat you have at the fair (omitting breeding beef).

**STEP 1**- Check the cards label information and make sure it is correct (Exhibitor, class, tag, animal, weight ext.)

**STEP 2**- Select one of the livestock destination options to tell us where that animal is going when released Monday night. (Note the Cowley County Fair is not a terminal show BUT selling in the PREMIUM SALE on Monday night IS terminal, you may only sell ONE animal in the premium sale)

- **HOME**- This option is for an animal you are going to load up on your trailer and take home. Examples are breeding animals you want to take home, any animal you want to take home to go on to another show, animal that you have an arranged locker appointment for a later date.
- **LOCKER**- This option is for an animal you do not want to go through the premium sale and you have either already sold the meat or you are getting the animal processed for your family. This option will need to choose from either of the locker trailers we will have available. This option allows you to load animal on one of those trailers and you do not have to take animal home and haul to a locker at a different date.
- **BASE**- This option is for animals that you do not want to take home nor have the meat sold. If you select Base this animal will be loaded on the base trailer and youth will be paid the Base Bid price/pound for their animal. (Those prices will be posted at the fair)
- **PREMIUM SALE**- This option signs your animal up to be sold in the Premium Sale on Monday night. This option the meat will be available for the premium buyer to either purchase the meat or send the animal on the Base truck.
- **PREMIUM ONLY SALE/Meat already sold**- This option allows you to sell the animal in the Premium Sale on Monday night for PREMIUM ONLY, but allows the youth to have already marketed and sold their meat or maybe have decided to keep the meat for their family. This will be marked in the Auction book so buyers know the meat is already sold and not an option to purchase the meat. You will need to choose from the locker options available for pick up post sale. These animals are terminal and in no instance go home on a personal trailer. The transaction of youth and meat buyer is at the youths discretion, the Extension and Fairboard do not oversee this transaction nor will be held liable.

**STEP 3**- Turn in to your superintendent

Lockers that have corresponded they will have a trailer available on Monday night of the Fair are: Walnut Valley Packing Cedar Vale Locker
The Cowley County Fair King & Queen Contest is designed to bring to the attention of the general public the outstanding youth of our county, to promote youth development organizations involved with the fair and to promote the Cowley County Fair. Entry Deadline - July 1, 2023. All applications will be reviewed by the judging committee prior to the Cowley County Fair. Late applications will not be accepted.

RULES:
1. Each Cowley County Fair Group, FFA Chapter or 4-H Club may nominate King and Queen candidates from their eligible membership.
2. All contestants must be nominees of one Cowley County organization named above.
3. All contestants must be exhibitors in the Cowley County Fair in the year nominated.
4. All contestants must be between 14 and 18 years of age before January 1 of the current year.
5. Contestants who have previously served as King or Queen will not be considered.
6. Contestants who have not served as King or Queen may re-enter the contest.
7. Final selection of King and Queen will be made by a combination of judges’ scores and balloting by Cowley County Fair board members.
8. Candidates may not bring additional items, such as scrap books, photo albums, etc. into the interviews. Judges’ selections will be based solely on the written application and personal interview.
9. All nominees must complete the King and Queen Entry Form and return to Cowley County Extension, 311 E 9th St. (P.O. Box 538), Winfield, 67156 by 5:00 p.m. on or before July 1.
10. Interviews will be the week of July 11th-17th.
11. Winners will be announced on July 19 and notified via (phone/email/mail).

INTERVIEWS: Face to face interviews will be conducted by three or more judges selected by the Cowley Fair Board King and Queen Committee. Date and location of the interview TBD. Face to face is defined as physically in the room with the judges. No additional materials may be brought to the interviews.

SCORING: Scoring will be done as follows:
1. Cowley County Fair Activities 30%
2. Club or Chapter Activities 15%
3. School, Church, Community Activities 10%
4. Poise and Personality 20%
5. Personal Appearance 10%

RESPONSIBILITY OF COWLEY FAIR QUEEN AND KING COURT:
1. Attend all Cowley County Fair shows and sales during the current fair. May be excused to attend functions to represent Cowley with approval of Cowley Fair King and Queen Committee or committee advisors.
2. Must be available to present awards to all Cowley Fair Shows, responsibilities being divided if one or the other is showing.
3. A schedule of time and places where attendance is required will be provided by the Cowley Fair King and Queen Committee. The King and Queen will be responsible for assigning all court members to Cowley County Fair shows and events. Court members will meet immediately following the coronation to review responsibilities.
4. The King and Queen shall represent Cowley County Fair.

Click HERE for an application.
The money raised in the Food Stand is used to support our 4-H programs through scholarships to state 4-H events, transportation to Discovery Days, volunteer development awards and recognition at Achievement Night, officer training and much more. Here is the schedule of workers for the Food Stand at the Cowley County Fair. An additional Thursday evening shift has been added. 4-H alumni generously give of their time to help raise money for 4-H during this shift. However, current 4-H families are welcome and encouraged to work during this time.

Please assign at least 5 adults to each shift. They are needed to run the cash register, operate the grill and appliances, and help with food preparation.

Each club is REQUIRED to have a shift manager. The shift manager must be a responsible adult or teen. Shift managers should recruit workers, view the shift manager orientation video and turn a list of volunteers in to the Extension Office by Thursday, July 27th.

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2023 4-H Foodstand Schedule

**Friday, Aug 4**
7:30 - 12:45 Tisdale
12:30 - 5:45 Dexter-Otto
5:30- 11:00 Sunrise

**Saturday, Aug 5**
7:30 - 12:45 Burden
12:30 - 5:45 Martha Washington
5:30 - 11:00 Walnut Valley

**Sunday, Aug 6**
11:00 -5:45 Floral
5:30-11 p.m. Cameron

**Monday, August 7**
8:00 - 1:00 Udall
12:45 - 5:45 Shooting Sports
5:30 - 11:00 Muddy Creek & Country View

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2023 Barn 4 Supervisor Schedule

Supervisors are vital to the success of our county fair. It is how we keep our exhibit areas looking nice and provide assistance to our many patrons. Clubs are assigned times to have a committee of at least one adult (1) and two youth present (2) in Barn 4 display area. Clubs must turn in names by Thursday, July 27th.

Please sign in and wear a “Barn 4 4-H Supervisor” name tag while on your shift. Sign in sheet and name tags will be available at the Friends of Extension display in the middle of the barn.

**Friday, Aug 4**
6:00-7:30 Country View
7:30-9:00 Walnut Valley
9:00-10:45 Muddy Creek

**Saturday, Aug 5**
6:00-7:30 Udall
7:30-9:00 Shooting Sports
9:00-10:45 Tisdale

**Sunday, Aug 6**
6:00-7:30 Dexter-Otto
7:30-9:00 Martha Washington
9:00-10:45 Sunrise

**Monday, August 7**
6:00-7:30 Burden
7:30-9:00 Floral
9:00-10:45 Cameron
Chad Flower has always been a generous 4-H Supporter. Please show him and his family how our 4-H Family can come together to support one of our own.

Cowley County 4-H Junior Leaders

Once a 4-Her, always a 4-Her! One of our 4-H Alumni is currently in a fight against bone cancer. Please help our 4-H Junior Leaders with a fundraiser for the family of Chad Flower.

**Bandana sales** - $3 a piece, available at the Extension Office prior to fair. Or from any 4-H Jr. Leader during fair.

**Gift Basket** - Will be on display in Barn 4. Tickets available during fair from any 4-H Jr. Leader
2023 Official Fair Rule Book - Paper books and entry instructions were mailed June 16th.

Consultative Judging of a 4-H Project Exhibit

KSRE Cowley County Fair webpage

Kansas State Fair 4-H Exhibitor Handbook

Preparing Your Photos for Fair

Fashion Revue Modeling Workshop
Thursday, July 20, 3:30 p.m.
Extension Assembly Room

Youth who purchase outfits, sew, knit/crochet, or craft clothing items can participate in 4-H Fashion Revue. This workshop helps youth practice modeling and reviews required paperwork.

Foods Project Workshop
Thursday, July 20, 4:00 p.m.
Extension Assembly Room

NEW - Not every baked recipe is the best choice for a 4-H food exhibit. Attend this session to review recipes, claim a food scale and thermometer (while supplies last), and learn tips for success.

What does a Ribbon mean?

- **Purple**: Outstanding on all standards
- **Blue**: Exceeds minimum standards, minor improvements can be made
- **Red**: Meets minimum standards, needs improvements
- **White**: Fails to meet minimum standards
GRAND CHAMPION SHOWMAN/ROUND ROBIN CONTEST
Superintendents: Tina Bailey and Carol Mackey

1. The Champion and Reserve Champion Showman from the SENIOR divisions in Beef Cattle, Dairy Cattle, Horse, Sheep, Meat Goats, Dairy Goats and Swine are eligible to compete for Grand Champion Livestock Showman and Reserve Grand Champion Livestock Showman. To be eligible for the Round Robin a participant must place 1\textsuperscript{st}, 2\textsuperscript{nd}, 3\textsuperscript{rd}, or 4\textsuperscript{th} in a Division. Each Senior Division is required to place a 4\textsuperscript{th} Place Finisher.

2. Participants must show the same animal which qualified them for this event. Participants who qualify in multiple species will be allowed to choose which one of their Champion or Reserve Champion showman animals they want to show in the Round Robin. Example: If a showman won Champion Meat Goat Showman and Reserve Champion Beef Showman. They qualified in the first specie shown (Meat Goat) but they may choose to show their own beef calf in Round Robin and draw for a Meat Goat to walk in the Meat Goat round. Participants who have multiple species are not allowed to use their 3\textsuperscript{rd} or 4\textsuperscript{th} place species.

3. After an exhibitor is named Champion Senior Showman or Reserve Champion Senior Showman within a division (dairy cattle, dairy goats, beef, sheep, meat goats, horse or swine), they are deemed as the automatic qualifiers in that division. They may not qualify in any other species for Grand Champion Showman. Exhibitors may show in subsequent showmanship classes, but the automatic qualifiers will be based on the first species they qualify in. The remaining open spots in the Round Robin will be filled from eligible 3\textsuperscript{rd} Place Showman at the conclusion of the last show of the fair. If there are still openings after all eligible 3\textsuperscript{rd} Place finishers, then 4\textsuperscript{th} place finishers will be inserted using the same procedure and preference order. The order used will be based on the Preference Order. The 2023 Preference Order for 3\textsuperscript{rd} and 4\textsuperscript{th} place showman will be Dairy Cattle, Swine, Sheep, Beef, Meat Goat, Horse, Dairy Goat. The Preference Order will rotate annually.

4. For species with limited Senior exhibitors: Should a Senior contestant elect not to participate in the Round Robin, it will be their responsibility to permit the use of their animal for the purpose of the Round Robin contest. In the event that there is not a contestant from each specie, every effort will be made by species' superintendents to locate animals for use by the exhibitors in the Round Robin.

5. Participants will draw for the animal they will show in each species except as noted in Rule 2 above and for 3\textsuperscript{rd} or 4\textsuperscript{th} Place Qualifiers based on Rule 3. 3\textsuperscript{rd} and 4\textsuperscript{th} place species qualifiers from Rule 3 will be allowed to use their animal from the species shown when they qualified for Round Robin competition.

6. Previous winners of the Grand Champion Showman award at the fair are eligible to compete.
Community Service Project at the Cowley Co. Fair

4-Hers are collecting new or almost new shoes for the Soles 4 Souls Community Service Project. Bring your new or gently used shoes to Barn 4 6 p.m. Friday, August 4 to 6 p.m. Monday August 7.
What Can I Exhibit at the Kansas State Fair??
If your 4-H Age is 9 and older, you are eligible to enter a purple-ribbon exhibit from the Cowley County Fair for judging at the Kansas State Fair in the 4-H Division: photos, food items, gift baskets, educational displays, some notebooks, entomology educational display, entomology collection, clothing construction, horticulture, field crops, floriculture, fiber arts, rabbits, energy management, robotics, rocketry, astronomy, geology collection, geology educational display, woodworking, Shooting Sports educational display, wildlife educational display, poultry, demonstration/illustrated talk and forestry notebook.
Two Senior Division Champions may be selected in Fashion Revue Buymanship and Constructed categories to compete at the Kansas State Fair.
Judges will choose six Visual Arts exhibits to be displayed at the Kansas State Fair.

It is the member's responsibility to complete pre-entry by August 11 in order to exhibit at the Kansas State Fair. Pre-entries may be made in the 4-H office at the Cowley County Fair, at checkout Tuesday morning in Barn 4, or in the Extension Office following the fair.

No phone entries will be accepted.

Ribbon Premium/ Gate Passes
As in the past, in lieu of receiving ribbon premium, each 4-Her with KSF exhibits will receive 2 gate passes.

Kansas State Fair Volunteers
The highlight of the Kansas 4-H program is the Kansas State Fair. This year’s State Fair is September 8th-17th. It takes many volunteers to make the State Fair a success. We are currently looking for volunteers to help. If you are interested in assisting at the State Fair, please email Sarah by Wednesday, Aug. 9th. Gate tickets are provided for the days that you volunteer. Job descriptions and details of the opportunities available can be obtained at the Extension Office.

Contests, Events and Activities at the Kansas State Fair
Did you know that the state fair has so much more for 4-H members to participate in beyond sending an exhibit? Here are a few contests 4-H’ers who are 9 and older can participate in:
Demonstration/Illustrated Talk Contest (must have received a Top Blue at County 4-H Day)
Rabbit Judging
Crops Identification Contest
Photography Judging Contest
Poultry Judging Contest
Family & Consumer Sciences Judging (must qualify for a team)
The Kansas State Fair 4-H Department is always looking for youth and adult volunteers to assist with check-in, judging and check-out of 4-H exhibits. This is a great opportunity to meet others from across the state who share a similar interest, learn more about a project area, or just add to your leadership skills!
To get involved in a contest, or to volunteer at the State Fair, registration is as simple as entering a State Fair exhibit by August 11th in the Extension Office or in the 4-H Fair trailer at the Cowley County Fair.
Shooting Sports

Check out the club tiktok video announcements on Facebook or tiktok pages.
#CowleySS, #PROVENIT

SHOOTING SPORTS CLUB MEMBERS - Thursday, July 27th @ 5:45,
fairgrounds 4-H Council Meeting.
We will be hosting a watermelon feed to start off the fair events! Please
come and help serve! And eat a slice or two!

Fair Booth Set Up - Wednesday, Aug. 2nd - 6:30 p.m. Southend of the Grandstands
Saturday, Aug. 5th - noon to 7:00 - Cowley 4-H Sportfishing Slam Highlights

Sportfishing Slam will be held for youth who want to showcase their summer angler catches!

A "Slam" is defined as an individual participant catching 4 different species or subspecies of fish OR
visiting 4 different hatcheries or rearing stations. Example: an angler catches a perch, a bluegill, a bass
and a catfish and completes the requirements for the pan slam.

Requirements:
- All four species or subspecies of fish do not have to be caught in the same year - any regulated fishing
gear may be used - pole, bowfishing, etc. The completion of the sportfishing slam can be accomplished
anytime throughout the year and over multiple years if needed.
- 4-H Members must complete the verification sheet with the appropriate signatures and photos to
document completion. Enrollment in the sportfishing project is encouraged.
- Participants must submit a photo of them with each of the four species or subspecies of fish or at the
hatchery or rearing station.
- Verification sheets with photos need to be brought to the Cowley County 4-H Shooting Sports Club fair
booth on noon of Saturday, Aug. 5th.

First 20 entries will receive a KWPD hat. "Top Angler" entry will receive recognition at 6:00 that day as
decided by club representatives. Good fishing this summer!! Watch for insert for the slam form.

Watch for upcoming summer practice emails! Happy & safe 4th of July!

SAVE THE DATE - 9.23.23 - "Hunting Skills on the Range" State Field Day, Geary County Sportsmen
Acres, Milford Lake, K244 Spur - Junction City, KS 8:00-12:30 - Hunting scenario ranges for whitetail
deer, turkey, dove, and squirrel plus trapping and a dutch oven cooking sampler. Plus hunting education
knowledge opportunities. Watch for the registration link coming soon!

Austin Waite
Cowley County 4-H Shooting Sports Coordinator
620-222-1982

P.O. Box 422
Winfield, KS 67156
www.4hshootingsportscowleyks.com
Angler’s Name: ___________________________________________________________  Age: ___________
Mailing Address: _________________________________________________________  County: _________
City: _____________________________ State: ____________________  Zip: ____________
Adult Witness Signature: ___________________________________________________________________
4-H Member Signature: _________________________________________  Club: _____________________

Inset Photo Here

Inset Photo Here

Inset Photo Here

Inset Photo Here

Specie __________________________________
Location Caught: _________________________
Date Caught: ____________________________

Specie __________________________________
Location Caught: _________________________
Date Caught: ____________________________

Specie __________________________________
Location Caught: _________________________
Date Caught: ____________________________

Specie __________________________________
Location Caught: _________________________
Date Caught: ____________________________
Upcoming Events

**LIVESTOCK SUMMER CLINICS**

**JUNE 2023**
- **FRIDAY 2**
  - 6 PM: [COMPLETED] Cattle Showmanship
    - Clinician: Miller Family
- **MONDAY 12**
  - 6 PM: [COMPLETED] Swine Showmanship
    - Clinician: Caleb B Sarah LaGrone
- **FRIDAY 16**
  - 6 PM: [COMPLETED] Sheep and Goat Showmanship
    - Clinician: Fidel Suarez
- **THURSDAY 29**
  - 6 PM: [COMPLETED] Sheep and Goat Fitting
    - Clinician: Clay Brillhart
- **FRIDAY 30**
  - 6 PM: Cattle Fitting Clinic
    - Clinician: Travis Scott

**JULY 2023**
- **THURSDAY 6**
  - 7 PM: Dairy Cattle Showmanship
    - Clinician: Becky Henderson, Scott Murphy and Andy Murphy
- **FRIDAY 7**
  - 6 PM: Swine Fitting and Show Prep
    - Clinician: Brycen Johnston, Keena Hawkins and Sara Marlow
- **WEDNESDAY 19**
  - 5 PM: Bucket Calf Clinic
    - Clinician: 4-H youth Led

Scales will be available at each clinic to weigh animals. Winfield Fairgrounds Camping area

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**2023 GRAND HOUSE DRAWINGS**

Each time a 4-Her participates in these events/programs, their name will be added to the drawing!

- YQCA Training
- Spring Shows
- Celebrate Ag
- Judging Contest and practices
- Livestock Programs
- Livestock Training Clinics
- Trips
- Livestock Record Book Submission

Drawing will be held at the 2023 Open House dinner October 21st

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**Cowley County 4-H**
- K-State Research and Extension - Cowley County
- Cowley County Classic Beef Show
- Cowley County Sheep and Meat Goat Show
- Cowley County Goat Project
- Cowley County Sheep Project
- Cowley County Swine Project
- Cowley County Horse Project
- Cowley County Dog Project
- Cowley County 4-H Sweepstakes Team
Sitter Solutions

The class for beginning babysitters, ages 11-15

Class dates/locations:

WINFIELD
Friday, July 24, 2023
9:00 a.m. - 2:00 p.m.
Cowley County Courthouse
Extension Assembly Room, 311 E 9th
Winfield, KS 67156

ARKANSAS CITY
Tuesday, July 18, 2023
9:30 a.m. - 2:30 p.m.
Water Treatment Facility
Meeting Room, 400 W Madison
Arkansas City KS 67005

Instructor:
Becky Reid, Family and Consumer Sciences Agent

$10 class fee includes:
• Lunch and snacks
• Babysitting Manual
• How to entertain children with a sitter’s magic bag
• Tips on starting your babysitting business

Pre-register using QR code, cowley.k-state.edu, or call (620) 221-5450

Each course requires at least 5 participants to offer the class.
Who can participate: 4-H Members exhibiting livestock at the 2023 Cowley County Fair **AND** submitting a 4-H Project Report.

Participants exhibiting these species will be eligible:

★ Beef
★ Bucket Calf
★ Dairy Cattle
★ Swine
★ Sheep
★ Meat Goat
★ Dairy Goat
★ Meat Rabbits
★ Production Poultry

Potential topics to build on:

★ **Production**- Breeding animals, what are your future goals? What specific details do you need to consider if you plan to keep this animal and breed them?

★ **Finances**- pasture stocking rate, available pasture/rental rates, price to feed, maintain, breed, house this animal?

★ **Marketing**- Marketing to sell this animal or their progeny for a return on investment.
  - Break down your plan

★ **Industry Expectations**- interview Bankers, FSA Loan Officers, Extension Agents, Local Farm/Ranchers, study and cite University publications.

★ **Goal Setting**- does your animal have products to sell? (milk/eggs/offspring) What does your business plan look like for that and how are you going to make that work and grow to be a profitable business owner?
  - Do you have a market animal? How are you feeding that animal to be the most profitable on the rail? Are you marketing that animal before the fair to get the best price? Do you know how much meat that animal provided after the fair? What is your goal as you feed this animal and how did you do? Hanging weight, back fat, pounds of product.

If you need help with this project, please schedule an appointment with Sarah to help you explore ideas.

The intent of this essay is to dig deeper into the production side of the industry, learning from publications and professionals in our area. You will want to plan to have it proofed by multiple people.
4-H Ambassadors

Purpose:
Work together with a team of approximately 3-8 Ambassadors and an adult advisor to develop a public information program for the Cowley County 4-H program.

Responsibilities:  
Promote 4-H to all audiences  
Organize 4-H promotional events and activities  
Develop communication skills

Qualifications:  
High school freshman to age 18  
Enthusiasm for 4-H  
Interest in promoting the 4-H program

Time Required:  
1 or 2 year term  
4-8 hours per month

Through this experience, 4-H Ambassadors will have opportunities to learn, practice and improve communication, marketing, employability and job skills.

Apply now!
The 4-H year runs Oct. 1st. to Sept 30. **ALL YOUTH and ADULT VOLUNTEERS** participating in the 2022-2023 4-H year should enroll.

In order to be a regular member of Cowley County 4-H, the member must be 7 years old before January 1, 2023.

**Cloverbuds** is for children ages 5-6 before January 1, 2023.

**Project Selection Guide** (includes descriptions of all projects)

**Setting 4-H Project Goals**

**4-H Project Record Books**

**ZBooks** (online record keeping option)

Click [here](http://cowley.k-state.edu) to sign up for a County Committee

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**4-H Scholarships**

**Get Financial Help Attending Events**

The Cowley County 4-H Development Fund is our local 4-H foundation created in 1995 to assist Cowley County 4-H'ers take part in educational events and activities. Funding is provided by gifts from supporters. Each year, the 4-H Development Fund awards college/trade school scholarships to high school seniors and college/trade school freshmen. Beginning in 2015, the Development Fund introduced “Leadership Development Grants”.

**Leadership Development Grants** are available by application to local 4-H members who are registered for a state or national leadership event such as Discovery Days, National 4-H Congress, Kansas Youth Leadership Forum, Citizenship Washington Focus and more. Applications are available from the Cowley County Extension Office, or online at cowley.k-state.edu. Applicants must submit an essay, write a thank you note to a Development Fund donor and present a program about their experience to a 4-H club or county-wide group following attendance at the event. For more information, contact Sarah at slag11@ksu.edu or 620-221-5450.

**Challenge of Champions Scholarship Opportunity** information about the Challenge of Champions can be found on the Kansas State Fair [webpage](http://cowley.k-state.edu).

Scholarship Applications found at cowley.k-state.edu/4-Hyouthdevelopment/forms:

- **4-H Council Scholarship**
- **Junior Leaders Scholarship**
- **4-H Development Fund Scholarship**
- **Robert Austin Memorial Horse Scholarship**
- **Cowley County 4-H Development Fund Leadership Development Grant**
- **Rock Springs 4-H Camp Scholarship**
The Cowley County Extension Council Executive Board meets monthly and conducts the business of the Extension Office. The Extension Council monthly meeting will be held on Tuesday, May 2, 2023 at 5:30 p.m. in the Assembly Room at the Cowley County Courthouse.

As someone who contributes time, talent and/or treasure to the benefit of Cowley County Extension, you are invited to be part of the Friends of Cowley County Extension organization. The group will alternate between morning and evening meetings to plan fundraising and advocacy events to support K-State Research and Extension Cowley County.

Did you know? Tax deductible contributions can be made to the 4-H Development Fund (c/o PO Box 538, Winfield KS 67156) or to the Friends of Cowley County Extension Endowment (c/o Legacy Regional Community Foundation, 1216 Main Street, Winfield KS 67156)

K-State Research and Extension is committed to providing equal opportunity for participation in all programs, services and activities. Program information may be available in languages other than English. Reasonable accommodations for persons with disabilities, including alternative means of communication (e.g., Braille, large print, audio tape, and American Sign Language) may be requested by contacting the event contact Sarah LaGrone two weeks prior to the start of the event at 620-221-5450. Requests received after this date will be honored when it is feasible to do so. Language access services, such as interpretation or translation of vital information, will be provided free of charge to limited English proficient individuals upon request. Kansas State University Agricultural Experiment Station and Cooperative Extension Service K-State Research and Extension is an equal opportunity provider and employer.