

THE 4-H FLASH NEWSLETTER

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“So what is a goal???”

A goal is deciding what you want to do and learn in a 4-H project and serves as the road map that helps you get to where you want to go. Well thought out goals should have four parts that will allow you to measure and check your progress. The four parts of a good goal include:

1. ACTION—how are you going to do something?
2. RESULT—what are you doing to do specifically?
3. TIMETABLE—when are you going to do it?
4. ASSISTANCE—who will help you achieve this?

CONTROL TEST: Do your goals pass the control test? Do you have control over all parts of what happens? If you can answer “yes” then you are ready to begin goal setting for record keeping. For example “I want to win champion at the fair with my photograph” does not pass the control test, as you can’t control the ribbon placing a judge awards. “I want to learn how to make my photo have brighter, crisper colors when printed off”, now that is something you can control!

Goal setting should be part of every 4-H member’s annual project experience. Additionally, these goals should be recorded in the 4-H Record Book, as each project report has a goals section. Completing that EARLY in the 4-H year is better than later! Keep in mind that younger 4-H members will have fewer, less complex goals than older, more experienced 4-H members. A good rule of thumb is; three to five goals for ages 7 to 10, four to eight goals per project for ages 11 to 13 and seven to twelve goals per project for ages 14 to 18.

There is an excellent resource available to help Setting 4-H Project Goals—4H1100 can be found on the Project Records page of our website: <https://www.cowley.k-state.edu/4-h/forms/index.html>

Prizes will be awarded to those that complete the goal setting worksheet and submit those to slag11@ksu.edu or drop a copy off at the Extension Office, by April 30, 2025.

— Sarah LaGrone

April 2025



ATTN FAIR CAMPERS!

Mark your calendars! You will be able to access the fairgrounds to claim/rope off your camp site on **Tuesday, July 22nd.**

Contact us:

cl@listserv.ksu.edu (620) 221-5450 or (620) 441-4565
 Sarah LaGrone, 4-H Youth Development, slag11@ksu.edu
 Becky Reid, Family & Consumer Sciences, bkreid@ksu.edu
 Jeff Seiler, Ag & Natural Resources, jseiler4@ksu.edu
 Cindy Stephens, Office Professional, cstephens@ksu.edu

Community Leaders

April Check-Up

- * Are you downloading a new roster (in 4honline) for each club meeting's roll call? Is everyone enrolled??
- * Are you reviewing project lists, to be sure 4-Hers are enrolled in the project they intend to participate in at the Fair?
- * Are ALL of your adult club leaders in compliance with the state 4-H rules? (enrolled, orientation, background checks, board approved)

Review

- * Read the *4-H Newsletter* and mark important dates on the calendar. (Have you noticed all the links provided?)
- * Review highlights from the *4-H Newsletter* at your club meeting.

To-Do

- * Make sure 4-H Council report is given to the club
- * Check club mailbox at Extension Office

Promote/Recruit

- * Seeking Volunteers for Tagging and Spring Shows; contact [Sarah](#)
- * Celebrate Ag - May 10th, 1-3pm
- * [4-H Media Team](#)

Remember

- * Small Specie Weigh In - Sunday/April 27, 2-5 pm & Tuesday/April 29, 5:30-7:00 pm at the Winfield Fairgrounds. **YOU MUST BE ENROLLED.**
- * [Horse ID papers](#) due May 1st
- * Dairy ([Cattle & Goat](#)) ID papers due May 1st
- * Enrollment Priority Deadline, May 1st

Important Dates and Deadlines *underlined text is a link**April**

- 4/5 Explore Hunting Skills Field Day
- 4/10 Willie & the Beanstalk Judging, 5:30 pm
- 4/11 Graduation Cords App due
- 4/13 [Rock Springs Camp](#) Open House
- 4/17 Market Broiler Workshop
- 4/19 [Cowley Classic Beef Show](#)
- 4/20 Last day to [order](#) Market Beef DNA envelopes
- 4/20-26 National Volunteer Week
- 4/25 Market Broiler Contest Judging, Fairgrounds; 6:30 pm
- 4/26 Market Broiler Processing, 12:30 pm
- 4/26 [Cowley Co. Sheep & Meat Goat Show](#)
- 4/27 Small Livestock [Tagging](#) Day 2-5 pm
- 4/29 Small Livestock [Tagging](#) Day 5:30-7:00 pm

May

- Tractor Safety Course-details to come
- 5/1 Enrollment Priority Deadline (must be enrolled by this date to receive a Fair Book)
- 5/1 [Horse ID](#) papers due
- 5/1 [Dairy Cattle & Dairy Goat](#) ID papers due
- 5/1 KSF/KJLS Beef [Nominations](#) due
- 5/3 [Shutterbug Workshop](#); Wichita
- 5/10 [Celebrate Ag](#) 1-3 pm
- Sitter Solutions Class- details to come

June

- 6/3 Livestock/Meats Skillathon, TBA

- 6/5 Last day to [order](#) small livestock DNA envelopes
- 6/4-6 [Discovery Days](#)
- 6/12 SE Area FCS Judging Challenge Day
- 6/13-15 [Geology Field Trip](#)
- 6/15 KSF/KJLS Sheep, Swine, Goat & Commercial Heifer [Nominations](#) Due
- [Insect Spectacular](#)
- 6/21 Hoof Trimming Day, Fairgrounds
- 6/28 Barn to Ring Clinic, Fairgrounds

July

- **7/2 ENROLLMENT DEADLINE** to show at the Cowley Co. Fair (must have an approved- Not pending/incomplete enrollment status by 7/2)
- 7/2 ADD/DROP Projects deadline
- 7/11 & 12 [Dr. Bob Hines KS Swine Classic](#)
- 7/15 KSF Livestock [Entries](#) Due
- 7/31 Poultry PT Testing- at check in @ the Fair
- 7/31-8/5 Cowley County Fair

August

- 8/1 [KJLS entries](#) due
- 8/7 [Wheat Expo](#)
- 8/8 Kansas State Fair non-livestock pre-entries due
- 8/16 4-H [Horticulture Judging Contest](#)

[Cowley County Annual 4-H Calendar](#)
[Kansas 4-H Events & Activities Calendar](#)

4-H Council & Junior Leaders

4-H Council

May 19, 2025 - 7:00 p.m.

Meeting Location:
KSRE Assembly Room, Winfield

If you were selected to represent your club at 4-H Council and find you cannot attend, please let your leader(s) know in advance and find another member to serve in your place.

4-H Junior Leaders

April 21, 2025 - 6:00 p.m.

Meeting Location:
KSRE Assembly Room

If you are 12 and older, you can be part of 4-H Junior Leaders. Youth will learn about leadership through activities. Visit the "Cowley County 4-H Junior Leaders" Facebook page to see how we are demonstrating leadership.

4-H Finances

Where does it all fit in? Ever wonder how the 4-H county monies happen and where they go? We are looking for 2-4 high school aged 4-H members who would be interested in serving on the 4-H Council Budget Committee to put together the financial budget plan for council. We meet once in October to put together the financial review report and then another time to create the written finance plan for council monies - called a "proposed budget". Your club council representatives vote on these two items annually for all county expenses and income plan. We need to meet and plan to present at the May 19th council meeting. If interested, contact Debbi Waite, cowley4hshootingsports@gmail.com or leave message at 620-221-2217 and we will meet at the extension office at a convenient time for the members involved.

How will you show your appreciation?

National
VOLUNTEER
Week April 20-26, 2025

It's a great time to recognize and show appreciation to your club leaders, project leaders, fair superintendents, and other 4-H volunteers.

Upcoming Events

Willie & the Beanstalk Judging

- Documentation submission deadline - Thursday, March 27, 2025. Please drop hard copy off at the office or email/fax a legible scanned document.
 - If you have any questions on documentation, please see link below or reach out. It is what the youth put in to it. If they are younger it is okay for it to be very simple! Please do not stress over this :)
 - Pick the one plant that will be judged for this documentation
 - <https://www.agronomy.k-state.edu/outreach-and-services/k-12-educators/willie-and-the-beanstalk/documentation-guidelines.html>
- Judging on Thursday, April 10th. 6:00PM Extension Office Assembly Room. You will select one plant to be judged. This plant with judging will be destroyed.
- Reminder to return any grow lights that were borrowed.

Market Broiler Judging

Friday, April 25 Winfield Fairgrounds. Judging starts at 6:30pm. Optional processing to follow on Saturday, April 26 at 12:30 pm.

Celebrate AG

Saturday, May 10, 2025 1-3 pm

4-H is looking for individuals that wish to participate in Celebrate Ag. Come talk to the public about your projects and 4-H. This will be a great opportunity to bring animals to show the public as well as project displays! We want to see examples of all 4-H has to offer and different projects represented. This is a great leadership opportunity for your record books. If you are interested in participating please reach out to Sarah at slag11@ksu.edu.

Kansas 4-H Discovery Days

When: June 4-6th, 2025

Who: Youth ages 13-18 before January 1, 2025 are invited to register

Cost: Coming Soon - Some class sessions may have additional fees associated

Registration: Coming Soon

Discovery Days participants will be included in a special recognition event honoring the State Project Award Winners. This event will be held in the K-State Student Union on the evening of Thursday, June 5th and will include an evening social and entertainment. More details to follow!

Discovery Days objectives:

- Help youth learn new ideas, techniques, and skills they can use personally and in their 4-H clubs or groups and communities
- Give youth in-depth training through hands-on educational sessions from content and youth development experts
- Prepare youth to make informed decisions about their careers and college path
- Enhance personal growth by giving opportunities to develop responsibility, confidence, independence, accountability, problem-solving, decision-making, and time management skills
- Help youth meet new people and make new friends from different places and with different backgrounds from across the state
- Provide an opportunity for youth to experience the K-State campus and its wealth of resources
- Develop college and career readiness skills which prepare participants academically and socially for a successful transition to college and life as an adult

Field Day- April 5

Explore 'Hunting Skills'



Field Day 4.5.2025



Cowley County 4-H Shooting Sports Club

13689 182nd Rd. (37°12'55.3"N 96°55'05.0"W) Winfield, KS 67156

10:00 a.m.—3:00 p.m.

K-STATE
Research and Extension



This is NOT a state qualifier for 4-H Hunting Skills members; It is a multi-county educational 4-H Day event.

All youth must be enrolled in good standing with their local 4-H county office.

*Those enrolled in Hunting Skills, 9 years of 4-H age through 18 years of Jan. 1st 4-H age ,
will receive priority of registration. Limited to 40 4-Hers this year per range areas.*

Ear and Eye protection will be required as needed by each discipline. All live fire equipment will be provided.

Live Fire Range Instructors have final approval of members receiving live fire opportunities day of event.

- A sampling of Hunter Knowledge, Wildlife Identification, Maps & Compass mixed in with Hunting Scenario Ranges—
Kansas seasons of Turkey, Dove, Coyote and/or Rabbit.



- Opportunities to learn about trapping, hunting
with sporting dogs, wildlife conservation practices, AND
- a Dutch oven cooking sampler!

****\$20.00/registration fee—Lunch provided. Restrooms provided. Equipment provided.**

Contact: Austin Waite, cowley4hshootingsports@gmail.com 620-222-1982

Spectators/Parents may purchase 'Campfire Lunch' plates—\$10.00/plate

K-State Research and Extension is committed to providing equal opportunity for participation in all programs, services and activities. Program information may be available in languages other than English. Reasonable accommodations for persons with disabilities, including alternative means of communication (e.g., Braille, large print, audio tape, and American Sign Language) may be requested two weeks prior to the start of the event April 5, 2025. Contact local extension office, 620-221-5450, Agent Sarah Lagrone.

Requests received after this date will be honored when it is feasible to do so. Language access services, such as interpretation or translation of vital information, will be provided free of charge to limited English proficient individuals upon request.

Cowley
County

[illegible]

Insect Art Contest - deadline is April 15

INSECT ART CONTEST 2025

By the Light of the Moon: Insects at Night

Contest Announcement & Rules

WATCH FOR JUDGING
RESULTS
in mid-May on the KSRE
Pesticide Safety and
Integrated Pest
Management Program
Facebook page!



The K-State Research and Extension Pesticide Safety and IPM Program is hosting its annual insect-themed art contest, open to all ages and skill levels in Kansas. This year, the theme is *"By the Light of the Moon: Insects at Night."* The goal is to explore which insects are active or inactive at night and why, then create artwork that fits the contest theme.

We will select a winner from each of the outlined categories and one overall winner will be selected from those entries. Artists that have art selected as 1st - 3rd place winners will receive a certificate and a prize to recognize their achievement. Select artwork may be used to create educational items.

- Kindergarten - 2nd grade
- 3rd grade - 5th grade
- 6th grade - 8th grade
- 9th grade - 12th grade
- Adults
- Traditional Illustration: Drawing or painting
- 3-D: canvas, collage, pottery, stained glass, or other media
- Digital Artwork

Rules

- Only one art entry per participant may be entered each year
- A legible, completed entry form must accompany all entries (*use provided entry form*)
- Traditional illustrations must be on 8.5" x 11" flat paper; Digital art must be 8.5" x 11" print size
- Participants may choose to email a jpg or png image of the entry if wanting to keep their original artwork; however, the image must be clear. The file should be named as the artist's name and age level (example: firstname.lastname.agelevel)
- Entries must be the original work of the entrant - no traced or copyright protected images
- Entries must feature an insect as the central point of focus that fits the contest theme
- A legible, completed art label must be attached to original artwork (*use provided art label*)
- **Entries must be postmarked or received by April 15, 2025**

Mail entries to: Frannie Miller
Pesticide Safety and IPM Program
600 West Woodside
McPherson, KS 67460

Or email to: Frannie Miller
Email address: pesticidesafety@ksu.edu
Subject Line: Insect Art Contest Submission

Return of Original Artwork

Participants may pick up their entries at the McPherson County Extension Office during operating hours after June 1, 2025, or elect to pay for mailing materials and postage to have original artwork returned.

Insect Art Contest

INSECT ART CONTEST ENTRY FORM & LABEL

Complete form and send with art entry



Entries will be judged according to their adherence to the contest theme and overall visual impact, originality, artistic skill, and effort level. We are looking for colorful and creative art. Have fun!

ENTRY FORM - FILL OUT & SEND WITH ALL ARTWORK

Artist Information

First Name :

Last Name :

School Grade (write Adult if out of high school) : _____

School/4-H Club/Affiliation : _____ Phone : _____

E-Mail Address : _____ County : _____

Mailing Address : _____

Artwork Category & Information

☐ Traditional Illustration ☐ Digital Art ☐ 3-D Artwork: _____

Title and Description of Artwork : _____

Artwork Pickup Information

☐ I do not need the artwork returned ☐ I plan to pick up the artwork after June 1st

☐ I will contact you about payment to return the artwork by mail

ART LABEL - FOR ORIGINAL ARTWORK

Artwork Title : _____
Artist Name : _____
School/4-H Club/Affiliation : _____
Grade/Adult : _____
County : _____

Fill out, cut and tape to the back of original artwork, on the lower right side.

Cowley County Beef Classic

**40TH
ANNUAL**

Roll the Dice at the



Saturday, April 19, 2025

Winfield Fairgrounds, Winfield, KS

7:00 AM-8:30 AM Check-In and Weigh

9:00 AM Market Weight cards due

10:30 AM *Show begins*

Bucket Calves

~11:00 AM- Breeding Heifers

Cowley County Heifers

Market Cattle

Cowley County Market Cattle

Showmanship

**CASH AWARDS AND BANNERS WILL BE GIVEN TO
THE TOP FIVE MARKET AND TOP FIVE BREEDING
ANIMALS**

\$750, \$500, \$350, \$200, \$100

PLUS MORE FUN PRIZES YOU

WON'T WANT TO MISS!!

Beef Classic Entry Form

General Rules

Entry is open to any bonafide 4-H or FFA member. Exhibitors must be at least 7 years old and not have passed their 19th birthday before January 1, 2025.

The entry fee is \$30/head by April 14, 2025. After April 14, entry will be \$35/head. Entry fee may be mailed with official entry or presented at check-in. Pre-entries are preferred. **All pre-entered exhibitors will receive a show t-shirt. You are NOT required to show in your t-shirt**

Cash awards will be given to the top five Market and top five Breeding animals (\$750, \$500, \$300, \$200, \$100). Prizes will be awarded for Showmanship and Class winners.

There will be no limit on the number of entries per exhibitor.

Heifer and steer check in begins at 7:00 a.m. All entries must be checked in by 8:30 a.m. and weight cards are due by 9:00 a.m. on Saturday, April 19, 2025. Exhibitors are responsible for turning in their weight cards by the 9:00AM deadline, show management will not be responsible for hunting weights/entries down.

No stalling, no bedding available. Must show off the trailer. Generators are encouraged. Exhibitors are to clean up their area before leaving the grounds.

A minimum of 3 head is required to show as a breed. There will be an AOB class if needed. The show management reserves the right to alter and/or combine classes.

Heifers must be accompanied by registration papers or a copy of transfer papers in the member's name. There will be a commercial heifer class for all unregistered heifers. Maximum heifer birth date shall be no sooner than January 1 of the previous year.

Market Steers will show by breed and weight. The Market Heifers will show by weight.

The showmanship contest is open to all exhibitors and will be conducted as follows: Senior (14 and over), Intermediate (10-13), Junior (7-9). Age is determined before January 1, 2025.

There will be a separate Market and separate Breeding class for Cowley County Exhibitors with no entry fee.

The Cowley County Classic will be a full-fit show.

Bucket calf division, exhibitor must be at least 7 years old and not have passed their 13th birthday before January 1 of the current year. Entries for bucket calf is \$10/head. Classes split by exhibitor age if needed. The show management reserves the right to alter and/or combine classes.

Show Management reserves the right to use photos taken at the show for advertisement and social media promotions

To learn more about overnight camping, hotels and restaurants in Winfield, KS please visit <https://visitwinfield.com>

Skills learned in 4-H last a lifetime:

A positive self concept An inquiring mind A concern for the community
Healthy interpersonal relationships Sound decision making

Please complete and return below form to: Cowley County Classic
 c/o Cowley County Extension
 P.O. Box 538
 Winfield, KS 67156



****Exhibitors who pre-enter by April 14, 2025 will receive a t-shirt.**

Exhibitor Name _____ Age (before 1/1/2025) _____

County _____ Address _____

City/ST/Zip _____ Showmanship: SR ____ INT ____ JR ____

T-shirt size (indicate youth or adult size) _____

Each entry specify: breed, market steer, market heifer, breeding heifer or Bucket Calf

1. _____ 2. _____

3. _____ 4. _____

Cowley County Sheep & Meat Goat Show



SATURDAY, APRIL 26, 2025
WINFIELD FAIRGROUNDS;
WINFIELD, KS
SHOW LOCATED IN BARN 6

Schedule:

7:30-8:30 a.m.	Sheep Check-In, Declare weights
9:00 a.m.	Sheep Show
	Breeding Ewes
	Showmanship (Senior, Intermediate, Junior)
	Prospect Market Lambs
	Progress Market Lambs
	Cowley County Sheep
9:30-10:30 a.m.	Goat Check-In, declare weights
	Goat Show (30 minutes after sheep show)
	Breeding Does
	Showmanship (Senior, Intermediate, Junior)
	Prospect Market Goats
	Progress Market Goats
	Cowley County Goats

IT'S GONG TO BE A FIESTA
Buckles, Banners, Prizes and More!!

Sheep & Goat Show Entry Form

Cowley County Sheep and Meat Goat Show

General Rules

Entry is open to any bonafide 4-H or FFA member. Exhibitors must be at least 7 years old and not have passed their 19th birthday before January 1, 2025.

The entry fee is \$20/head and \$5 per exhibitor for showmanship by April 21, 2025. Entries received after April 21st are \$30/head. All pre-entered exhibitors will receive a show t-shirt. Entry fee is to defray expenses of the show. No refunds.

Judge's decision will be final. Show Management reserves the right to use photos taken at the show for advertisement and social media promotions.

Animals shown in the market classes are not eligible to show in the breeding classes and vice versa.

Everyone must check in at the registration table prior to weighing. This includes in-county, out of county, breeding and market entries. Show management will not be responsible for hunting weights/entries down. Any animal will be subject to weigh backs. All classes will be split by weight. All wethers must be castrated/banded prior to coming to the show. No bucks/rams allow. No yearling ewes or yearling does.

Classes will be determined by weight and specified by committee. Classes will be determined at the conclusion of weigh-in.

No stalling, no bedding available. Must show off the trailer. Generators are encouraged. Exhibitors are to clean up their area before leaving the grounds. All lambs must have lamb teeth, all goats must have kid teeth. All sheep and goats must have scrapes tag.

Meat Goats

Prospect Meat Goats may weigh up to 75 lbs. Progress Meat Goats must weigh 76lbs and over.

Market Goats will be shown clipped to 3/8" or less. All goats must be dehorned or tipped and rounded.

Goats must be shown with all four feet on the ground. Exhibitors may use a collar, a collar with a short lead or a halter when showing. Medium (3mm) or smaller pinch collars will be allowed.

Market Lambs

Prospect Market Lambs may weigh up to 105 lbs. Progress Market Lambs must weigh 106 lbs and over. Market lambs must be slick-shorn to one quarter inch, to the hock. Wool on the face and below the hock is allowed.

The showmanship contest is open to all exhibitors and will be conducted as follows: Senior (14 and over), Intermediate (10-13), Junior (7-9). Age is determined before January 1, 2025. All animals shown in showmanship classes must be owned by the exhibitor. Each exhibitor must groom his/her own animal and may use only the assistance of an immediate family member (mother, father, legal guardian, brother, sister) or another 4-H/FFA member who is an exhibitor at the show.

NO MISTREATMENT OF ANIMALS WILL BE TOLERATED.

HEALTH REQUIREMENT: Animals that are ill, have soremouth, and/or "club lamb" fungus **will not be allowed to show.** Decision of veterinarian of show managements choice is final.

There will be a separate Market and separate Breeding class for Cowley County Exhibitors with no entry fee.

Please complete the form below and return to: Cowley County Sheep and Meat Goat Show
c/o Cowley County Extension
P.O. Box 538
Winfield, KS 67156

****Exhibitors who pre-enter by April 21, 2025 will receive a t-shirt.**

Exhibitor Name _____ Age _____ T-shirt size _____
(before 1/1/2025)

County _____ Address _____

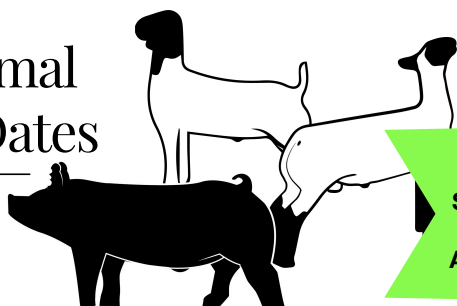
Sheep Showmanship (\$5) Age by 1/1/2025 _____SR _____INT _____JR

_____ #Mkt. Lambs Prospect _____ # Mkt. Lambs Progress _____ #Breeding Ewes _____ Total Sheep

Goat Showmanship (\$5) Age by 1/1/2025 _____SR _____INT _____JR

_____ #Mkt. Goats Prospect _____ #Mkt. Goats Progress _____ #Breeding Does _____ Total Goats

Total price: _____ (#head x \$20 + \$5 showmanship)

DON'T MISS TAGGING DAY!**Small Animal
Tagging Dates**WINFIELD, KS
FAIRGROUNDS

Sunday, April 27, 2025: 2:00 p.m.-5:00 p.m.

Tuesday, April 29, 2025: 5:30 p.m.- 7:00 p.m.

COWLEY COUNTY 4-H ENROLLMENT REQUIRED

K-STATE
Research and ExtensionCowley
CountyPLEASE
CONTACT
SARAH IF YOUR
ANIMAL
ALREADY HAS A
840 EID TAG

If you attend the
Sheep/Goat Show
on April 26
AND

help clean up; we
can tag and weigh
animals there and
save you a trip!

Volunteers Needed

If you are willing and able to help at the small animal tagging day and/or any of the spring shows (Beef, Goat or Sheep) please contact Sarah.

**Make it happen!****Correction**

CORRECTION to the MARCH 2025 4-H FLASH

4-H Day Results, **Sadie Headrick**, Udall 4-H Club, received a Blue for her Junior Project Talk.

Shooting Sports

Check out the club tiktok video announcements on Facebook or tiktok pages. #CowleySS, #PROVENIT



Saturday, April 5th - Southeast Area "Explore Hunting Skills" Field Day ~ 10:00-3:00, Entry fee at gate. Cowley members need to register by emailing cowley4hshootingsports@gmail.com by April 1st. This is a multi-county level event. All equipment and lunch provided for members.

Club Meeting - **Monday, April 28th**, 7:00 p.m., New Hope Fellowship Church, 19195 61st Rd., Winfield - All project members welcome!!

Air Discipline (BB, Air Pistol, Air Rifle) **1st Sunday, April 6th (Last air practice this season)** at 2:00 at the fairgrounds, building #1.

Archery practices, **Thursdays weekly**, Gate opens at 6:00 pm at the Meadow.

Shotgun practice, **4th Sunday, April 27th** (3rd Sunday is Easter) 2:00 at the meadow - weather allowing. ****Must email for a relay time for member to be on the practice line.**

Flower Fundraiser **Delivery on Friday, April 25th, 3:00-6:00 at the Winfield Marquee, 1007 Main. St. We appreciate all the support and orders to keep our project costs low for families!

Thursday, May 1st there is an opportunity to attend a Wildlife Habitat Education Program (WHEP) state contest in Reading, KS at the Melvern Wildlife Area for ages 8-18 4-H age. Members will spend the day in wildlife identification and general knowledge and wildlife management practices between 9:00 am and 3:00 pm.

Any member interested in attending, please email cowley4hshootingsports@gmail.com **before April 15th** for study material and more information about county registration. Member(s) lunch will be provided, however, they will need their own transportation to attend the event and adults/siblings will need their own lunches.

Austin Waite

Cowley County 4-H Shooting Sports Coordinator

620-222-1982

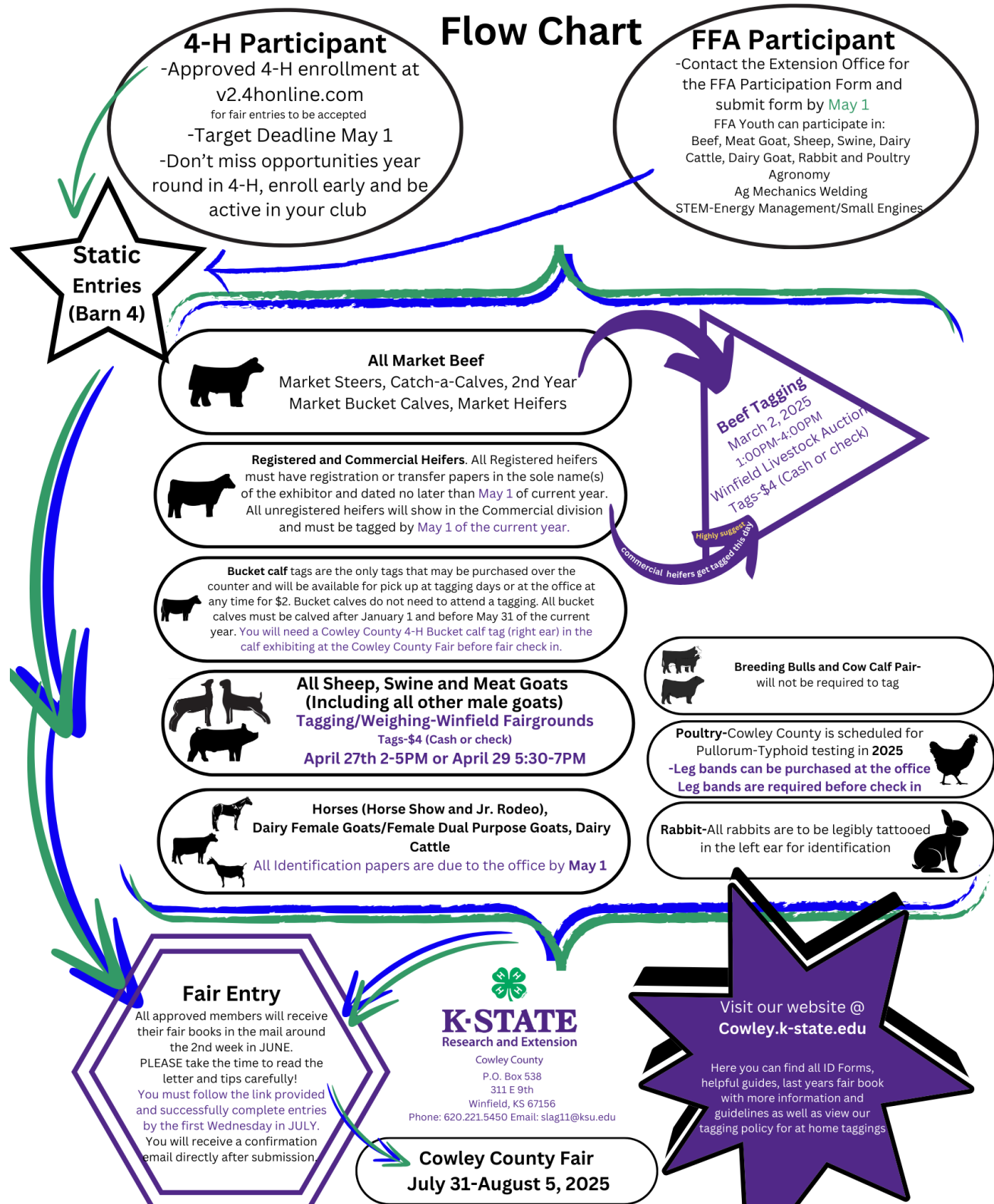
P.O. Box 422
Winfield, KS 67156

www.4hshootingsportscowleyks.com

<https://www.facebook.com/cowleycounty4hshootingsports>

Fair Flow Chart

Cowley County Fair Youth Participation Flow Chart



FAIR FAMILY TRAINING - Attendance HIGHLY Encouraged!



Example of Livestock Destination Card

LIVESTOCK DESTINATION	
DESTINATION (Check one)	Exhibitor
<input type="checkbox"/> Home	Club
<input type="checkbox"/> Base	Tag ID
<input type="checkbox"/> Locker Name _____	Specie/Weight
<input type="checkbox"/> Market Premium Sale (Terminal)	
<input type="checkbox"/> Market Premium Only Sale/Take Home	
<input type="checkbox"/> Market Premium Only Sale/ Meat is already Sold	
Meat Buyers Name _____	
Meat Buyers Phone # _____	
Locker Name _____	
Check to enter animal in Carcass Contest _____	
Signature _____	Phone Number _____

If you have ANY questions about the Livestock Destination Card, please contact Sarah before the fair.

Cowley County Fair; July 31- August 5**MARKET LIVESTOCK SALE**

Auction Clerk - Edw. B. Stephenson & Co., CPA

Monday, August 4, 2025 - 6:45 p.m. Cowley County Fairgrounds

1. The 4-H and FFA Market Livestock Sale will be for Market: Beef, Swine, Sheep, Goat and Rabbit Meat Pen only.
2. The sale order for 2025 will be: Meat Goat, Sheep, Beef, Meat Rabbit, Meat Bird and Swine
3. Animals sold through the sale must be exhibited at the Cowley County Fair.
4. Each 4-H and FFA exhibitor can participate in the Market Sale with one animal or rabbit meat pen only, and must exhibit their own animal in the sale ring. Exceptions may be considered for a substitute sale exhibitor with prior written approval prior to fair pre-entry deadline of a majority of the Market Livestock Sale Superintendents and the Cowley County Extension Agents for the following reasons: An official State or National 4-H/ FFA/Agricultural Industry event whereby the exhibitor is a documented officer or committee person.
5. The Market Livestock Sale Committee will announce a base bid on all species prior to the sale to be used only on all market animals sold through the Cowley County Fair. The base bid for all market animals will be subject to discounts for weight ranges according to industry standards. Discounts will be announced prior to the sale.
6. A charge of 3 percent of the total premium value only will be made for all animals. No commission will be charged on the base bid value of the animal. This fee is used to provide a special barbecue honoring buyers and other supporters of the Market Livestock Sale. It also covers advertisements, buyer's ribbons, and supplies.
7. All market livestock will be shown and sold based on official weight at fair weigh-in.
8. Each exhibitor must complete a "Livestock Destination" card for all livestock species eligible for the market livestock sale. This card must be turned in to the species superintendent by 2:00 p.m. on Saturday. There will be a 3% dock of premium money for cards which are turned in late or marked incorrectly.
9. All animals entering the sale ring that are not "take home" will be sold and must be picked up by a state inspected locker plant or to the base bid buyer.
10. Steers must be controlled without use of extra ropes or lariats.
11. 4-H/FFA members selling animals through the sale are expected to feed/water and care for them up until the time they are loaded on the truck or taken home.
12. To qualify for the auction, market animals' weight must fall within the following ranges. No shrinkage will be calculated on any animals.
 - Market steers/heifers- minimum of 1,050 pounds
 - Market hogs- 230-290 pounds
 - Market lambs- Minimum of 90 pounds
 - Meat Rabbit meat pen- 3-5 pounds each
 - Meat Bird pen of 3-3 pound Minimum each
 - Market goats- minimum of 50 pounds.
13. Starting in 2025 the Market Livestock Sale is not a mandatory terminal sale, individuals will have the option to select "premium only and take home" on their Livestock destination card. These animals will sell as premium only and animal will go home with the youth member.

Cowley County Fair King & Queen

The Cowley County Fair King & Queen Contest is designed to bring to the attention of the general public the outstanding youth of our county, to promote youth development organizations involved with the fair and to promote the Cowley County Fair. Entry Deadline - July 1, 2025. All applications will be reviewed by the judging committee prior to the Cowley County Fair. Late applications will not be accepted.

RULES:

1. Each Cowley County Fair Group, FFA Chapter or 4-H Club may nominate King and Queen candidates from their eligible membership.
2. All contestants must be nominees of one Cowley County organization named above.
3. All contestants must be exhibitors in the Cowley County Fair in the year nominated.
4. All contestants must be between 14 and 18 years of age before January 1 of the current year.
5. Contestants who have previously served as King or Queen will not be considered.
6. Contestants who have not served as King or Queen may re-enter the contest.
7. Final selection of King and Queen will be made by a combination of judges' scores and balloting by Cowley County Fair board members.
8. Candidates may not bring additional items, such as scrap books, photo albums, etc. into the interviews. Judges' selections will be based solely on the written application and personal interview.
9. All nominees must complete the King and Queen Entry Form and return to Cowley County Extension, 311 E 9th St. (P.O. Box 538), Winfield, 67156 by 5:00 p.m. on or before July 1.
10. Interviews will be announced when all forms have been collected.
11. Winners will be announced before the goat show of the Cowley County Fair.



INTERVIEWS: Face to face interviews will be conducted by three or more judges selected by the Cowley Fair Board King and Queen Committee. Date and location of the interview TBD. Face to face is defined as physically in the room with the judges. No additional materials may be brought to the interviews.

SCORING: Scoring will be done as follows:

1. Cowley County Fair Activities 30%
2. Club or Chapter Activities 15%
3. School, Church, Community Activities 10%
4. Poise and Personality 20%
5. Personal Appearance 10%

RESPONSIBILITY OF COWLEY FAIR QUEEN AND KING COURT:

1. Attend all Cowley County Fair shows and sales during the current fair. May be excused to attend functions to represent Cowley with approval of Cowley Fair King and Queen Committee or committee advisors.
2. Must be available to present awards to all Cowley Fair Shows, responsibilities being divided if one or the other is showing.
3. A schedule of time and places where attendance is required will be provided by the Cowley Fair King and Queen Committee. The King and Queen will be responsible for assigning all court members to Cowley County Fair shows and events. Court members will meet immediately following the coronation to review responsibilities.
4. The King and Queen shall represent Cowley County Fair.

Sitter Solutions



Sitter Solutions

The class for beginning babysitters,
ages 11-15

**Class dates/locations to
be offered in 2025:**

**ARKANSAS CITY
WINFIELD**

\$10 class fee includes:

- Lunch and snacks
- Babysitting Manual
- How to entertain children with a sitter's magic bag
- Tips on starting your babysitting business

Instructor:

Becky Reid, Family and
Consumer Sciences Agent



**K-State Research and Extension
Cowley County**
311 E 9th
Winfield KS 67156

Classes will be offered at the
end of May. Details to come.

A course requires at least 5 participants to offer the class.

K-State Research and Extension is committed to providing equal opportunity for participation in all programs, services and activities. Program information may be available in languages other than English. Reasonable accommodations for persons with disabilities, including alternative means of communication (e.g., Braille, large print, audio tape, and American Sign Language) may be requested by contacting Becky Reid two weeks prior to the start of the event at 620-221-5450, bkreid@ksu.edu. Requests received after this date will be honored when it is feasible to do so. Language access services, such as interpretation or translation of vital information, will be provided free of charge to limited English proficient individuals upon request.

Kansas State University Agricultural Experiment Station and Cooperative Extension Service
K-State Research and Extension is an equal opportunity provider and employer.

Shutterbugs at Botanica

4-H Photography members and family are invited to attend the 2025 Shutterbug Event at Botanica in Wichita, KS. that will take place on Saturday, May 3, beginning at 9:00 am. Photography members are encouraged to bring their camera or smart phone to learn a variety of topics. Volunteers from the state photography committee will be holding workshops from 9:30-12:00. Registration to this event will allow for all day access to Botanica, and each participant will leave with two complimentary photo matte boards. Canon DSLR cameras will also be available for 4-H members to check out that day. (youth will need to bring their own SD cards in order to take home any photos they take.)

Youth in attendance are required to have an extension agent, screened volunteer or a parent/guardian with them for this workshop. Event registration can be found here <https://cvent.me/arPGWE> or at Kansas4-H.org.

If you have any questions about this event, please contact Amy Collins at acollins@ksu.edu.

Kansas State Fair - September 5-14, 2025

4-H Communications/4-H Day

Please remember that purple ribbons or top blue ribbons of those age 9 and older (before January 1) can take their project talks, demonstrations and illustrated talks to the Kansas State Fair. Poetry entries can also be entered as non-competitive presentations.

There are some great resources for project talks, illustrated talks, demonstrations, and public speaking on the [4-H Communications Project Page](#).

Host Families Needed

Want to add a new cultural experience for your family in late June or July? Kansas is expecting Norwegian and Taiwanese 4-H teens during that time frame this year. The Norway group of about 6 teens and a female chaperone will be in Kansas June 25-July 19. The six Taiwan 4-H teenagers and their chaperone are here July 3-August 2 with the chaperone splitting time between two families for two weeks each. Both present great opportunities to show them your celebration of July 4th and early summer 4-H activities. Members of both delegations are boys and girls, ages 15-18. Click [here](#) for more information.



Kansas Range Youth Camp

Are YOU interested in plants, livestock or wildlife?



KANSAS YOUTH RANGE CAMP

White Memorial Camp, Council Grove, KS

Upcoming High School Sophomores, Juniors, & Seniors

Learn about range plant identification, plant growth, stocking rates, livestock nutrition, and rangeland wildlife management

Enjoy field trips, hands on learning, a steak dinner, swimming, fishing, and hiking!



June 10-13, 2025

COST: \$300

Contact your local Conservation District for scholarship opportunities!



Educating Kansas



Youth for



Over 60 years!

REGISTER NOW

Sponsored by:
Kansas Section,
Society for Range
Management



Contact:
Courtney Jackson
KS Youth Range Camp Chair
620-767-5111 ext. 3
courtney.jackson@usda.gov

www.kgcl.org/range-youth-camp-registration.cfm

Kansas 4-H Sportfishing

KANSAS 4-H SPORTFISHING TOURNAMENT 2025

The Kansas 4-H Sportfishing Tournament is open to all 4-H members. The contest runs throughout the year and ends September 15, 2025. Anglers can fish year-round but entries must be in by the deadline, fish caught after the deadline may be entered in the next contest. Participants can enter in any species/categories that they catch fish – go fishing and have fun!!!

One 4-H Angler of the Year will be named in each of the species/category listed below. These are fish commonly found in Kansas waters. Each Angler of the Year will receive a frameable certificate and a Wal-Mart gift card to hopefully be used for fishing equipment (one per individual). All participants that enter a certified entry will also receive Wal-Mart a gift card.

The following species will make up the contest:

<u>Specie/Category</u>	<u>Minimum length for entry</u>
Catfish (Channel, Flathead, or Blue Cat)	15"
Sunfish (Bluegill, Green Sunfish, Hybrid Sunfish)	6"
Crappie (Black or White)	10"
Black Bass (Largemouth or Smallmouth)	15"
Any Rough Fish (Carp, Drum, Buffalo, Grass Carp)	15"
Other Game Fish (Walleye, Saugeye, White Bass, Wiper, Striper, Trout)	15"



RULES:

1. Must be enrolled in 4-H but do not have to be in the Sportfishing Project.
2. To compete for Angler of the Year Award the entry must also be weighed and witnessed (digital hand scale is acceptable, no spring scales please.) Only one Angler of the Year award per individual will be awarded. If a participant is selected as first in a species/category their additional entries will not be considered in subsequent classes. We want to recognize as many participants as possible. Please use the **2025 entry form** but will accept other year forms if necessary.
3. Fish must be caught by a legal method as outlined in the current Kansas Department of Wildlife and Parks Fishing Regulations Summary. Fish can be caught anywhere in the state of Kansas.
4. **YOUNG ANGLERS MUST CATCH THEIR OWN FISH!** The past few years some very small/young anglers have caught some very big fish that would have required significant assistance from an adult. **PLEASE PARENTS OR OTHER ADULTS, LET THE KIDS CATCH THEIR OWN FISH ALTHOUGH SOME HELP MAY BE REQUIRED.**
5. Entries must be postmarked by September 15th or e-mailed/texted by that date. Winners will be announced around October 1, 2025. Every effort will be made to have the awards available to the counties/districts by their achievement awards program for presentation there or sent directly to the winners. I'll contact the county/district agent for their preference.
6. Entries are to be submitted to Tommie Berger 406 S. New York Ave. Sylvan Grove, KS 67481.
bergkwf@wtciweb.com 785-524-6112

Horse Project - New Update!

What is a Coggins test?

'Coggins' is a common name for a blood test that is used to screen horses, mules and donkeys for a possibly fatal disease - Equine Infectious Anemia (EIA).

What is Equine Infectious Anemia (EIA)?

EIA is an infectious, and potentially even deadly, virus that affects the immune system of animals in the equidae family. While some animals are able to carry the virus without showing symptoms, other horses will suffer from very severe symptoms of the disease including irregular heartbeats, swollen legs and abdomen, general weakness, anemia, a high fever and even sudden death. A herd outbreak of EIA can lead to catastrophic consequences which is why it is essential for horse owners to be diligent about testing for the disease.

How can my horse catch EIA?

EIA is transmitted from one horse to another through mosquito bites, horse flies, deer flies or stable flies that have fed on a different infected animal. This means that your horse does not even need to have come into direct contact with an infected animal in order to contract this disease. Because flies are attracted to barns and other places that horses frequent, this extremely serious disease can be quickly and easily transmitted from one horse to another.

Where/How is a Coggins test performed?

A veterinarian conducts a thorough exam of the horse and performs a blood draw. The blood is submitted to an accredited laboratory. Once the analysis is complete, the lab will forward the results either directly to the owner, and/or to your veterinarian. Some veterinary clinics use digital Coggins testing technology. This means that the results of the test will be visible online, but can be printed.

Why is Coggins testing important and who should be testing? EIA is highly contagious and fatal. Responsible horse owners should test annually, especially if horses will be comingled with other horses. An example of a Coggins certificate as well as additional information can be found here: <https://www.ksvhc.org/services/equine/field/coggins.html>

What does Kelsey recommend for your local shows?

I recommend that local shows require proof of negative Coggins test within the last 12 months per the updated KDAH requirement. Here's an example of what the rule in your rulebook could be: "All exhibits in the 4-H Horse Show must present proof of negative Coggins test within the last 12 months at check-in." Local units may consider partnering with a local veterinarian to offer a Coggins and vaccination clinic. This updated requirement is not the result of an EIA outbreak in the state. I believe it is just implementing good biosecurity practices.

Kelsey Nordyke, M.S.
4-H Ag Sciences Program Specialist
Kansas 4-H Youth Development
Mobile Phone (620) 222-1311



Livestock Production Essay

Who can participate: 4-H Members exhibiting livestock at the 2025 Cowley County Fair AND submitting a 4-H Project Report.

Participants exhibiting these species will be eligible:

- * Beef
- * Bucket Calf
- * Dairy Cattle
- * Swine
- * Sheep
- * Meat Goat
- * Dairy Goat
- * Meat Rabbits
- * Production Poultry



Due
September 19, 2025
Both 4-H Project Report and Essay

Potential topics to build on:

- * **Production-** Breeding animals, what are your future goals? What specific details do you need to consider if you plan to keep this animal and breed them?
- * **Finances-** pasture stocking rate, available pasture/rental rates, price to feed, maintain, breed, house this animal?
- * **Marketing-** Marketing to sell this animal or their progeny for a return on investment.
 - Break down your plan
- * **Industry Expectations-** interview Bankers, FSA Loan Officers, Extension Agents, Local Farm/Ranchers, study and cite University publications.
- * **Goal Setting-** does your animal have products to sell? (milk/eggs/offspring) What does your business plan look like for that and how are you going to make that work and grow to be a profitable business owner?
 - Do you have a market animal? How are you feeding that animal to be the most profitable on the rail? Are you marketing that animal before the fair to get the best price? Do you know how much meat that animal provided after the fair? What is your goal as you feed this animal and how did you do? Hanging weight, back fat, pounds of product.

If you need help with this project, please schedule an appointment with Sarah to help you explore ideas.

The intent of this essay is to dig deeper into the production side of the industry, learning from publications and professionals in our area. You will want to plan to have it proof-read by multiple people.

Cowley County 4-H Enrollment

✿ [4-H Online Enrollment Link](#)

✿ [Cowley County KSRE Website with 4-H Enrollment Information](#)

The 4-H year runs Oct. 1st. to Sept 30. **ALL YOUTH and ADULT VOLUNTEERS** participating in the 2024-2025 4-H year should enroll.

In order to be a regular member of Cowley County 4-H, the member must be 7 years old before January 1, 2025.

[Cloverbuds](#) is for children ages 5-6 before January 1, 2025.

[Project Selection Guide](#) (includes descriptions of all projects)

[Setting 4-H Project Goals](#)

[4-H Project Record Books](#)

[ZBooks](#) (online record keeping option)

Click [here](#) to sign up for a County Committee

DID YOU KNOW??

The [Kansas Clover Classroom](#) is packed with helpful project information

4-H Scholarships

Scholarship Opportunities

Please visit the Kansas 4-H Resource [page](#) for Scholarship Opportunities. Kansas 4-H Scholarship, Kansas 4-H Dog Scholarship, Kansas 4-H Geology Scholarship, and Vanier Scholarship!

Get Financial Help Attending Events

The Cowley County 4-H Development Fund is our local 4-H foundation created in 1995 to assist Cowley County 4-H'ers take part in educational events and activities. Funding is provided by gifts from supporters. Each year, the 4-H Development Fund awards college scholarships to high school seniors and college freshmen. Beginning in 2015, the Development Fund introduced "Leadership Development Grants". Leadership Development Grants are available by application to local 4-H members who are registered for a state or national leadership event such as Discovery Days, National 4-H Congress, Kansas Youth Leadership Forum, Citizenship Washington Focus and more. Applications are available from the Cowley County Extension Office. Applicants must submit an essay, write a thank you note to a Development Fund donor and present a program about their experience to a 4-H club or county-wide group following attendance at the event. For more information, contact Sarah at slag11@ksu.edu or 620-221-5450.

[Cowley County 4-H](#)

[K-State Research and Extension - Cowley County](#)

[Cowley County Classic Beef Show](#)

[Cowley County Sheep and Meat Goat Show](#)

[Cowley County Goat Project](#)

[Cowley County Sheep Project](#)

[Cowley County Swine Project](#)

[Cowley County Dairy Project](#)

[Cowley County Horse Project](#)

[Cowley County Dog Project](#)

[Cowley County 4-H
Sweepstakes Team](#)



Find us on:
facebook®

4-H Club Corner

4-H Club Leader's Toolbox

Youth Program Quality Principles

A 4-H Project: More than a Fair Entry

4-H Club Meeting Reflections

Creative Ideas to Enhance Club Meetings

Just click on the link to see helpful resources. The 4-H Club Corner has many more resources available on Kansas 4-H webpage:
4-H Club Corner

Kansas Clover Classroom

Sportfishing Challenge

Thrifty Threads

Reading Challenge

Many more resources available on the [Clover Classroom page](#).

4-H AMBASSADORS

PURPOSE:

WORK TOGETHER WITH A TEAM OF APPROXIMATELY 3-8 AMBASSADORS AND AN ADULT ADVISOR TO DEVELOP A PUBLIC INFORMATION PROGRAM FOR THE COWLEY COUNTY 4-H PROGRAM.

RESPONSIBILITIES:

PROMOTE 4-H TO ALL AUDIENCES
ORGANIZE 4-H PROMOTIONAL EVENTS AND ACTIVITIES
DEVELOP COMMUNICATION SKILLS

QUALIFICATIONS:

HIGH SCHOOL FRESHMAN TO AGE 18
ENTHUSIASM FOR 4-H
INTEREST IN PROMOTING THE 4-H PROGRAM

TIME REQUIRED:

1 OR 2 YEAR TERM
4-8 HOURS PER MONTH

THROUGH THIS EXPERIENCE, 4-H AMBASSADORS WILL HAVE OPPORTUNITIES TO LEARN, PRACTICE AND IMPROVE COMMUNICATION, MARKETING, EMPLOYABILITY AND JOB SKILLS.

APPLY NOW!

CLICK HERE!
to apply for
4-H
Ambassadors

Cowley County Extension Office

Contact us:

cl@listserv.ksu.edu (620) 221-5450 or (620) 441-4565

Sarah LaGrone, 4-H Youth Development, slag11@ksu.edu

Becky Reid, Family & Consumer Sciences, bkreid@ksu.edu

Jeff Seiler, Ag & Natural Resources, jseiler4@ksu.edu

Cindy Stephens, Office Professional, cstephens@ksu.edu

K-STATE
Research and Extension



Office Hours
Monday through Friday
8-11:30 a.m.
and
12:30 - 5 p.m.

Cowley County Extension Council Executive Board

The Cowley County Extension Council Executive Board meets monthly and conducts the business of the Extension Office. The Extension Council monthly meeting will be held on Thursday, April 3, 2025 at 5:30 p.m. in the Assembly Room at the Cowley County Courthouse.

Friends of Extension

As someone who contributes time, talent and/or treasure to the benefit of Cowley County Extension, you are invited to be part of the Friends of Cowley County Extension organization. The group will alternate between morning and evening meetings to plan fundraising and advocacy events to support K-State Research and Extension Cowley County.

4-H Development Fund

Did you know? Tax deductible contributions can be made to the 4-H Development Fund (c/o PO Box 538, Winfield KS 67156) or to the Friends of Cowley County Extension Endowment (c/o Legacy Regional Community Foundation, 1216 Main Street, Winfield KS 67156)

Legal Stuff

K-State Research and Extension is committed to providing equal opportunity for participation in all programs, services and activities. Program information may be available in languages other than English. Reasonable accommodations for persons with disabilities, including alternative means of communication (e.g., Braille, large print, audio tape, and American Sign Language) may be requested by contacting the event contact Sarah LaGrone two weeks prior to the start of the event at 620-221-5450. Requests received after this date will be honored when it is feasible to do so. Language access services, such as interpretation or translation of vital information, will be provided free of charge to limited English proficient individuals upon request. Kansas State University Agricultural Experiment Station and Cooperative Extension Service K-State Research and Extension is an equal opportunity provider and employer.