

# THE 4-H FLASH NEWSLETTER

**September 2025**

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*A letter from Sarah,*

The fair is over and I hope you all have recouped! You all should be so proud of yourselves! As you wrap up the 2024-2025 4-H year I want to remind you that 4-H Project Record Books, Pin Applications, Catch-A-Calf applications, Scholarship Applications and Club Seals are due September 19<sup>th</sup> by 5:00 PM to the Cowley County Extension Office. Your club leaders may have an earlier due date for review and signatures.

It is time to start laying out your future plans and goals! If you are a Senior heading off to college or work, we wish you the best and hope that you can use all you have learned in 4-H throughout your life to help you succeed. You may be surprised where you find it helpful throughout your life. Have a great year and we hope that you come visit us.

If you will be enrolling in 4-H again next year let's get to it and have some fun! I am so excited to start a new year and see the potential of Cowley County 4-H. Now is a great time to look through your fair books at any other projects that look fun to you. Is there a new department that you want to try this year? Keep a close eye on this 4-H Newsletter for all 4-H updates and opportunities. We already have so much in the works for our new 4-H year! We hope you all have a great start to your school year and don't forget 4-H year starts October 1!

😊 Sarah



**August 29th and September 2nd & 3rd**

**Entries must be brought to the Extension Office. Food entries must be brought between 7-8am on Sept 4.**

Contact us:

[cl@listserv.ksu.edu](mailto:cl@listserv.ksu.edu) (620) 221-5450 or (620) 441-4565

Sarah LaGrone, 4-H Youth Development, [slag11@ksu.edu](mailto:slag11@ksu.edu)

Becky Reid, Family & Consumer Sciences, [bkreid@ksu.edu](mailto:bkreid@ksu.edu)

Jeff Seiler, Ag & Natural Resources, [jseiler4@ksu.edu](mailto:jseiler4@ksu.edu)

Cindy Stephens, Office Professional, [cstephens@ksu.edu](mailto:cstephens@ksu.edu)



## Community Leaders

### September Check-Up

- \* Are your club members working on Project Record Books?

### Review

- \* Read the *4-H Newsletter* and mark important dates on the calendar. (Have you noticed all the links provided?)
- \* Review highlights from the *4-H Newsletter* at your club meeting.
- \* Have you checked out the [4-H Club Corner](#)?

### To-Do

- \* Remind members to take KSF entries to the Extension Office by deadline
- \* Project Record Books due Sept 19
- \* Club Seal Reports due Sept 19
- \* Club Financial Review due Nov 1
- \* Club Organizational Report due Nov 1
- \* Give 4-H Council report to the club
- \* **Community Leader Training Sept. 21**

- \* Make plans for National 4-H Week (Oct. 5-11)
- \* Start planning club donation to the Fall For Extension event (November 22nd)
- \* Check club mailbox at Extension Office

### Promote/Recruit

- \* New 4-H Year begins October 1st.
- \* [4-H Media Team](#)
- \* Sign-up for County Committees
- \* Catch-A-Calf program (apps due 9/19)

### Remember

- \* Club t-shirts REQUIRE approval, the form to do so is on our [website](#) under 4-H Youth Development, forms, Cowley County 4-H Apparel Approval Form

## Important Dates and Deadlines \*underlined text is a link

### September

- 9/1 Labor Day- Extension Office Closed
- 9/2 or 9/3 KSF Projects delivered to the Extension Office
- 9/4 Food and Horticulture entries due at the Extension Office 7-8am
- 9/4 Cowley County Extension Executive Board Mtg 5:30 pm
- 9/5-14 [Kansas State Fair](#)
- 9/15 4-H Junior Leaders Meeting, 6:15pm
- 9/15 4-H Council Meeting 7pm
- 9/19 Project Record Books, Club Seal, Scholarship apps, Achievement Pin apps, Livestock Production Reports, and Catch-a-Calf applications, and L.E.A.D. applications due
- 9/21 2-4pm Community Leader Training
- 9/29 Catch-A-Calf and L.E.A.D. Interviews

### October

- New 4-H Program Year Begins!
- 10/1 Cowley County 4-H/FFA Livestock Judging Contest
- National 4-H Week 5-11th
- 10/11 5:00 p.m. Barn 8; House Appreciation Dinner

### November

- 11/1 4-H Officer Training
- 11/8 4-H Achievement Night
- 11/22 Fall For Extension
- 11/18 & 19 KS Youth Leadership Forum

[Cowley County Annual 4-H Calendar](#)

[Kansas 4-H Events & Activities Calendar](#)

## 4-H Council & Junior Leaders

### 4-H Council

**September 15, 2025 - 7:00 p.m.**

**Location:**

**Assembly Room; Extension Office**

Please make plans to be present as officers will be elected for the 2025/2026 program year.

If you were selected to represent your club at 4-H Council and find you cannot attend, please let your leader(s) know in advance and find another member to serve in your place.

### 4-H Junior Leaders

**September 15, 2025 - 6:15 p.m.**

**Location:**

**Assembly Room; Extension Office**

Please make plans to be present, as officers will be elected for the 2025/26 program year.

If you are 12 and older, you can be part of 4-H Junior Leaders. Youth will learn about leadership through activities. Visit the "Cowley County 4-H Junior Leaders" Facebook page to see how we are demonstrating leadership.

## Kansas State Fair

Non-livestock and small exhibits for the Kansas State Fair (KSF) will be accepted beginning Friday, August 29 through Wednesday, September 3rd. All exhibits except Foods and Horticulture are due in the Extension Office by 5:00 p.m. Wednesday, September 3rd.

Foods and Horticulture Exhibits will be accepted from 7:00-8:00 a.m. Thursday, September 4th.

**Please package exhibits appropriately to protect them during transportation.**

Entry tags are available in the Extension Office when you drop off your exhibit, so allow enough time to prepare entries with Extension staff. Be sure to collect your free KSF gate passes (2 per exhibitor).

[Kansas State Fair 4-H Exhibitor Handbook](#)

## Bluegrass - Sept 17-21, 2025

**Thank you** to all the clubs who have signed up to work the foodstand! It's a great fundraiser for your club (in the past clubs have earned \$100 an hour). Attendees have commented on how they enjoy the 4-H food stand being open. Without your help, that's a hard task to accomplish. Thank you for doing your part to represent Cowley County 4-H and keep the doors open to the only clean, air conditioned building where people have come to expect to go to enjoy a delicious meal.

\* There are currently two shifts available. We will open these shifts to other organizations on September 5th, if not filled by a 4-H Club.

\* Friday, September 19 2:30 pm -8:30pm

\* Saturday, September 20 8:30 am - 2:30 pm



## 2025 Livestock Production Essay

**Who can participate:** 4-H Members exhibiting livestock at the 2025 Cowley County Fair **AND** submitting a 4-H Project Report. (separate reports)

Participants exhibiting these species will be eligible:

- \* Beef
- \* Bucket Calf
- \* Dairy Cattle
- \* Swine
- \* Sheep
- \* Meat Goat
- \* Dairy Goat
- \* Meat Rabbits
- \* Production Poultry



**Due  
September 19, 2025**

Potential topics to build on:

- \* **Production-** Breeding animals, what are your future goals? What specific details do you need to consider if you plan to keep this animal and breed them?
- \* **Finances-** pasture stocking rate, available pasture/rental rates, price to feed, maintain, breed, house this animal?
- \* **Marketing-** Marketing to sell this animal or their progeny for a return on investment.
  - Break down your plan
- \* **Industry Expectations-** interview Bankers, FSA Loan Officers, Extension Agents, Local Farm/Ranchers, study and cite University publications.
- \* **Goal Setting-** does your animal have products to sell? (milk/eggs/offspring) What does your business plan look like for that and how are you going to make that work and grow to be a profitable business owner?

-Do you have a market animal? How are you feeding that animal to be the most profitable on the rail? Are you marketing that animal before the fair to get the best price? Do you know how much meat that animal provided after the fair? What is your goal as you feed this animal and how did you do? Hanging weight, back fat, pounds of product.

If you need help with this project, please schedule an appointment with Sarah to help you explore ideas.

The intent of this essay is to dig deeper into the production side of the industry, learning from publications and professionals in our area. You will want to plan to have it proofed by multiple people.



## Upcoming Deadlines

### Record Books Due

Kansas Project Records deadline is quickly approaching. Please turn your record books in to your community leaders. Record Books are due in the Extension Office by 5pm Friday, September 19. CloverBuds do not complete project records and are not eligible for membership pins until they have completed their first year as a regular 4-H member.

**Remember, to receive an Achievement pin, you must turn in a complete Kansas Project Record including the Permanent Record, Project Recognition Sheet, Personal Information Page and pin application.**

\*ZBooks is a helpful tool Kansas 4-H provides to every 4-H family, to keep ongoing records throughout the year making Kansas Project Records easier to print and assemble.

### Record Book and Award News

All members are encouraged to complete the Kansas Project Records. Here's what you need for a complete record book this year:

[Project Recognition Sheet](#)

[Personal Information Page](#)

Permanent Record (this form hasn't changed and you just keep adding to it from the previous year's)

Age appropriate General Project Record Form (for non-livestock projects) or the Animal Project Report Form (for livestock projects)

All record book pages and forms can be found at [www.cowley.ksu.edu](http://www.cowley.ksu.edu). Go to "4-H Youth Development" and click on the "Forms" link.

[Guide to Kansas 4-H Project Recognition](#)

[Local Record Keeping Resources](#)

### Achievement Pin Applications

Achievement pins are awarded to 4-Hers who have been active in 4-H projects, leadership, and other 4-H related activities. Pins, listed in order of requirements, include 4-H activities from October 1, 2024 through September 30, 2025.

Membership

Bronze

Clover

Emerald

Silver

Silver Guard

Leadership

Gold

Gold Guard

All applications and record books (Kansas Project Record) must be signed by your Community Leader **before turning them in. You must complete your Kansas Project Record to be eligible for an Achievement Pin, and have it turned in by Friday, September 19.**

### Key Award Applications

The Key award is the highest award given to Kansas 4-H members. Applications are available at [www.cowley.k-state.edu/4hyouthdevelopment](http://www.cowley.k-state.edu/4hyouthdevelopment).

The deadline for all Key Award Applications is Friday, September 19. To qualify for the Key Award, 4-H members must be 16 as of January 1, 2025. Members need to have completed four or more years of 4-H work and have been enrolled in the Leadership project for four or more years.

### Club Seal Reports

Club Seal Reports are the record-keeping document used to award each club seal annually. Club Seals are awarded to recognize club activity, leadership and citizenship. Each club is encouraged to complete and turn in a seal report.

Club Seal Reports are due Friday, September 19 and can be found at

<https://www.cowley.k-state.edu/4-h/forms/ClubSealReport%20form%20fillable.pdf>

### Officer Notebooks

Club Officer notebooks are also due on Friday, September 19, 2025.

## Club Reports

### Club Financial Review

As we begin wrapping up the 2025 4-H program year, clubs need to complete the 4-H Club Financial Review. It is important to note that the club financial review is NOT an audit. It is simply a committee of two adults and two youth (**not related, and not the current treasurer**) reviewing the club's financial documents and record keeping to ensure that the club is following Kansas 4-H Policy. Consider partnering with another club for your review. Club financial reviews for Cowley County are due in the Extension Office by **November 1, 2025**.

The information about Extension Law and the policy for Financial Reviews is listed below:

**\*\*Please note:** If your club does not complete a Financial Review, you risk losing your club charter and the ability to operate as a 4-H club in Cowley County.

Kansas Extension law requires that the Director for Extension (at K-State) and the Extension Board (our local board) are accountable for funds raised and/or collected by 4-H Clubs and 4-H Councils. In order for the local Extension unit to ensure compliance with financial requirements for 4-H and other Extension affiliated groups, a yearly financial review of those accounts is to be conducted by a Financial Review Committee of the club/group.

Approval of the reports should be documented by the local unit board, **recording in their minutes a motion to approve the reports, including in the minutes the name of each club/group that is being approved**. This review and board approval is **required** of all clubs/organizations. It is expected to have reviews completed and reports submitted to the local unit Extension office by November 1st.

### Club Organizational Reports

Please complete and turn in one copy of the Club Organizational Report to the Cowley County

Extension Office by November 1, 2025. (click on the link or find it at [www.cowley.k-state.edu](http://www.cowley.k-state.edu))

### 4-H Club Elections

The end of the 4-H year is upon us and the new year is quickly approaching, which means it is time to select our club leadership for the 25/26 4-H year. The following are suggested guidelines for conducting club election of officers.

- Nominate and vote for the member who would carry out the responsibilities of the office well. Election of officers is not a popularity contest. It is important to nominate a member who is willing to be present at meetings to carry out their office.
- Vote on each office individually. (Yes it takes time, but it is an important learning time for members).
- Club members should be allowed the opportunity to nominate members from the floor for offices.
- A club needs to have a motion, a second, and vote to close the nominations for each office.
- A nomination does not need to be a motion and does not require a second. "I nominate Joe".
- Voting should be done by ballot. Ballots should be counted by 2-3 members who are not running for office or who made the nominations for the officers, or by parents.
- Each member should have one vote for each office.
- In cases where the club may have more than one person in an office (club may have two recreation leaders), each member should vote for corresponding candidates. A nominating committee (made up of 4-H members and parents) should develop a slate of candidates (two or more candidates per office).

## Scholarships - Applications Due Sept 19, 2025

### 4-H Scholarship Applications

If you are a 4-H'er who is a senior in high school or a freshman in post-secondary education, you are eligible for Cowley County 4-H Scholarships.

- **Junior Leaders Scholarships**, up to two at \$250 each
- **4-H Council Scholarships**; Two are given at \$250 each
- **4-H Development Fund Scholarships** TBA (but traditionally at least two)

Scholarship applications are available [here](#) or at the Extension Office. Applications are due by Friday, September 19.

### Horse Scholarship Available to 4-H Horse Members of Any Age

The Robert Austin Memorial Horse Scholarship is available to 4-H Horse Project members. The scholarship will be awarded to a horse project member who shows leadership and knowledge in the horse project and has completed the following for the 2025 4-H year:

- Completed and turned in a Record Book for the horse project.
  - Completed Scholarship Application.
- [Scholarship Applications](#) are due Friday, September 19.

### 2025 GRAND HOUSE DRAWINGS

Each time a 4-Her participates in these events/programs, their name will be added to the drawing!

- YQCA Training
- Spring Shows
- Celebrate Ag
- Judging Contest and practices
- Livestock Programs
- Livestock Training Clinics
- Trips
- Livestock Record Book Submission

Drawing will be held at the 2025 Open House dinner October 11th

#### DRAWING INCLUDES CHOICES OF:

- LIVESTOCK SHOW BOX
- CLIPPERS
- CLIPPER BAG
- LIVESTOCK BLOWER
- AND MORE!

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Research and Extension

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K-State Research and Extension is an equal opportunity provider and employer.



### [Cowley County 4-H](#)

[K-State Research and Extension - Cowley County](#)



[Cowley County Classic Beef Show](#)

[Cowley County Sheep and Meat Goat Show](#)

[Cowley County Goat Project](#)

[Cowley County Sheep Project](#)

[Cowley County Swine Project](#)

[Cowley County Horse Project](#)

[Cowley County Dog Project](#)

[Cowley County 4-H Sweepstakes Team](#)

## National 4-H Week - October 5-11

### 4-H Week: Beyond Ready

October 5-11, 2025



🌟 🌱 **Cowley County 4-H Week – October 5–11, 2025** 🌱 🌟

Theme: **“Beyond Ready”**

Join us in celebrating National 4-H Week with fun dress-up days, activities, and ways to share your 4-H pride!

#### 🌟 **Sunday, October 5 – Shine Bright Sunday: “Beyond Ready to Celebrate 4-H”**

Wear your brightest green or your best 4-H gear to show off your 4-H Pride.

👉 Activity idea: Post a 4-H pride selfie, share your favorite 4-H memory on social media, or decorate your space (yard, window, or locker) with clovers to get the week started. Help local businesses show 4-H Pride. The office has table mats you can take to local restaurants.

🍷 Optional: Host a club kickoff event—like an ice cream social, game night, or flag raising ceremony to start the week with energy. You could reach out to Pizza Ranch and host tables as a fundraiser and donate the proceeds to a nonprofit like the Humane society

#### 🌱 **Monday, October 6 – “Beyond Ready: Go Green” (Statewide Theme!)**

Go GREEN!! Anything green goes! Beyond Ready shirts, green shirts, hats, socks, and clover face tattoos—get creative and have some fun!

#### 🍷 **Tuesday, October 7 – Time-Travel Tuesday: “Beyond Ready, Rooted in Tradition”**

Dress up in retro 4-H gear or vintage fits.

👉 Activity: Post then-and-now photos of members, recreate old club pictures, or share fun facts about your club's history.

#### 🌟 **Wednesday, October 8 – Pass It On Wednesday: “Beyond Ready to Teach, Lead and Inspire”**

Dress: Wear something that shows your favorite project area or a shirt from a conference or camp.

👉 Spotlight a leadership lesson you've learned.

👉 Activity: Host a skill-sharing session—members teach a mini-lesson on skills they have learned or share fun facts about 4-H and their projects. You could do this on social media, in your school/class, or by visiting elementary classrooms.



## 4-H Week Continued

### ♥ Thursday, October 9 – 4-H for Good Day (Statewide Theme!)

This is a day to recognize all the good our 4-H members and volunteers do throughout the year!

👉 Give shout-outs to:

- Club leaders and Volunteers for all the time and effort they pour into our young people.
- 4-H Alumni who have acquired skills through 4-H and are doing great things in their adult lives—living the Beyond Ready life!
- Donors who support your local 4-H programs, County Fair, and Achievement Awards.

💡 Remember—adults are key in broadcasting the power of 4-H! Their voice helps communities, families, and partners understand the value of 4-H.

### 🚀 Friday, October 10 – Future Friday: “Beyond Ready for What’s Next”

Go futuristic—shiny, metallic outfits, glow sticks, neon or anything “forward-looking.”

👉 Activity idea: Write a note to your “future self” about what you want to achieve in 4-H and life. Create a vision board of personal, 4-H, or career goals.

🗣️ Invite Alumni to share what “future-ready” skills helped them succeed.

### 👉 Saturday, October 11 – Service Saturday: “Beyond Ready to Serve: Giving Back, Making an Impact, Leading by Example”

Dress: Wear 4-H t-shirts or club gear, comfortable clothes, and closed-toe shoes for service projects.

👉 **48 Hours of 4-H** – Kansas 4-H members are proud of the communities they call home. Whether they live in cities, towns, or rural areas, 4-H members make their communities better year-round. 48 Hours of 4-H was created as a way to challenge 4-H members to explore their service capabilities — “To Make the Best Better” in their communities, extension units, and across the state.

🔗 Learn more: [48 Hours of 4-H](#)

🗣️ Share your Cowley County 4-H Week pride with:

#CowleyCounty4H #Kansas4H #4HBeyondReady #National4HWeek

♥ Let’s make it a week to remember—celebrating, serving, and showing that 4-H is *Beyond Ready!*



## Catch-A-Calf Program

Save the Date

### HOUSE APPRECIATION DINNER

**October 11, 2025**

**Doors open 4:30 PM**

**Calf and Display Viewing**

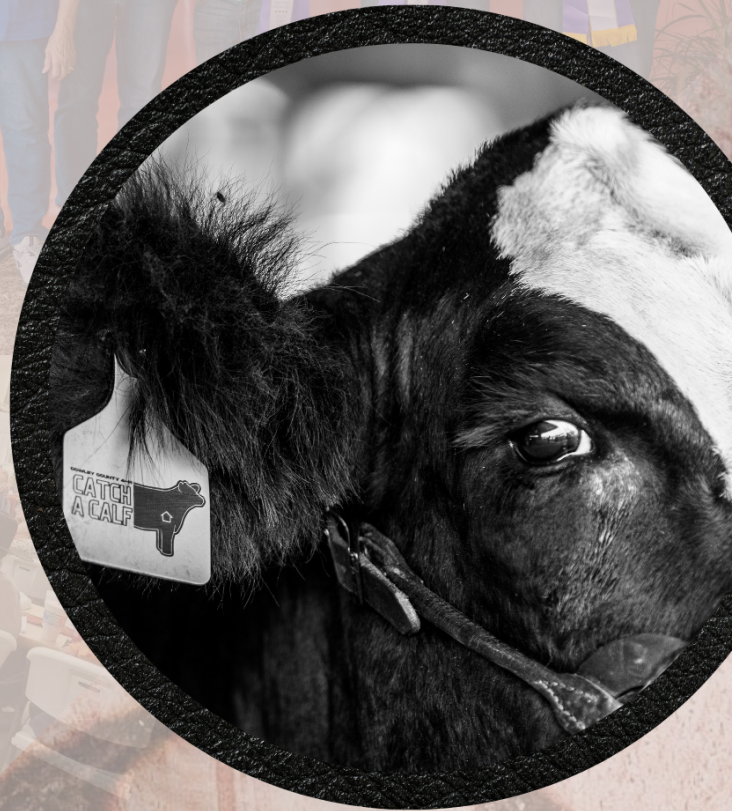
**Dinner-6:00 PM**

**Winfield Fairgrounds,  
Barn #8**

#### Join Us For:

- Meal
- Guest Speaker
- House Foundation appreciation and program overview/displays
- LEAD Applicant Presentation
- Catch a Calf presentation
- Winning applicants will catch their 2026 Beef Project

**RSVP  
TODAY**



**Guest Speaker: Greg Davis**

*Real Kansas Meats*



## Upcoming Events

### Kansas Youth Leadership Forum

**What:** Build your leadership skills and potential through workshops, consulting groups, inspirational speakers and more. In addition, the 2026 State 4-H Youth Leadership Council will be elected and up to six National 4-H Conference delegates will be selected through an interview process at KYLF.

**Objectives:**

- Broaden your understanding of the meaning of leadership and the qualities of a leader.
- Practice leadership skills you can use in other situations, like your local club, school and community.
- Improve interpersonal communication skills.
- Gain confidence.

**When:** November 22-23, 2025

**Where:** Rock Springs 4-H Center

**Who:** Youth 14-18 years of age before January 1, 2026

**2025 Fees:** TBA.

**Registration Deadline:**

Deadline - Monday October 15, 2025 by 11:59 p.m.

Registration Link - coming soon to the [Kansas 4-H website](#)

### Kansas Volunteer Leader Forum

The Kansas Volunteer Leaders Forum is an opportunity for volunteers from around the state to learn together while building a network of likeminded passionate adults. Participants will have the opportunity to dive into interactive content they can use to engage their youth members, connect with state and local extension staff to learn about new and exciting 4-H happenings, and engage with the Kansas Association of 4-H Volunteers as a support system for volunteering efforts throughout the year.

**What:** The Kansas Volunteer Forum

**When:** Tentative Dates - November 22-23, 2025

**Where:** [Rock Springs 4-H Center](#)

**Who:** 4-H Volunteers and Staff

**Registration:** Link to register - Coming Soon to the [Kansas 4-H](#) website

**Registration Deadline: Monday October 15, 2025**

**Fees:** (listed are 2024 fees, 2025 will be updated soon)

\$150 KVF Adult Registration Regular

\$125 KVF Adult Registration for Life Members

\$95 KVF Friday Night and Saturday Breakfast

\$21 for KYLF T-Shirt

## **County Committee's**

Serving on a county-wide committee is a great way to get involved and provide some input into our activities. Sign up is ongoing throughout the year and will begin at the September 4-H Council Meeting. A complete listing and description of each committee is listed below. If you see a committee you'd like to be involved with, please contact [Sarah](#).

### **Achievement Celebration Committee**

#### **Committee Duties:**

Select committee co-chairs and an adult advisor.  
Determine recognition  
Select a theme for the celebration, plan/collect decorations and purchase paper goods and drinks.  
Design the cover for the Achievement Celebration program.  
Plan and prepare decorations for the location and set them up prior to the program.  
Clean up decorations and facility after the program.  
Return all items to appropriate places.

#### **Extension Office Duties:**

Organize all awards and the script.  
Provide signs and set-up supplies as needed by the committee.  
Publicize event in the 4-H newsletter.  
Answer any questions of the committee.  
Contact award presenters.  
Correspond with the school and book the location.

### **Club Day Committee**

#### **Committee Duties:**

Select committee co-chairs and two adult advisors.  
Select a date for Club Day. A date should be selected at the May or July 4-H Council meeting.  
Select where Club Day will be held.  
Recommend judges at the November meeting. One judge should be secured per room.  
Publicize the event in local news media.  
Be available to assist with room set up on Friday afternoon, the day prior, to the event.  
Be available the day of the event to work at the front "Information Table" and to check on judges periodically during the day.  
Bring judges items they need, and collect score sheets for the tabulation room.  
Check in with each room to be certain that room monitors are present, and find substitutes in the event of an absence.  
Sort completed score sheets by club.

Be available to assist with room clean up on Saturday late morning. Rearrange classrooms, and return all items to the appropriate location.

Return all Extension supplies (easels, ribbons, score sheets, pencils, tape, signs, etc.) to the Extension vehicle.

#### **Extension Office Duties:**

Collect entries and produce a schedule for the event.  
Send judging correspondence to judges.  
Orientate judges prior to the judging start time.  
Provide paper, pencils, judge packets, door signs and other supplies as needed by the committee.  
Publicize the event in the 4-H newsletter, and assign clubs rooms and time slots for room monitoring.  
Answer any questions of the committee.  
Correspond with the school and book the location.

### **Fashion Revue Committee**

#### **Committee Duties:**

Select committee co-chairs and two adult advisors.  
Clean up stage decorations and fashion revue location.  
Return all items to appropriate places.  
Committee members may also be asked to help with judging tear down.  
Recruit script readers.

#### **Extension Office Duties:**

Provide signs, judging supplies and other office supplies needed by the committee.  
Handle all details associated with the judging portion of the day.  
Secure judges for the judging portion.  
Organize the script for the public fashion revue.  
Provide resources needed by the judges.  
Book the location of the judging and the public fashion revue.  
Answer any questions of the committee.

## **County Committee's Continued**

### **Finance/Policy Committee**

#### **Committee Duties:**

Select committee co-chairs and two adult advisors.  
Determine the annual 4-H Council budget under the guidance of the 4-H Agent.  
Present the budget to the 4-H Council at the November meeting for approval.

#### **Extension Office Duties:**

Keep record of funds spent for budget line items.  
In cooperation with the Treasurer, pay 4-H Council bills.  
Answer any questions of the committee.

### **Foodstand Committee**

#### **Committee Duties:**

Select committee youth co-chairs and two adult advisors.  
Determine needed foodstand improvements and present to 4-H Council for approval.  
Coordinate needed improvements of the foodstand.  
Purchase supplies to make foodstand improvements.

#### **Extension Office Duties:**

Publicize foodstand work days.  
Check out foodstand key to committee chair(s).  
Publish events in the 4-H newsletter.  
Answer any questions of the committee.

## Cowley County Fair

### Fair Suggestions

We know there is always room for improvement. If you have any suggestions for making next year's fair more successful, or if we did anything at the 2025 fair that you'd like to consider for the future, please follow this procedure:

1. Fair suggestions must be submitted to the attention of the 4-H PDC in writing.
2. Your suggestions must be signed and dated. Suggestions will not be considered without a dated signature. A typed signature on an email is acceptable.
3. All suggestions are due by September 5th at 5 pm. Suggestions will not be considered after the deadline.
4. Suggestions should be turned in, mailed or emailed to: [slag11@ksu.edu](mailto:slag11@ksu.edu); Cowley County Extension Office, 311 E 9th, PO Box 538, Winfield KS 67156.

The 4-H Program Development Committee (PDC) reviews all department evaluations and acts on written recommendations which are then made to the Extension Council and Fair Board. Verbal recommendations **CANNOT** be considered.

### Fair Theme Suggestions

Give a suggestion for the theme of the next Cowley County Fair. Deadline for suggestions is October 1st. <https://forms.gle/QbpxRdbhpAb8ofp262025>

### Fair Wrap Up Supporter Thank You's

It takes many hands and contributors to make the fair happen. If you received an award for your fair exhibit or sold an animal in the Premium Sale, please make sure to tell your supporters "thank you". If you need a name and address, please contact the Cowley County Extension Office.

The Cowley County Fair Association provides many amenities for Cowley County 4-H'ers during the fair including ribbon premiums, livestock bedding and judges' expenses.

A note of thanks would be appreciated by the members of the board and can be sent to:

Cowley County Fair Association  
PO Box 346  
Winfield, KS 67156

Cowley County Community College sponsored many awards as well as the printing of the fair book. A note of appreciation can be sent to:

Cowley County Community College  
Attn: Stefani Jones  
125 S. 2nd St.  
Arkansas City, KS 67005

Our sound system continues to improve. And it's all because of Rod Eastman and his crew. Rod goes above and beyond to help us make sure everything is working properly. Please let him know how much we appreciate him and his crew:

Rod Eastman/ Eastman Sound & Stage  
13389 202nd Rd.  
Winfield, KS 67156

## Thank you's

### Barn 4 Awards

Proceeds from the Bake Sale and Food Auction are used for Champion and Reserve Champion awards in Barn 4. If you would like to thank our loyal supporters, you can may send a thank you to the Extension Office (PO Box 538 Winfield, KS 67156), and we will see that it's forwarded on.

Beau & Tina Bailey  
Dorothy Fisher  
Mike & Jennifer Legako  
Megan Mangrum

Cecil & Judy Keller  
Jim & Mary McClung  
Schmidt & Sons  
Mike & Jennifer Legako

Kent Miller  
Justin & Kathy Waite  
Taggart & Elizabeth Wall  
Nick Bowman

2025 Auctioner; Rodger Lundgren

## Fair Results

### 2025 Herdsmanship

1. Udall
2. Tisdale
3. Burden

### 2025 Challenge of Champions

Seniors:

1. Wade Martin
2. Hailey Wilson
3. Adison Henderson

Juniors:

1. Wyatt Pirtle
2. Jake Jelinek
3. Luke Ahlerich

### 4-H Junior Leaders Costume Contest

Thank you to all who participated in the Animal Costume Contest, your ideas were wildly creative and we enjoyed you sharing them with us

Junior Category Winner: Stevie Henning, Burden 4-H

Intermediate Category Winner: Sebastian Donham, Udall 4-H

Group Category Winners: Luke & Taylor Ahlerich, Udall 4-H

### Family and Consumer Sciences Judging

Thanks to the 8 youth that participated in the Family and Consumer Sciences Judging contest held during 4-H Fashion Revue/Clothing Judging on July 22, 2025. We had 4 juniors (ages 7-9), 3 intermediates (ages 10-13), and 1 senior (ages 14-18).

Watch for new opportunities in 2025-26 to include more youth and learning opportunities!

**Thank you**



Did you enjoy the  
popsicle's at the fair??

Be sure to send "Popsicle Pete" a thank  
you for the never ending supply of  
refreshing frozen popsicles.

Send to:

"Popsicle Pete"  
% Cowley County Extension  
PO Box 538  
Winfield, KS 67156

**A big SHOUT OUT to our  
rockstar foodstand  
managers!!**

A note of appreciation for this huge task, and  
keeping our 4-H foodstand going can be sent  
to:

Jacque Arnett and Melissa Berry  
% Cowley County Extension  
PO Box 538  
Winfield, KS 67156



Did you enjoy the air conditioned Foodstand?  
Thanks to Winfield Plumbing and Heating,  
they fixed the problem  
AND

**DID IT FOR FREE!!!**

Please let them know how much we appreciate  
their work and their donation!



## **Shooting Sports**

**Club Meeting:** Monday, Sept. 29th, 7:00 p.m. New Hope Fellowship Church, 19195 - 61st Rd., Winfield.

**Air Discipline:** (BB, Air Pistol, Air Rifle) Season Closed, next practice Sunday, Nov. 2, 2025 at the Winfield Fairgrounds.

**Archery:** *New Season-* Thursday, Oct. 2nd 6:30 pm at the meadow..

**Shotgun:** *New Season-* 3rd Sunday, Oct. 19th, 2:00 at the meadow - weather allowing.

**\*\*Must email for a relay time for member to be on the practice line.**

**Muzzleloader/Small Bore:** Tuesdays, 7:00 p.m. at the meadow.

**Hunting Skills:** Watch for emails after Labor Day.

### **Congratulations to ~**

2025 Cowley Sportfishing "Slam" Top Angler at the Fair, Trace Thomson.

Cowley Small Bore Rifle Member, Andrew Hoover and Small Bore Pistol Member, Trace Thomson who attended the Sedgwick County Small Bore Qualifier.

Cowley Archery Members who attended the Sedgwick County Archery Qualifier - Andrew Hoover, Kaden Webster, Trace Thomson, Price Kindt, Asher Wolfe, Lara Olsen, Landon Olsen.

Cowley Muzzleloader Members attending Cowley Qualifier - Anna Wolfe, Lara Olsen, Audrianna Turpin, Asa Hoover, Trace Thomson, Asher Wolfe.

Cowley Shotgun Members attending the Sedgwick County Shotgun Qualifier - Andrew Hoover, Asa Hoover, Trace Thomson, Anna Wolfe, Asher Wolfe.

**Members receiving a qualifier score will be invited to attend the Fall State 4-H Matches across the state in September and October in those disciplines.**

**Austin Waite**

**Cowley County 4-H Shooting Sports Coordinator**

620-222-1982

P.O. Box 422

Winfield, KS 67156

[www.4hshootingsportscowleyks.com](http://www.4hshootingsportscowleyks.com)

<https://www.facebook.com/cowleycounty4hshootingsports>



**FALL FOR EXTENSION- November 22, 2025**

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**FRIENDS OF COWLEY  
COUNTY EXTENSION**

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**RAFFLE**

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**\$10 PER TICKET  
OR 3 FOR \$25**



Proceeds support educational programs of  
K-State Extension Cowley County

## Misc.

## 4-H AMBASSADORS

**PURPOSE:**

WORK TOGETHER WITH A TEAM OF APPROXIMATELY 3-8 AMBASSADORS AND AN ADULT ADVISOR TO DEVELOP A PUBLIC INFORMATION PROGRAM FOR THE COWLEY COUNTY 4-H PROGRAM.

**RESPONSIBILITIES:**

PROMOTE 4-H TO ALL AUDIENCES  
ORGANIZE 4-H PROMOTIONAL EVENTS AND ACTIVITIES  
DEVELOP COMMUNICATION SKILLS

**QUALIFICATIONS:**

HIGH SCHOOL FRESHMAN TO AGE 18  
ENTHUSIASM FOR 4-H  
INTEREST IN PROMOTING THE 4-H PROGRAM

**TIME REQUIRED:**

1 OR 2 YEAR TERM  
4-8 HOURS PER MONTH

THROUGH THIS EXPERIENCE, 4-H AMBASSADORS WILL HAVE OPPORTUNITIES TO LEARN, PRACTICE AND IMPROVE COMMUNICATION, MARKETING, EMPLOYABILITY AND JOB SKILLS.

## APPLY NOW!

**K-STATE**  
Research and Extension



Kansas State University Agricultural Experiment Station and Cooperative Extension Service  
K-State Research and Extension is an equal opportunity provider and employer.

**CLICK HERE!**  
**to apply for**  
**4-H**  
**Ambassadors**

## CLUB SHIRTS

If your club is thinking about getting shirts made, PLEASE use our local merchant. They are licensed and approved for all KSRE/4-H printing.

Apparel approval forms can be found on our website.

Get Branded is located at 915 Main St. Winfield, KS 67156

ph. 620-402-6111





## Cowley County 4-H Enrollment

✿ [4-H Online Enrollment Link](#)

✿ [Cowley County KSRE Website with 4-H Enrollment Information](#)

The 4-H year runs Oct. 1st. to Sept 30. **ALL YOUTH and ADULT VOLUNTEERS** participating in the 2025-2026 4-H year should enroll (after Oct 1).

In order to be a regular member of Cowley County 4-H, the member must be 7 years old before January 1, 2026.

[Cloverbuds](#) is for children ages 5-6 before January 1, 2026.

[Project Selection Guide](#) (includes descriptions of all projects)

[Setting 4-H Project Goals](#)

[4-H Project Record Books](#)

[ZBooks](#) (online record keeping option)

Click [here](#) to sign up for a County Committee

### DID YOU KNOW??

The [Kansas Clover Classroom](#) is packed with helpful project information

## 4-H Scholarships

### Get Financial Help Attending Events

The Cowley County 4-H Development Fund is our local 4-H foundation created in 1995 to assist Cowley County 4-H'ers take part in educational events and activities. Funding is provided by gifts from supporters. Each year, the 4-H Development Fund awards college/trade school scholarships to high school seniors and college/trade school freshmen. Beginning in 2015, the Development Fund introduced "Leadership Development Grants".

**Leadership Development Grants** are available by application to local 4-H members who are registered for a state or national leadership event such as Discovery Days, National 4-H Congress, Kansas Youth Leadership Forum, Citizenship Washington Focus and more. Applications are available from the Cowley County Extension Office, or online at [cowley.k-state.edu](http://cowley.k-state.edu). Applicants must submit an essay, write a thank you note to a Development Fund donor and present a program about their experience to a 4-H club or county-wide group following attendance at the event. For more information, contact Sarah at [slag11@ksu.edu](mailto:slag11@ksu.edu) or 620-221-5450.

Scholarship Applications found at [cowley.k-state.edu/4-Hyouthdevelopment/forms](http://cowley.k-state.edu/4-Hyouthdevelopment/forms):

[4-H Council Scholarship](#)

[Junior Leaders Scholarship](#)

[4-H Development Fund Scholarship](#)

[Robert Austin Memorial Horse Scholarship](#)

[Cowley County 4-H Development Fund Leadership Development Grant](#)

[Rock Springs 4-H Camp Scholarship](#)

## **Cowley County Extension Office**

Contact us:

[cl@listserv.ksu.edu](mailto:cl@listserv.ksu.edu) (620) 221-5450 or (620) 441-4565

Sarah LaGrone, 4-H Youth Development, [slag11@ksu.edu](mailto:slag11@ksu.edu)

Becky Reid, Family & Consumer Sciences, [bkreid@ksu.edu](mailto:bkreid@ksu.edu)

Jeff Seiler, Ag & Natural Resources, [jseiler4@ksu.edu](mailto:jseiler4@ksu.edu)

Cindy Stephens, Office Professional, [cstephens@ksu.edu](mailto:cstephens@ksu.edu)

**K-STATE**  
Research and Extension



Office Hours  
Monday through Friday  
8-11:30 a.m.  
and  
12:30 - 5 p.m.

## **Cowley County Extension Council Executive Board**

The Cowley County Extension Council Executive Board meets monthly and conducts the business of the Extension Office. The Extension Council monthly meeting will be held on Thursday, September 4, 2025 at 5:30 p.m. In the Assembly Room at the Cowley County Courthouse.

## **Friends of Extension - Next Meeting Sept. 4; 6:45pm**

As someone who contributes time, talent and/or treasure to the benefit of Cowley County Extension, you are invited to be part of the Friends of Cowley County Extension organization. The group will alternate between morning and evening meetings to plan fundraising and advocacy events to support K-State Research and Extension Cowley County. The next meeting will be following the Extension Board Meeting at approximately 6:45 pm.

## **4-H Development Fund**

Did you know? Tax deductible contributions can be made to the 4-H Development Fund (c/o PO Box 538, Winfield KS 67156) or to the Friends of Cowley County Extension Endowment (c/o Legacy Regional Community Foundation, 1216 Main Street, Winfield KS 67156)

## **Legal Stuff**

K-State Research and Extension is committed to providing equal opportunity for participation in all programs, services and activities. Program information may be available in languages other than English. Reasonable accommodations for persons with disabilities, including alternative means of communication (e.g., Braille, large print, audio tape, and American Sign Language) may be requested by contacting the event contact Sarah LaGrone two weeks prior to the start of the event at 620-221-5450. Requests received after this date will be honored when it is feasible to do so. Language access services, such as interpretation or translation of vital information, will be provided free of charge to limited English proficient individuals upon request. Kansas State University Agricultural Experiment Station and Cooperative Extension Service K-State Research and Extension is an equal opportunity provider and employer.