2020 has been a challenging year. Let's just get that out of the way right now. We've said it again and again and again.

Through the spring and into the summer, we were restricted from meeting in person. Many clubs took advantage of zoom and meeting virtually. As a mom, I'll admit, meeting virtually made it easier for our family. We didn't have to factor in travel time to and from meetings, and those virtual meetings were shorter than our regular club meetings.

However, I believe all of our 4-H’ers missed out a little. The value of 4-H meetings, lies not in making decisions and conducting the business of the club, but in actually gathering together. Now, we're slowly opening back up. We're slowly beginning to gather again. It's important that we take the correct precautions for in-person meetings.

Currently, guidelines from K-State Research and Extension encourage us that when we meet in person, we observe social distancing and wear masks. We are also encouraged to wash hands often (something we should be doing anyway). Pre-packaged food is also a best management practice when we partake in snacks at the meeting. So....are you attending your club meetings- virtually or in person? The club meeting is the "sweet spot" of 4-H. Without your club, 4-H is not possible. In order to keep our clubs growing and strong, we need you. We need you to not only attend meetings, but be active and engaged.

Participate on a committee as a family. Participate in your meetings as an officer. This increases the experience you gain from being involved in 4-H and the leadership skills you as a 4-H’er will gain. So, I encourage you to put more into your 4-H experience to get more out of it.

—Kelsey Nordyke
Upcoming Meetings

4-H Council and Junior Leaders will meet Monday, November 16th in the Extension Office Meeting Room. 4-H Council will meet at 7pm followed by Junior Leaders at 7:45pm.

If you were selected to represent your club at 4-H Council and find you cannot attend, please let your leaders know and find another member to serve in your place.

The Cowley County Extension Council Executive Board meets monthly and conducts the business of the Extension Council. The November meeting will be Thursday, November 5th at 5:30 p.m. in the Extension Office Meeting Room (Courthouse, 311 E. 9th, Winfield).

4-H Achievement Celebration

Drive on in to celebrate our 2020 4-H Achievements!
Load up the family in the car and head to the Clover Drive-In in Barn 4 at the Winfield Fairgrounds to receive your 4-H Achievement recognition! This year’s event will be hosted by Becky and Kelsey at Barn 4. Pull up, jump out and enjoy the photo booth to receive your award and jump back in to grab a treat at our local Sonic drive-in. The Clover Drive-In will be open from 4:30-6:00 p.m.

**This is an option to check off on your Achievement Pin applications, KAP forms and Permanent Record.

Food Drive

Cowley County 4-H clubs are invited to assist with a service project coordinated by Courtney Hunter, a student at Wichita State University. She is collecting items to go into food baskets to deliver to families in need. The following items are requested:
- gift cards to Walmart/Dillon’s
- stuffing
- canned vegetables
- canned fruit
- instant potatoes
- gravy mix
- premade dessert items
- boxed mac & cheese

Items are requested by November 13 to the Cowley County Extension Office. The club that collects the most items will receive ice cream sandwiches for their members.
KENT MILLER CHICKEN!

If you’ve never had Kent’s chicken, you are missing out! The Kiwanis Club is having a drive thru carry out grilled chicken dinner at Barn 6 on November 14. SAME DAY as 4-H Achievement Night! And Extension Election! Three great events- same time, same place.

Extension Council Elections

The Cowley County Extension Council is comprised of four Program Development Committees (PDC’s) that work with County Extension Agents to develop and direct the work of our organization to meet the needs of Cowley County citizens. The PDC’s are Agriculture/Natural Resources, Family and Consumer Sciences, 4-H Youth Development and Community Development. Extension Council elections are held annually to elect PDC members to a two-year term. The Extension Council Executive Board is a nine-member board elected from the PDC’s to serve a one-year term to assist with overseeing the work of Extension in Cowley County. Extension Council Elections will be held November 14th 4:30 p.m. to 6:00 p.m.at Barn 4 at the Winfield Fairgrounds. Cowley County citizens of voting age (18) are welcome and encouraged to vote. Candidate biographies will be posted at www.cowley.k-state.edu.

Entrepreneur Club

Do you want to make money by turning your projects and hobbies into a business? Join the Entrepreneur Club and learn the skills you will need. Kids sixth grade and up will have the opportunity to sell their creations at local Farmers’ Markets. Register at https://bit.ly/3k8H0wZ for an informational zoom meeting on November 30th at 7 p.m.

Cowley County 4-H Junior Leaders

The purpose of the 4-H Junior Leaders club is to help members: 1) build self-confidence 2) relate to others 3) develop concern for the community and others in it 4) use knowledge, skills and values in making decisions and 4) develop an inquiring mind. These aims are to be implemented by encouraging members’ participation in planning and involvement in meetings, individual or group projects, tours or field trips, camps and other community or county activities.

Our next meeting will be Monday, November 16 at 7:45 p.m. at the Cowley County Courthouse Extension Assembly Room and via zoom. Any youth 12 and older are invited to participate.

Livestock Judging

4-H’ers interested in learning more about how to select their livestock projects should plan to participate in livestock judging. Practices will be held the second and fourth Thursday of the month in the Extension Office Meeting room at 5:30 p.m. Judgers will learn the skills needed to select livestock as well as verbal skills to defend their decision. We’ll take trips to judging contests throughout the year to compete as a team. Need more info? Contact Kelsey (klnordyke@ksu.edu).

Bylaws

A club’s constitution and bylaws help to define and outline the administration of a club. It is imperative that new clubs determine their constitution and bylaws before becoming chartered by the National 4-H Council. The articles of the constitution and bylaws determine the official name of the club, state where and when meetings will be held, set up how business will be conducted, determine officers and even allow for planning of dissolution. Officers of existing organizations should review the club’s bylaws annually. Clubs should also provide a copy of their bylaws to the Cowley County Extension Office. Officer teams that have not reviewed current bylaws are encouraged to do so under the guidance of adult leadership. A sample constitution and bylaws may be found at www.kansas4-h.org/p.aspx?tabid=498

Grant Funding Information

Is your club thinking about applying for grant funds for an upcoming event or activity? Beginning in 2013, the Cowley County Extension Council Executive Board established the expectation that all grant submissions made in the name of 4-H (any applicant, any funding source) needs to be reviewed prior to submission. This step will allow the Cowley County Extension Council Finance Committee to review all submissions to provide insight and suggestions. This also insures that the 4-H clover is used appropriately and non-discrimination/equal opportunity components exist. There are also situations where funds might have to be processed through Kansas State University. If your club or project leaders are considering grant applications or extra funding sources, please submit in writing a copy of the grant application to Kelsey at least 5 business days prior to the grant deadline. We encourage creativity in fundraising and applaud the efforts of groups seeking external funding sources.
County Committees

Serving on a county-wide committee is a great way to get involved and provide some input into our activities. Sign up is ongoing throughout the year and will begin at the September 4-H Council Meeting. A complete listing and description of each committee is listed below. If you see a committee you’d like to be involved with, please contact Kelsey.

Achievement Celebration Committee

Committee Duties:
Select committee co-chairs and an adult advisor.
Select a date for the celebration. The traditional date is the first Saturday in November. A date should be selected at the May or July 4-H Council meeting.
Select where the celebration will be held.
Select a theme for the celebration, plan/collect decorations and purchase paper goods and drinks.
Design the cover for the Achievement Celebration program.
Plan and prepare decorations for the location and set them up prior to the program.
Clean up decorations and facility after the program.
Return all items to appropriate places.

Extension Office Duties:
Organize all awards and the script.
Provide signs and set-up supplies as needed by the committee.
Publicize event in the 4-H newsletter.
Answer any questions of the committee.
Contact award presenters.
Correspond with the school and book the location.

Club Day Committee

Committee Duties:
Select committee co-chairs and two adult advisors.
Select a date for Club Day. A date should be selected at the May or July 4-H Council meeting.
Select where Club Day will be held.
Recommend judges at the November meeting. One judge should be secured per room.
Publicize the event in local news media.
Be available to assist with room set up on Friday afternoon, the day prior, to the event.
Be available the day of the event to work at the front “Information Table” and to check on judges periodically during the day.
Bring judges items they need, and collect score sheets for the tabulation room.
Check in with each room to be certain that room monitors are present, and find substitutes in the event of an absence.
Sort completed score sheets by club.

Be available to assist with room clean up on Saturday late morning. Rearrange classrooms, and return all items to the appropriate location.
Return all Extension supplies (easels, ribbons, score sheets, pencils, tape, signs, etc.) to the Extension vehicle.

Extension Office Duties:
Collect entries and produce a schedule for the event.
Send judging correspondence to judges.
Orientate judges prior to the judging start time.
Provide paper, pencils, judge packets, door signs and other supplies as needed by the committee.
Publicize the event in the 4-H newsletter, and assign clubs rooms and time slots for room monitoring.
Answer any questions of the committee.
Correspond with the school and book the location.

Fashion Revue Committee

Committee Duties:
Select committee co-chairs and two adult advisors.
Select a theme for the public fashion revue by the May 4-H Council meeting.
Plan and prepare decorations for the public fashion revue.
Set up and decorate prior to the evening public fashion revue.
Clean up stage decorations and fashion revue location.
Return all items to appropriate places.
Committee members may also be asked to help with judging tear down.
Recruit script readers.

Extension Office Duties:
Provide signs, judging supplies and other office supplies needed by the committee.
Handle all details associated with the judging portion of the day.
Secure judges for the judging portion.
Write the script for the public fashion revue.
Provide resources needed by the judges.
Book the location of the judging and the public fashion revue.
Answer any questions of the committee.

NOT JUST TODAY... BUT EVERY SINGLE DAY, thank you Veterans!
National 4-H Week Committee

Committee Duties:
Select committee co-chairs and two adult advisors.
Determine county-wide events using the National 4-H Week theme.
Promote Cowley County 4-H during National 4-H Week.
Publicize 4-H Week events in appropriate media outlets.

Extension Office Duties:
Print needed signs.
Publish events in the 4-H newsletter.
Answer any questions of the committee.
Correspond with Community Leaders.

Finance/Policy Committee

Committee Duties:
Select committee co-chairs and two adult advisors.
Determine the annual 4-H Council budget under the guidance of the 4-H Agent.
Present the budget to the 4-H Council at the November meeting for approval.

Extension Office Duties:
Keep record of funds spent for budget line items.
In cooperation with the Treasurer, pay 4-H Council bills.
Answer any questions of the committee.

Fair and Shows Committee

Committee Duties:
Select committee co-chairs and two adult advisors.
Determine needed foodstand improvements and present to 4-H Council for approval.
Coordinate needed improvements of the foodstand.
Purchase supplies to make foodstand improvements.
Plan the program for 4-H Sunday at the fair.
Promote 4-H Sunday at the fair.
Secure speakers for 4-H Sunday at the fair.

Extension Office Duties:
Publicize foodstand work days.
Check out foodstand key to committee chair(s).
Print 4-H Sunday programs.
Publish events in the 4-H newsletter.
Answer any questions of the committee.

Consumer Judging Contest Committee

Committee Duties:
Select committee chair(s)
Develop judging classes
Plan and coordinate county-wide Consumer Judging Events

Extension Office Duties:
Print information
Provide information to members.
Publish information in the newsletter
Answer any questions of the committee.
Provide consumable/print materials.

Awards Committee
(Adults Only)

Committee Duties:
Select committee co-chairs.
Provide training to families on completing KAP’s and 4-H records.
Provide training to screeners to judge record books.
Coordinate dates and times to screen record books.
Recruit volunteers to screen record books.
Provide a list of record book screening results to 4-H Agent.
Determine judging criteria for scholarships and award applications.
Meet with 4-H Agent/4-H PDC to approve record screening process as needed.

Extension Office Duties:
Print information.
Provide information to members.
Publish information in the 4-H newsletter.
Update information on the Cowley County Extension Website.
Answer any questions of the committee.
Correspond with Community Leaders.

Community Service Committee

Committee Duties:
Select committee co-chairs (youth) and two adult advisors.
Determine county-wide service projects.
Promote service projects to clubs and community.

Extension Office Duties:
Provide oversight.
Print needed signs.
Publish events in the 4-H newsletter.
Answer any questions of the committee.
Correspond with Community Leaders.
4-H Council 101

Facts about 4-H Council:
• Meetings last about 30 minutes.
• All meetings begin at 7:00 p.m.
• Meetings are held at the Extension Office Meeting Room located in the Cowley County Courthouse.
• 4-H Council has a President, Vice President, Secretary/Reporter and Treasurer. Officers are elected at the September meeting.
• There are 6 meetings held in a year.
• Meetings are held on the third Monday of every other month, except January, due to holiday conflicts and July.

Meetings for the 2020-21 year are:
November 16th, January 18th, March 15th, May 17th, July 19th and September 20th.

What to Expect:
• Council meetings are called to order by the President. The President selects attendees to lead the group in the flag salute and 4-H pledge.
• Officer reports are then given, followed by an agent report.
• Committee reports are given.
• New business is discussed and votes are taken.
• Announcements are offered, followed by adjournment.

4-H Council is an organization that represents the views of each club. As a representative, you represent your club’s viewpoints during 4-H Council. The representatives are responsible for taking information back to the 4-H Club. If a representative must be absent, it is recommended that a replacement be found for that meeting.

Help Wanted

Cowley County 4-H seeks County-Wide Project Leaders for the upcoming year to provide positive learning experiences for 4-H youth. The volunteer(s) in these positions would be responsible for the following:
- hold at least 6 educational project meetings/activities for project members throughout the year.
- serve as a resource to project members
- work under the direction of the Cowley County 4-H Agent with direction from the 4-H Youth Development Program Development Committee.
- communicate with families enrolled in the project(s)

Volunteers need not be current 4-H parents/family members.

To apply, contact the 4-H office at klnordyke@ksu.edu or 620-221-5450. All volunteers will be asked to enroll as a volunteer at ks.4honline.com and must complete the volunteer service application, criminal background check, orientation and review by 4-H PDC and Extension Council Executive Board.

We encourage our kids to keep learning and to try new things. The same should be true for us, as adults. The best way to teach our kids valuable skills and characteristics is to model those same skills for them. Show your kids that you aren’t afraid to learn or try new things. Get involved!

Cowley County 4-H needs project leaders to organize learning opportunities throughout the year in many of the project areas. That could be you! Contact Kelsey today to find out more!

County-wide Project Leaders

The following volunteers are serving as county-wide project leaders:
• Austin Waite- Shooting Sports Coordinator, Rifle, Shotgun
• Joe Rasico, Shooting Sports, Archery
• Justin Deal, Shooting Sports, Archery
• DJ Holland, Shooting Sports, BB
• Greg Dixon, Shooting Sports, Hunting Skills
• Debbi Waite, Shooting Sports, Hunting Skills
• Joe Shook, Shooting Sports, Muzzleloader, Rifle
• Jade Alquest, Shooting Sports, Pistol
• Jason Kindt, Shooting Sports, Rifle
• Jared Crittenden, Shooting Sports, Shotgun
• Pete Nulik, Shooting Sports, Shotgun
• Angie Krepps- Horse and Leathercraft
• Brayden Krepps- Horse and Leathercraft
• Dale Weishaar- Entomology
• Becky Henderson- Dairy Cattle
• Andy Murphy- Dairy Cattle
• Scott Murphy- Dairy Cattle
• Mary Foster- Food Preservation
• Vernan Stout- Horticulture/ Floriculture, Food Preservation
• Rachel Hanna- Dog
• Kerri McEntire- Dog
**WANTED: CloverBud Leader**

Do you enjoy helping young kids explore 4-H? Do you have a passion for introducing 5 and 6 year olds to the fun they will have as 4-H members in a hands-on, activity based setting? YOU could be our next CloverBud Leader! We are looking for a teen or adult who is interested in working with this great group of kids and could train with Aimee this year. If you or someone you know is interested, please contact Kelsey for more information.

**Dairy Cattle Project**

If you are interested in the Dairy Cattle project, please contact Becky Henderson at 620-438-3598, Andy Murphy at 620-218-1859 or Scott Murphy at 316-217-3384.

**4-H Family Handbook**

The 4-H Family Handbook is available to all 4-H members. Come into the office to pick up your copy today, or visit [www.cowley.ksu.edu](http://www.cowley.ksu.edu).

**Project Materials**

The Extension Office has a variety of project materials and curricula available for checkout and/or purchase. Please contact the Extension Office for more information.

**4-H Club Corner**

4-H leaders and families are encouraged to visit the 4-H Club Corner under the "resources" tab at [www.kansas4-H.org](http://www.kansas4-H.org). A variety of tools and resources are posted to support you in your role.

This page also has an "officer resources" page with videos to help your club leaders. Visit the site today to learn more.

**Membership**

In order to be a regular member of Cowley County 4-H, the member must be 7 before January 1st, 2021.

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**November To Do List for 4-H**

- Re-Enroll for new 4-H year ([ks.4honline.com](http://ks.4honline.com))
- Call the Extension Office to sign up for a County Committee, 620-221-5450

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**Project Goal Examples**

- Learn a new technique
- Give a presentation at a club meeting
- Give a talk/demo at County 4-H Day
- Do something outside of 4-H related to the project
- Review 4-H fair book for exhibit requirements
- Test recipes, and share samples with Extension staff
- Explore new technology or equipment related to project area
- Teach someone about the project
- Identify an adult mentor
- Develop a system to track project expenses
- Explore ways to make a profit
Congratulations to our state level Cowley participants.
Shotgun - Stetson Shook.
In this time, we are especially grateful to these families and coaches for representing Cowley at the state level.

***NOTE - During these next few months while we are setting up the yearly calendar, please check the club facebook page and emails regularly for extra updates for practice specifics as we move through this time of Thanksgiving. cowley4hshootingsports@gmail.com

Thank you, thank you, thank you!
When you buy groceries at Dillon's 4-H Council can benefit!!  It's as easy as swiping your Dillon's Plus Card when you buy groceries.  4-H Council has received $397.22, in 2020, from supporters who are participating in Dillon's Stores' Community Rewards Program!  With that money, we can give back more to our community, support youth programming, help pay for 4-H camp and award scholarships to our amazing 4-H'ers!
To enroll in the Community Rewards Program and contribute to Cowley County 4-H, go to the secure website https://www.dillons.com/account/enrollCommunityRewardsNow  The NPO (non-profit organization) number you will need to enroll is JG419.  You must re-enroll each year.  (This does not take away from your credit/points on your plus card.)
Drive on in to celebrate our 2020 4-H Achievements!
Load up the family in the car and head to the Clover Drive-In in Barn 4 at the Winfield Fairgrounds to receive your 4-H Achievement recognition! This year's event will be hosted by Becky and Kelsey at Barn 4. Pull up, jump out and enjoy the photo booth to receive your award and jump back in to grab a treat at our local Sonic drive-in. The Clover Drive-In will be open from 4:30-6:00 p.m.

**This is an option to check off on your Achievement Pin applications, KAP forms and Permanent Record.**
Chili Cook Off & Tasting Fundraiser

Saturday, Nov. 28
10am - 3pm
4-H foodstand, Winfield fairgrounds

$5.00 a bowl & drink

Sample more than 10 different chilis and vote for your favorite.
4-H Clubs are competing for your vote.
Come out and select which club has the best.

All proceeds benefit Brooke Haunschild's JuniorLeaders project
WHY CLOVIA?
Gain a new home away from home and learn to find your way around K-State and Manhattan with the support of friends that feel like family.

Move into Clovia and build your K-State community full of new friends, with similar backgrounds and interests. You will live in house as a freshman, alongside the upperclassmen and be actively involved with the house and community.

HOW MUCH DOES IT COST?
$1,900/semester

ARE YOU ELIGIBLE?
Have a leadership background
Be accepted as a full-time student at K-State for the full semester
GPA of 3.0 or higher for high school senior, or GPA of 2.5 for college transfers
Submit 3 letters of reference
Complete an application
Submit a personal essay
Complete an in-person or videoconference interview

HOW TO APPLY
Complete an application on www.alphaclovia.org/apply!

VIRTUAL HOSPITALITY DAY
Join us to virtually explore the life of Clovia and how it can enhance your college years at Kansas State University

Sunday November 8, 2020
2:00PM-3:00PM
via ZOOM

RSVP TO ALPHAECLOVIA@GMAIL.COM
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I pledge...

My **head** to clearer thinking

My **heart** to greater loyalty

My **hands** to larger service and

My **health** to better living

for my club, my community,

my country and my world

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K-State Research and Extension
Cowley County
311 E. 9th
P.O. Box 538
Winfield, KS 67156
620-221-5450, fax 620-221-5451

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Are you enrolled? Don’t miss out on the Flash, get enrolled now!